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**TO**            **LACROSSE COACHES**  
**FROM**        **JEFF YOUNG, CHAIRMAN**  
**DATE**        **October 30, 2006**  
**RE**            **2007 CCS CIF BOYS' AND GIRLS' LACROSSE PRESEASON MEETING MINUTES**

**INTRODUCTIONS**

Meeting started with all the coaches/representatives/attendees introducing themselves.

**Girls** – Maria Flaherty, Emi Tomijima - Menlo-Atherton, Kelly Burnett - Stevenson, Jen Lee - Menlo School, Mona Hesbahi, Phil Scott - Pioneer, Iliad Rodriguez - Leland, Denae Moore - Harker, Steve Alms – Burlingame

**Boys** - Brad Lipscomb – Bellarmine, Steven Harman – Menlo-Atherton, Todd Blumbergs, Nate Calhoun – Menlo School, Jeff Young – Stevenson, Nathan Zanon – Leland, Wes Koenig – Aptos, Bruce Dini – Carmel, Marshall Dowd, Bob Rivers – Harbor, Christopher Giron – Pacific Grove, Dino Spalding – Scotts Valley, Keith Leisses – San Lorenzo Valley, Mike Blum – Watsonville High, Gerard Martin – York School

**Officials** – Michael Faryabi – NCWLUA Girls Officials [www.ncwlua.org](http://www.ncwlua.org)

**League** – Terry Stogner – PAL Commissioner, Pat Lovell – SCCAL Commissioner

1. **LEAGUE PRESEASON MEETING DATES**

PAL Coaches meeting is Feb. 1 @ 4:30 pm, San Mateo County Office of Education  
With more info at [www.smcoe.k12.ca.us/pal](http://www.smcoe.k12.ca.us/pal) or [www.eteamz.com/pallax](http://www.eteamz.com/pallax)

SCCAL Coaches have already met.

2. **LEAGUE POST SEASON MEETING** - PAL May 22, 2007 @ 4:30 pm, SMCOE office, SCCAL May

3. **SECTION POST SEASON MEETING** - May 16, 2007 @ 4pm, CCS Section office

4. **OFFICIALS ASSOCIATION – RULES INTERPRETATIONS – ASSIGNMENTS**

The 2007 US Lacrosse Women's Rules Book and NFHS Boys' Lacrosse Rules Books are the official rule books for CIF & NFHS and will govern all interscholastic boys' and girls' lacrosse competition in the Central Coast Section, unless otherwise provided in the CCS bylaws.

Mike Faryabi spoke for the NCWLUA as the new assignor for girls HS games. They are moving to thearbiter.net to schedule games this year all coaches and Ads should receive sign in/up instruction shortly. Fees for girls games are \$55 per official with 2 per game AND 10%, or \$11 assignor fee. Girls New rule **Uniforms must have 6" centered on front and 8" centered on back with each team needing white for home and dark for away.** No girls games should be schedule for March 30 8 as that is Western States and ALL officials will be officiating at Stanford.

John Boone was not present but will remain the assignor for boys games. They will continue to use <https://www.thearbiter.net/Shared/SignIn/SignIn.aspx> Pat Lovell reported it is \$73.00 per official per game. Terry Stogner broke it down this way. Max CCS fee is \$63.00 so the other \$10.00 is added on for travel expenses making it \$73.00. The assigning receives \$15.00 per game.

Bruce Dini asked for clarification on helmet recertification and responsibility. All helmets have imprinted on them instructions for recertification. Below are pictures. The only NOCSAE certified company locally is Dan Coffey [dcoffey@riddellsales.com](mailto:dcoffey@riddellsales.com) +1 (800) 275-5338 x2451 for Cascade & Riddell Helmets

Reconditioning and Recertification is \$17.99 ea, includes 2007 certification stamp on helmet, pick-up, delivery and replacement parts.

You want to have them back before the first day of practice which is the 29th of January.

**Girls goalie helmets require certification yearly as well.**

5. **ORGANIZED TEAM PRACTICE**

The starting date for official before - and after-school boys' and girls' lacrosse practice is the 29<sup>th</sup> of January for PAL and February 1 for SCCAL.

6. **MAXIMUM CONTESTS 20 GAMES PER TEAM AND ATHLETE**

CCS CIF boys' and girls' lacrosse teams will be permitted to compete in a season maximum of 20 (each contest counts one; each tournament where other than regulation time is used counts one per day regardless of the number of games, Regular time counts game for game) plus one interscholastic scrimmage and one Jamboree. Teams are limited to a maximum of three tournaments. **Any time 2 teams meet it is a Game, Scrimmage, Jamboree, or Tournament.** You can NOT attend another sections Multi-School scrimmage or Jamboree. You can however have say 4 teams at one school and stack games so officials only have to go to one place as long as one team only plays in this instance 2 games max and not all teams. That would then be a tournament. Multi-school scrimmages are not authorized in our section.

**School A's JV team plays School B's Varsity:**

for *School A* - counts as a contest toward the maximum number of contests for both *School A's JV and Varsity*, but cannot be counted on *School A's Varsity* overall record (because you can't have a Varsity loss without a corresponding Varsity win by someone [see *School B* situation below]); nor can it be counted toward any seeding or at-large selection points on the Season Summary Sheet for post-season play;

for *School B* - counts as a contest toward the maximum number of contests for *School B's Varsity*, but **cannot** be counted on *School B's Varsity* record, because it is not against Varsity competition, or toward any seeding points on the Season Summary Sheet for post-season play (if *School B* is actually *School A's Varsity*, the same rulings as for *School B* would apply – basically a “double-whammy” for *School A*).

It this sounds a bit harsh, it is meant to be so. To have teams purposely scheduling this type of competition is not a sound practice. Any further questions contact Steve Sterns, Asst. CCS Commissioner.

7. **COMPETITION DATES**

Monday, **January 29, 2007** – First possible day of practice/scrimmage PAL or independent teams  
Thurs, **February 1, 2007** – First possible day of practice/scrimmage SCCAL  
Saturday, **February 10, 2007** – Girls CCS Jamboree @ Menlo-Atherton \$100 pre-registration required.  
Saturday, **February 17, 2007** – Boys CCS Jamboree @ Menlo-Atherton \$100 pre-registration required.  
Saturday, **March 31, 2007** – NO GIRLS GAMES SCHEDULED Western States @ Stanford  
Monday, **May 8, 2007** - Last possible pre-playoff competition for PAL League schools.  
Saturday, **May 12, 2007** - Last day of interscholastic contest ALL TEAMS, PAL & SCCAL League finals.

8. **PLAYOFF DATES**

Currently all CIF Lacrosse League finals are on the 2nd Saturday in May.  
Currently all section finals are on the 3rd Saturday in May except San Diego Boys who hold theirs on the 4th Friday.

Dates for the 2007 Boys' and Girls' Lacrosse playoffs are:

Semi-Final Boys	<b>Tuesday, May 9</b>	at highest seeded schools (4@1, 3@2)
Finals	<b>Saturday, May 12</b>	1pm @ Burlingame for PAL
Semi-Finals Girls	<b>Wednesday, May 10</b>	at highest seeded schools (4@1, 3@2)
Finals	<b>Saturday, May 12</b>	11:00 a.m. @ Burlingame for PAL

Monday, **May 8, 2007** - Last possible pre-playoff competition for PAL League schools.

Saturday, **May 12, 2007** - Last day CCS interscholastic contests, & PAL, SCCAL League finals.

8. **HOW DO WE GET MORE LEAGUES**

As we get 5 or 6 teams a new league can be formed when two or three are from the same basic member league then those schools principal ask the league to add lacrosse as a sport. Currently One girls league PAL and two boys leagues SCCAL and PAL.

10. **HOW DO WE GET SECTION PLAYOFFS**

As we grow and get to 3 or 4 leagues with 5 or six schools then we can petition CCS Board of Managers to add Section Playoffs.

11. **COACHING**

- a. **COMPENSATION (CIF STATE BYLAW 507)** If a coach is to be paid the coach shall not be reimbursed for coaching services from any source other than the school funds without the approval of the school's governing board, nor be subject to any bonus arrangement dependent upon the success of the school's team.
- b. **ACEP Certification required by 2008 for All Coaches & Assistant Coaches**

12. **VICTORY WITH HONOR**

All CCS Teams should read <http://www.cifccs.org/sportsmanship/pursuingintro.htm> and follow the guidelines. Jen Lee reminded everyone that US Lacrosse proudly celebrates five years of collaboration with Positive Coaching Alliance (PCA), headquartered at Stanford. Learn more at <http://www.positivecoach.org/subcontent.aspx?SecID=150> . Also look for a PCA component to be a part of this year's California Lacrosse Convention, January 21 in Vallejo.

13. **SANCTIONED TOURNAMENT/INVITATIONAL EVENTS**

CIFCCS sanction is necessary for all tournaments at all levels (Varsity, JV). Tournament/Invitational Directors must apply before **December 1** with CCS to host a tournament. Paperwork/Application forms can be found online at <http://www.cifccs.org/toursanc.htm> .

To attend a tournament out of section you must submit a copy of the bracket to Steve Sterns @ CCS who will tell you how many games that tournament counts toward your maximum number of games. Tournaments applied for so far

- M-A JV Boys, Saturday, March 10
- Carmel Varsity Boys Tournament March 23-24, 2007
- "Western States" Girls Tournament – hosted by NCS team @ Stanford University
- St. Ignatius Invitational Varsity Boys and Girls – 4 teams
- Menlo School Varsity Girls (tba)
- M-A JV Girls, Saturday, April 28, 2007

Approved Tournaments list @ <http://www.cifccs.org/toursanc/spring06-07.htm#LACROSSE>

14. **JAMBOREE's**

The purpose of a Jamboree is to train and certify officials and has the following guidelines:

- It must be sponsored by the league/section for member schools only, in 2007 Menlo-Atherton will host one as well as ....
- It must be held in one continuous time period during one day in 2007 Girls on Feb 10, Boys on Feb 17.
- Participation will not count against the maximum games limit provided the total time of participation or equivalent measurement (i.e. innings in softball or baseball) for each school does not exceed that of one regular game in the respective sport.
- For that day a game equals one 20 minute running time period.
- No scores will be kept.
- Uniforms are options (**Reversible pennies are preferred**)
- The coaches must control each game. Officials or Coach may stop play and make individual instruction to players. Time periods as specified by the appropriate rulebook, shall not be used.
- CCS Schools in a league **may not** attend a JAMBOREE in another CIF Section. More information on Page 8, 118H <http://www.cifccs.org/governance/sptbk.pdf>

15. **PLAYDAY**

No CIF Lacrosse teams may participate. Read CIF Bylaw 501 DEFINITION OF A PLAYDAY: An organized recreational activity involving teams from two or more high schools wherein the participants are not currently participating or have not been participating as a member of their school interscholastic team in that sport during the previous 12 calendar months preceding the date of the playday. <http://www.cifstate.org/Governance/bylaws.htm#general>

16. **"SENIOR ALL STAR GAME" POLICY**

All star games will follow CIF Article 9 instructions at <http://www.cifstate.org/Constitution/BylawPDF/900%20Series.PDF> i.e. held after all CIF Section games are completed, only 12th grade students may participate after all Sections are finished. This is hosted by our US Lacrosse Pacific chapter on May 20, 2007 for girls. Boys need someone to organize.

17. **“ALUMNI GAME” POLICY**

Article V (Sports Bylaws), Section 6 (Non-CIF Team Competition) has been changed effective this year Coaches are allowed one (1) Alumni/Faculty competition per year. Per ADAC meeting held on 12/7/04 minutes at <http://www.cifccs.org/meetings/ADAC/Minutes/12-07-04.pdf> only conducted during your spring season or during summer which officially begins 2<sup>nd</sup> Saturday in June through 3<sup>rd</sup> Saturday in August.

18. **SCHOLASTIC CHAMPIONSHIP TEAM**

This award is presented to one team in each varsity sport in our section and one team per sport in the state.

QUALIFICATION: The varsity team in each CCS championship sport which has the highest collective GPA for the grading period which end during the season of sport shall be declared the Scholastic Championship Team in that sport that season.

PROCEDURE: Application (Download form from here

<http://www.cifccs.org/awards/scholasticteamawards.htm#APPLICATION%20FOR%20SCHOLASTIC%20CHAMPIONSHIP%20TEAM%20CONSIDERATION> ) must be completed and submitted by the Principal to the CCS Office by the appropriate deadline: Spring Sports **2nd Wednesday in May**

PRESENTATION: Trophies, plus certificates for each team member, will be presented as follows:

Spring Sports @ CCS Spring Playoff Championship Games. (Since we do not have Section Playoff Steve Sterns will notify of presentation date and place.

Link to State winners [http://www.cifstate.org/Awards%20Programs/award\\_pdf/0506%20AA%20release.pdf](http://www.cifstate.org/Awards%20Programs/award_pdf/0506%20AA%20release.pdf)

19. **GUIDELINES FOR WORKING RELATIONS WITH THE MEDIA**

Attached to the coach's copy of this bulletin is a summary of how to submit information to the local newspapers and the contact information.

20. **HS COACHES COUNCIL**

Jen Lee spoke about reinstating this and will supply more information..

21. **CALIFORNIA LACROSSE COACHES CONVENTION**

On January 21 is the California Lacrosse Coaches Convention and all are encouraged to attend. This year it will be held at California Maritime Academy in Vallejo ( <http://www.csum.edu/> ). More information can be found on our local chapter of US Lacrosse Pacific web site [www.uslacrossepacific.org](http://www.uslacrossepacific.org)

22. **BOYS' AND GIRLS' COACH PHONE/EMAIL LIST**

Boys' Lacrosse – Attached is an updated boys' lacrosse contact list provided by Maria Flaherty. If there are any corrections, please email [m.maria.Flaherty@sbcglobal.net](mailto:m.maria.Flaherty@sbcglobal.net) .

Girls' Lacrosse - Attached is an updated Girls' Lacrosse Coach Phone List by Maria Flaherty If there are any corrections, please email [m.maria.Flaherty@sbcglobal.net](mailto:m.maria.Flaherty@sbcglobal.net) .

The meeting then split into girls and boys coaches meeting separately to schedule non league games.

Attachments: Boys' Coaches Contact, Girls' Coaches Contact, Guidelines for working with media

Distribution: Boys' and Girls' Lacrosse Coaches

Nancy Blaser, CCS Commissioner

Steve Sterns, CCS Asst Commissioner

Linda Thayer, Girls Lacrosse Officials

John Boone, Boys Lacrosse Officials

Hank Malloy, US Lacrosse

Marie Ishida, State CIF Office  
Dennis Ackerman, SDS Commissioner  
Pete Saco, SJS Commissioner  
Tom Ehrhorn, NCS Commissioner  
Jim Staunton, SS Commissioner

Compiled by Maria Flaherty