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TO Lacrosse Coaches
FROM JEFF YOUNG, CHAIRMAN
DATE November 2, 2007
RE **2007 CCS CIF BOYS' AND GIRLS' LACROSSE PRESEASON MEETING MINUTES**

1. **INTRODUCTIONS**

Meeting started with all the coaches/representatives/attendees introducing themselves.

Girls – Kelly Burnett - Stevenson, Jen Lee - Menlo School, Mona Mesbahi, Phil Scott - Pioneer, Josephine Lai - Leland, Maria Flaherty - Menlo-Atherton, Denise Krogen – Notre Dame San Jose, Tara Pratt – Burlingame, Brandon Badgley - Sacred Heart Prep.

Boys - Brad Lipscomb – Bellarmine, Steven Harman – Menlo-Atherton, Jeff Young – Stevenson, Dino Spalding – Scotts Valley, Wes Koenig – San Lorenzo Valley, Bob Rivers – Harbor, Christopher Giron – Pacific Grove,

Officials – Hank Malloy – NCLUA Boys Officials, San Francisco Dragons President, US Lacrosse Pacific President

League –

2. **LEAGUE MEETING DATES**

PAL Coaches preseason meeting is Jan 31 @ 7pm, San Mateo County Office of Education

SCCAL Coaches meeting is ???.

PAL Coaches post season meeting is May 15 @ 7pm, San Mateo County Office of Education

SCCAL Coaches meeting is ???.

3. **SECTION POSTSEASON MEETING** - May 14, 2008 @ 4pm, CCS Section office

4. **OFFICIALS ASSOCIATION – RULES INTERPRETATIONS – ASSIGNMENTS**

The 2008 US Lacrosse Women's Rules Book and NFHS Boys' Lacrosse Rules Books are the official rule books for CIF & NFHS and will govern all interscholastic boys' and girls' lacrosse competition in the Central Coast Section, unless otherwise provided in the CCS bylaws <http://www.cifccs.org/cbp/articles/Article%20V-07.pdf> NCWLUA announced they will continue to use

<https://www.thearbiter.net/Shared/SignIn/SignIn.aspx> all coaches and Athletic directors should sign in/up to verify contact information. Fees for girls games remain at \$60 per official with 2 per game AND 10%, or \$12 assignor fee. Girls New rule **The playing area shall be rectangular and marked with a solid lined boundary.**

No girls games should be schedule for April 4,5 as that is Western States and ALL officials will be officiating

at Stanford. Hank Malloy spoke for the NCLUA John Boone will remain the assignor for boys CIF games but he has a new email address they are working to have 3 officials at games to deliver a better product. Discussion was made that schools had not budgeted for 3 officials. They will continue to use <https://www.thearbiter.net/Shared/SignIn/SignIn.aspx> Fees for boys games are spelled out in contacts with the leagues he believes they remain the same \$65 per official with 2 per game AND \$150 per team yearly assignor fee (so if you have JV & V it is \$300) and a mileage fee for all games. On January 26 is the California Lacrosse Coaches Convention and all are encouraged to attend. This year it will be held at California Maritime Academy in Vallejo (<http://www.csum.edu/>). More information can be found on our local chapter of US Lacrosse Pacific web site www.uslacrossepacific.org

5. **ORGANIZED TEAM PRACTICE**

The starting date for official before- and after-school boys' and girls' lacrosse practice is the 4th Monday in January.

6. **MAXIMUM CONTESTS**

CCS CIF boys' and girls' lacrosse teams will be permitted to compete in a season maximum of 20 (each contest counts one; each tournament where other than regulation time is used counts one per day regardless of the number of games, Regular time counts game for game) plus one interscholastic scrimmage and one Jamboree. Teams are limited to a maximum of three tournaments. **Any time 2 teams meet it is a Game, Scrimmage, Jamboree, or Tournament.** You can NOT attend another sections Multi-School scrimmage or Jamboree. You can however have say 4 teams at one school and stack games so officials only have to go to one place as long as one team only plays in this instance 2 games max and not all teams. That would then be a tournament. Multi-school scrimmages are not authorized in our section.

7. **COMPETITION DATES**

Monday, **January 28, 2008** – First possible day of practice/scrimmage
Saturday, **February 9, 2008** – Boys CCS Jamboree @ Menlo-Atherton \$80 pre-registration required.
Saturday, **February 16, 2008** – Girls CCS Jamboree @ Menlo-Atherton \$80 pre-registration required.
Saturday, **April 4,5, 2008** – NO GIRLS GAMES SCHEDULED Western States @ Stanford
Monday, **May 5, 2008** - Last possible pre-playoff competition.
Saturday, **May 10, 2008** - Last possible interscholastic contest, PAL finals.

8. **VICTORY WITH HONOR**

All CCS Teams should read <http://www.cifccs.org/sportsmanship/pursuingintro.htm> and follow the guidelines. Jen Lee reminded everyone that US Lacrosse proudly celebrates seven years of collaboration with Positive Coaching Alliance (PCA), headquartered at Stanford. Learn more at <http://www.positivecoach.org/subcontent.aspx?SecID=150>. Also look for a PCA component to be a part of this year's California Lacrosse Convention, January 26 in Vallejo.

COACHING CERTIFICATION BY Dec 2008

Nancy Blaser spoke about the new coaching requirement. All Coaches, paid or unpaid, must be certified in Coaches Education by December 31, 2008. Coaches can now become certified online for \$52 or in a classroom setting by one of California's Instructors ASEP is national database. Nancy recommended that you speak with your athletic director about certification locally or check out the state web site <http://cifstate.org/> Certification is only required once in a life time. One time exception for one year may be obtained. Click the links below for more information.

[About CIF Coaching Education Program](#) 

[NEW Coaching Education Instructor Trainings 2007-2008](#) 

[CIF/NFHS Online Coaching Education Course](#) (\$52 PER COACH)

CIF/ASEP Classroom Version Offered: [Marin, CA](#); [Salinas, CA](#); [Madera, CA](#);

9. **REMINDER - COACHING COMPENSATION (CIF STATE BYLAW 507)**

If a coach is to be paid the coach shall not be reimbursed for coaching services from any source other than the school funds without the approval of the school's governing board, nor be subject to any bonus arrangement dependent upon the success of the school's team.

10. **SCHOLASTIC CHAMPIONSHIP TEAM**

This award is presented to one team in each varsity sport in our section and one team per sport in the state. 2007 represented the first year CCS presented lacrosse team GPA awards. Sacred Heart Prep girls team won with a 3.50 gpa while Menlo-Atherton boys team won with a 3.19 gpa. State awards went to Poway boys with a 3.45gpa and La Jolla girls with 3.71 gpa.

QUALIFICATION: The varsity team in each CCS championship sport which has the highest collective GPA for the grading period which end during the season of sport shall be declared the Scholastic Championship Team in that sport that season.

PROCEDURE: Application must be completed and submitted by the Principal to the CCS Office by the appropriate deadline: Spring Sports **2nd Wednesday in May. CCS then forwards to the state.**

PRESENTATION: Trophies, plus certificates for each team member, will be presented as follows: CCS Spring Section Playoff Championship. So section so PAL Championship. Download and submit form from here <http://www.cifccs.org/awards/scholasticteamawards.htm#APPLICATION%20FOR%20SCHOLASTIC%20CHAMPIONSHIP%20TEAM%20CONSIDERATION>.

11. **“SENIOR ALL STAR GAME” POLICY**

All star games will follow CIF Article 9 instructions at <http://www.cifstate.org/Constitution/BylawPDF/900%20Series.PDF> i.e. held after all CIF Section games are completed, only 12th grade students may participate. This is hosted by our US Lacrosse Pacific chapter.

12. **“ALUMNI GAME” POLICY**

Article V (Sports Bylaws), Section 6 (Non-CIF Team Competition) has been changed effective this year Coaches are allowed one (1) Alumni/Faculty competition per year. Per ADAC meeting held on 12/7/04 minutes at <http://www.cifccs.org/meetings/ADAC/Minutes/12-07-04.pdf>

13. **SANCTIONED TOURNAMENT/INVITATIONAL EVENTS**

CIFCCS sanction is necessary for all tournaments at all levels (Varsity, JV). Tournament/Invitational Directors must apply before **December 1** with CCS to host a tournament. Paperwork/Application forms can be found on the CCS and CIF websites.

To attend a tournament out of section you must submit a copy of the bracket to Steve Sterns @ CCS who will tell you how many games that tournament counts toward your maximum number of games. Tournaments applied for so far

- M-A JV Boys, Saturday, March 8
- Carmel Varsity Boys Tournament March 14-15, 2008
- “Western States” Girls Tournament – **CIF hosted school needed** at Stanford University
- St. Ignatius Invitational Varsity Boys – 4 teams
- M-A JV Girls, Saturday, April 26

Approved Tournaments list @ <http://www.cifccs.org/toursanc/spring07-08.htm#LACROSSE>

14. **JAMBOREE's**

The purpose of a Jamboree is to train and certify officials and has the following guidelines:

- It must be sponsored by the league/section for member schools only, in 2008 Menlo-Atherton is hosting.
- It must be held in one continuous time period during one day in 2008 Boys on Feb **xx**, Girls on Feb **xx**.
- Participation will not count against the maximum games limit provided the total time of participation or equivalent measurement (i.e. innings in softball or baseball) for each school does not exceed that of one regular game in the respective sport.

- For that day a game equals one 20 minute running time period.
- No scores will be kept.
- Uniforms are options (Reversible pennies are preferred)
- The coaches must control each game. Officials or Coach may stop play and make individual instruction to players. Time periods as specified by the appropriate rulebook, shall not be used.
- CCS Schools **may not** attend a JAMBOREE in another CIF Section. More information on Page 8, 118H <http://www.cifnccs.org/governance/sptbk.pdf>

PLAYDAY – No CIF Lacrosse teams may participate. Read CIF Bylaw 501 DEFINITION OF A PLAYDAY: An organized recreational activity involving teams from two or more high schools wherein the participants are not currently participating or have not been participating as a member of their school interscholastic team in that sport during the previous 12 calendar months preceding the date of the playday. <http://www.cifstate.org/Governance/bylaws.htm#general>

Playing for a school if yours does not field a team – If our school say Carlmont HS does not field a team can our students after school go over to Woodside HS and play for them? **NO** read <http://www.cifccs.org/lacrosse/cif%20approved%20sport1.htm> My student goes to a 7, 8, 9 middle school which does not have lacrosse, can my student go to the local HS and play for them YES a 9th grade student may (at this time we have no schools that meet this) read http://www.cifstate.org/governance/constitution_bylaws/pdf/200%20Series.pdf . Can my student change schools to play lacrosse Read <http://www.cifccs.org/eligibility/Transfer%20Intro.htm> For more bylaw information visit http://www.cifstate.org/governance/constitution_bylaws/index.html

15. **PLAYOFF FORMAT**

The section has no playoffs at this time, as there are only two leagues. At least three are needed before it will be considered.

16. **PLAYOFF DATES**

Currently all CIF Lacrosse League finals are on the 2nd Saturday in May.
Currently all section finals are on the 3rd Saturday in May except San Diego Boys who hold theirs on the 4th Friday.

Dates for the 2008 Boys’ and Girls’ Lacrosse playoffs are:

Semi-Final Boys	Tuesday, May 5	at highest seeded schools (4@1, 3@2)
Finals	Saturday, May 10	1pm @ Menlo School for PAL
Semi-Finals Girls	Wednesday, May 6	at highest seeded schools (4@1, 3@2)
Finals	Saturday, May 13	11:00 a.m. @ Menlo School for PAL

17. **GUIDELINES FOR WORKING RELATIONS WITH THE MEDIA**

Attached to the coach’s copy of this bulletin is a summary of how to submit information to the local newspapers and the contact information.

18. **BOYS’ AND GIRLS’ COACH PHONE/EMAIL LIST**

Boys’ Lacrosse – Attached is an updated boys’ lacrosse contact list provided by Maria Flaherty. If there are any corrections, please email m.maria.Flaherty@sbcglobal.net .
Girls’ Lacrosse - Attached is an updated Girls’ Lacrosse Coach Phone List by Maria Flaherty If there are any corrections, please email m.maria.Flaherty@sbcglobal.net .

The meeting then split into girls and boys coaches meeting separately to schedule games.

Attachments: Boys’ Coaches Contact, Girls’ Coaches Contact, Guidelines for working with media

Distribution: Boys’ and Girls’ Lacrosse Coaches

Nancy Blaser, CCS Commissioner
Steve Sterns, CCS Asst Commissioner
Linda Thayer, Girls Lacrosse Officials
John Boone, Boys Lacrosse Officials
Hank Malloy, US Lacrosse
Marie Ishida, State CIF Office
Dennis Ackerman, SDS Commissioner
Pete Saco, SJS Commissioner
Tom Ehrhorn, NCS Commissioner
Jim Staunton, SS Commissioner

Compiled by Maria Flaherty