

The NFHS Girls' Gymnastics Rules Committee reviews and revises the rules based on the philosophy that high school gymnastics should promote participation and sportsmanship to develop good citizens through the sport. Therefore, the rules should place an emphasis on routines with a variety of skills and difficulties performed with grace, artistry, proper technique and dynamic and personal style.

2002-2004 GIRLS GYMNASTICS RULES CHANGES

- 4-1-2C** Deduction for lack of variety in combining difficulties from different structure groups was increased to up to 0.2
Deduction for lack of artistry and uniqueness of choreography was increased to up to 0.2
Deduction for lack of two back-back-superiors was reduced to 0.1 or 0.2
Rationale: Consistent with philosophy that high school gymnastics should emphasize proper technique, grace, artistry, proper technique, dynamic and personal style.
- 4-1-2E** Bonus for including one bonus high superior is 0.1 with another 0.1 awarded for including a second, different bonus high superior.
Rationale: Should not receive bonus for including two of the same bonus high superiors.
- 5-1-4e** Judges do not have to agree on neutral deductions
Rationale: Location of the judge during the routine can result in a judge seeing a neutral deduction that other judges do not see. If the scores are in range, this should be acceptable.
- 5-1-6j** The 1.0 deduction for gymnasts competing out of order is taken once per event in which the violation occurs.
Rationale: More appropriate deduction than 1.0 for each gymnast competing out of order on a single event.
- 6-1-1** By state association adoption, a vaulting table may be used in addition to the vaulting horse.
Rationale: Gymnasts should be allowed, but not required, to use the new vaulting table.
- 6-2-4d** Deleted the penalty for performing a vault other than the one designated.
Rationale: More appropriate for high school gymnastics.
- 6-2-6** A new group of vaults was adopted with 9.9 value: Tsukahara (tuck)1/2 and 1/1 – 1 ½
Rationale: Tuck Tsukahara with a ½ should be worth more than a pike Tsukahara, and a 1/1 – 1 ½ should be worth more than a 1/1, but not as much as a 1/1 – 2/1.

- All Four Events** If a gymnast takes steps on a landing, then falls, the maximum deduction shall be 0.5.
Rationale: Consistent with deduction for a fall and simultaneous spot.
- 7-1-2** The host school shall mark the maximum dual-lock setting in red.
Rationale: Consistent with vaulting. It makes it easier for the judges to know if the bars are set beyond the point where they can be dual-locked
- 7-4** Made the following revisions to difficulty on bars: Quarter sole circle or underswing on LB, counterflight to catch HB (HS); from handstand on HB, back sole circle or clear underswing on HB, ½ twist to suspension under the LB (BHS); Deltchev with 1/1 twist dismount (BHS)
Rationale: Difficulties that should be included in the rules.
- 8-3-2c,e** Requires the dance series of difficulties and the dance-tumbling or tumbling-dance series of difficulties to be performed on the beam.
Rationale: Considered an appropriate challenge for high school gymnasts.
- 8-4-4** Wolf jump, extended leg below horizontal, with or without twist = M
Rationale: More appropriate difficulty value for balance beam.
- 8-4-7** Roundoff with flight prior to landing and directly connected to a tumbling difficulty OR back handspring directly connected to a difficulty (HS)
Rationale: More appropriate difficulty value for these two series.
- 9-3-1d** A gymnast will no longer receive difficulty credit for a third roundoff.
Rationale: Improve creativity on floor
- 9-4-1** Straight-body jump, 1/1 twist to prone position (S); Schuschunova, with or without ½ (S)
Rationale: Provides difficulty value for jumps that are being performed in high school routines.