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TO Lacrosse Coaches
FROM JEFF YOUNG, CHAIRMAN
DATE November 5, 2008
RE **2008 CCS CIF BOYS' AND GIRLS' LACROSSE PRESEASON MEETING MINUTES**

1. **INTRODUCTIONS**

Meeting started with all the coaches/representatives/attendees introducing themselves.

Girls – Kelly Burnett - Stevenson, Jen Lee - Menlo School, Jen Gray - Palo Alto, Mona Mesbahi - Pioneer, Josephine Lai - Leland, Bubba Sandford – Menlo-Atherton, Tara Pratt – Burlingame, Dawn Clark – Harker, Meave Fallon Ward – Mercy Burlingame, Bart Waddell – Santa Catalina, Peter Jordan – Saratoga, Ken Perroth – Los Gatos

Boys - Brad Lipscomb – Bellarmine, Steven Harmon – Menlo-Atherton, Jeff Young – Stevenson, Shaydon Santos, Wes Koenig – Scotts Valley, Heath Clark – Los Gatos, Iliad Rodriguez - Leland, Nathan Zanon – Saratoga, Joe Juter - Mountain View, Bruce Dini - Carmel

Officials – Hank Malloy – NCLUA Boys Officials, US Lacrosse Pacific President

Leagues – Girls- WBAL Foothill Division- Menlo JV/V, Sacred Heart JV/V, Castilleja JV/V, Menlo-Atherton JV/V, Leland JV/V, Gunn JV/V, Pioneer V, JV?

Girls-WBAL Skyline Division- Harker V, Notre Dame V, Mercy JV/V, Burlingame JV/V, Palo Alto JV/V, Woodside V, Los Gatos JV/V

Boys – PAL- Burlingame, Leland, Menlo-Atherton, Saratoga, Woodside, Mitty, Bellarmine, Sacred Heart Prep, Serra, Menlo, Woodside Priory, Los Gatos

Boys MTAL – Carmel, PCS, Pacific Grove, Stevenson, Watsonville, York

Boys SCCAL – Aptos, Harbor, San Lorenzo Valley, Santa Cruz, Scotts Valley, Soquel

Independents – St. Ignatius B & G, Stevenson School G, Santa Catalina G

2. **LEAGUE MEETING DATES**

PAL Coaches preseason meeting is Jan 20 @ 7pm, San Mateo County Office of Education

SCCAL Coaches meeting met in October

MTAL Coaches meeting met in October

WBAL Coaches meeting is Monday, 2/23/2009 7:00 PM @ Menlo School

PAL Coaches post season meeting is May 14 @ 7pm, San Mateo County Office of Education

MTAL Coaches post season meeting is Tuesday, May 19 7:00PM

SCCAL Coaches post season meeting is Tuesday, May 19 7:00PM

WBAL Coaches post season meeting is May, 18 7:00PM @ Menlo

3. **SECTION POSTSEASON MEETING** - May 20, 2009 @ 6pm, CCS Section office

4. **RULES INTERPRETATIONS**

The 2009 US Lacrosse Women's Rules Book and NFHS Boys' Lacrosse Rules Books are the official rule books for CIF & NFHS and will govern all interscholastic boys' and girls' lacrosse competition in the Central Coast Section, unless otherwise provided in the CCS bylaws <http://www.cifccs.org/cbp/articles/Article%20V-07.pdf>

5. **OFFICIALS ASSOCIATION – ASSIGNMENTS**

NCWLUA will continue to use <https://www.thearbiter.net/Shared/SignIn/SignIn.aspx> all coaches and Athletic directors should sign in/up to verify contact information. Michael Faryabi the CIF HS Assignor **communicated fees for girls games are increasing proposed \$65 per official with 2 per game AND 10%, or \$13 assignor fee that the board will ratify within 2 weeks. No girls games** should be schedule on **April 4,5** as that is Western States and ALL officials will be officiating at Stanford.

NCLUA - John Boone of the NCLUA will remain the assignor for boys CIF games but he has a new email address the are working to have 3 officials at games to deliver a better product. Discussion was made that schools had not budgeted for 3 officials . They will continue to use <https://www.thearbiter.net/Shared/SignIn/SignIn.aspx> **Fees for boys games are spelled out in contacts with the leagues he believes they remain the same \$65 per official with 2 per game AND \$150 per team yearly assignor fee (so if you have JV & V it is \$300) and a mileage fee for all games.**

Reminder for girl's rules- yellow card – 3 minute play down; flagrant red card- player/coach suspended from current game and the following game with official completing form and faxing to Assignor and CCS.

6. **ORGANIZED TEAM PRACTICE**

The starting date for official before- and after-school boys' lacrosse practice for PAL is the 4th Monday in January which is January 26, WBAL is January 20. The SCCAL and MTAL starting date is February 1.

7. **MAXIMUM CONTESTS**

CCS CIF boys' and girls' lacrosse teams will be permitted to compete in a season maximum of 20 (each contest counts one; each tournament where other than regulation time is used counts one per day regardless of the number of games, Regular time counts game for game) plus one interscholastic scrimmage and one Jamboree. Teams are limited to a maximum of three tournaments. **Any time 2 teams meet it is a Game, Scrimmage, Jamboree, or Tournament.** You can NOT attend another sections Multi-School scrimmage or Jamboree. You can however have say 4 teams at one school and stack games so officials only have to go to one place as long as one team only plays in this instance 2 games max and not all teams. That would then be a tournament. Multi-school scrimmages are not authorized in our section.

8. **COMPETITION DATES**

Saturday, **February 28, 2009** – Boys MTAL/SCCAL Jamboree @ Watsonville \$xx pre-registration required.

Saturday, **February 28, 2009** – Girls WBAL Jamboree @ TBA \$xx pre-registration required.

Saturday, **April 4,5, 2009** – NO GIRLS GAMES SCHEDULED Western States @ Stanford

Saturday, **May 9, 2009** - Last pre-playoff competition day. **JV Teams & Teams not in league playoffs are done .**

Saturday, **May 9, 2009** - Last possible interscholastic contest, WBAL finals.

9. **VICTORY WITH HONOR**

All CCS Teams should read <http://www.cifccs.org/sportsmanship/pursuingintro.htm> and follow the guidelines. Jen Lee reminded everyone that US Lacrosse proudly celebrates seven years of collaboration with Positive Coaching Alliance (PCA), headquartered at Stanford. Learn more at <http://www.positivecoach.org/subcontent.aspx?SecID=150>. Also look for a PCA component to be a part of this year's California Lacrosse Convention, in January.

10. **COACHING TRAINING - CERTIFICATION**

All Coaches, paid or unpaid, must be certified in Coaches Education by December 31, 2008. Coaches can now become certified online for \$52 or in a classroom setting by one of California's Instructors ASEP is national database. It is recommended that you speak with your athletic director about certification locally or check out the state web site <http://cifstate.org/> Certification is only required once in a life time. Coaches are allowed to coach one season without certification but must be certified for the next season.

California Lacrosse Coaches Convention will be held on January xx @ xxxxx and all are encouraged to attend. More information can be found on our local chapter of US Lacrosse Pacific web site www.uslacrossepacific.org

Jen Lee mentioned that Maria Flaherty is the US Lacrosse New Coaches representative.

11. **REMINDER - COACHING COMPENSATION (CIF STATE BYLAW 507)**

If a coach is to be paid the coach shall not be reimbursed for coaching services from any source other than the school funds without the approval of the school's governing board, nor be subject to any bonus arrangement dependent upon the success of the school's team.

12. **SCHOLASTIC CHAMPIONSHIP TEAM**

This award is presented to one team in each varsity sport in our section and one team per sport in the state. 2007 represented the first year CCS presented lacrosse team GPA awards. Sacred Heart Prep boys team won with a 3.38 gpa while Harker girls team won with a 3.75 gpa. State awards went to Santa Fe Christian boys with a 3.47 and Harker girls with 3.75 gpa.

QUALIFICATION: The varsity team in each CCS championship sport which has the highest collective GPA for the grading period which end during the season of sport shall be declared the Scholastic Championship Team in that sport that season.

PROCEDURE: Application must be completed and submitted by the Principal to the CCS Office by the appropriate deadline: Spring Sports **2nd Wednesday in May. CCS then forwards to the state.**

PRESENTATION: Trophies, plus certificates for each team member, will be presented as follows: CCS Spring Section Playoff Championship. Download and submit form from here <http://www.cifccs.org/awards/scholasticteamawards.htm#APPLICATION%20FOR%20SCHOLASTIC%20CHAMPIONSHIP%20TEAM%20CONSIDERATION>.

13. **“SENIOR ALL STAR GAME” POLICY**

All star games will follow CIF Article 9 instructions at <http://www.cifstate.org/Constitution/BylawPDF/900%20Series.PDF> i.e. held after all CIF Section games are completed, only 12th grade students may participate. This is hosted by our US Lacrosse Pacific chapter. There are no plans to have a girl's all star game but boys may be planning an all star game after the season for seniors only.

14. **“ALUMNI GAME” POLICY**

Article V (Sports Bylaws), Section 6 (Non-CIF Team Competition) has been changed effective this year Coaches are allowed one (1) Alumni/Faculty competition per year. Per ADAC meeting held on 12/7/04 minutes at <http://www.cifccs.org/meetings/ADAC/Minutes/12-07-04.pdf>

15. **SANCTIONED TOURNAMENT/INVITATIONAL EVENTS**

A CIF CCS sanction is necessary for all tournaments at all levels (Varsity, JV). Tournament/Invitational Directors must apply before **December 1** with CCS to host a tournament. Paperwork/Application forms can be found on the CCS and CIF websites.

To attend a tournament out of section you must submit a copy of the bracket to Steve Filos @ CCS who will tell you how many games that tournament counts toward your maximum number of games. Tournaments applied for so far

- M-A JV Boys, Saturday, March 7
- Carmel Varsity Boys Tournament March 27,28, 2009
- “Western States” Girls Tournament – CIF host school M-A at Stanford University
- St. Ignatius Invitational Varsity Boys – 4 teams
- M-A JV Girls, Saturday, April 25

Approved Tournaments list @ <http://www.cifccs.org/toursanc/>

16. **JAMBOREE's**

The purpose of a Jamboree is to train and certify officials and has the following guidelines:

- It must be sponsored by the league for member or CCS schools only, in 2009 Girls Harker is hosting. For boys...
- It must be held in one continuous time period during one day in 2009 Boys on Feb xx, Girls on Feb 26.
- Participation will not count against the maximum games limit provided the total time of participation or equivalent measurement (i.e. innings in softball or baseball) for each school does not exceed that of one regular game in the respective sport.
- For that day a game equals **ONE** 20 minute running time period.
- No scores will be kept.
- Uniforms are options (Reversible pennies are preferred)
- The coaches must control each game. Officials or Coach may stop play and make individual instruction to athletes. Time periods as specified by the appropriate rulebook, shall not be used.
- CCS Schools **may not** attend a JAMBOREE in another CIF Section. More information on Page 8, 118H <http://www.cifncs.org/governance/sptbk.pdf>

PLAYDAY – No CIF Lacrosse teams may participate. Read CIF Bylaw 501 DEFINITION OF A PLAYDAY: An organized recreational activity involving teams from two or more high schools wherein the participants are not currently participating or have not been participating as a member of their school interscholastic team in that sport during the previous 12 calendar months preceding the date of the playday. <http://www.cifstate.org/Governance/bylaws.htm#general>

Playing for a school if yours does not field a team_– If our school say Carlmont HS does not field a team can our students after school go over to Woodside HS and play for them? **NO** read <http://www.cifccs.org/lacrosse/cif%20approved%20sport1.htm> My student goes to a 7, 8, 9 middle school which does not have lacrosse, can my student go to the local HS and play for them YES a 9th grade student may (at this time we have no schools that meet this) read http://www.cifstate.org/governance/constitution_bylaws/pdf/200%20Series.pdf . Can my student change schools to play lacrosse Read <http://www.cifccs.org/eligibility/Transfer%20Intro.htm> For more bylaw information visit http://www.cifstate.org/governance/constitution_bylaws/index.html

17. **PLAYOFF FORMAT**

The section has no playoffs at this time, as there are only three boys leagues and one girls league. At least four leagues with six team are needed before it will be considered.

18. **PLAYOFF DATES**

Currently all CIF Lacrosse League finals are on the 2nd Saturday in May. The final CCS date to play contests is **May 16**. Currently all section finals are on the 3rd Saturday in May except San Diego who hold theirs on the 4th Friday.

Dates for the 2009 Boys' and Girls' Lacrosse playoffs are:

Semi-Final Boys	Monday, May 11	at highest seeded schools (4@1, 3@2)
Finals	Wednesday, May 13	4:30pm @ Winners @ Low seed for PAL
Semi-Finals Girls	May 12, 14	at highest seeded schools (4@1, 3@2)
Finals	May 16	xx0 a.m. @ xxx for WBAL

19. **GUIDELINES FOR WORKING RELATIONS WITH THE MEDIA**

Attached to the coach's copy of this bulletin is a summary of how to submit information to the local newspapers and the contact information.

20. **BOYS' AND GIRLS' COACH PHONE/EMAIL LIST**

Boys' Lacrosse – Attached is an updated boys' lacrosse contact list provided by Maria Flaherty. If there are any corrections, please email m.maria.Flaherty@sbcglobal.net .

Girls' Lacrosse - Attached is an updated Girls' Lacrosse Coach Phone List by Maria Flaherty If there are any corrections, please email m.maria.Flaherty@sbcglobal.net .

The meeting then split into girls and boys coaches meeting separately to schedule games.

Attachments: Boys' Coaches Contact,
Girls' Coaches Contact,
Guidelines for working with media

Distribution: CCS Boys' and Girls' Lacrosse Coaches
Nancy Blaser, CCS Commissioner
Steve Filo, CCS Asst Commissioner
John , Girls Lacrosse Officials
John Boone, Boys Lacrosse Officials
Hank Malloy, US Lacrosse
Marie Ishida, State CIF Office
Dennis Ackerman, SDS Commissioner
Pete Saco, SJS Commissioner
Tom Ehrhorn, NCS Commissioner
Jim Staunton, SS Commissioner

Compiled by Kelly Burnett