

# **Central Coast Section (CCS) Lacrosse Policies & Information**

**APPROVED BY CCS BOARD OF MANAGERS 1/29/04**

## **Section 1. Scheduled Meetings- 2008/09**

- A. Scheduling meeting November 5, 2008
- B. Evaluation, review bylaws May 20, 2009

## **Section 2 Rules**

- A. Schools participating in lacrosse will conduct all practice and competition in accordance with all the CIF, CCS rules and regulations that pertain to all CIF-approved sports teams.
- B. Students on lacrosse teams must meet all eligibility requirements as prescribed by CIF/CCS bylaws. (e.g. CIF Bylaws 1200, 501.A; 500, etc)
- C. Only Coaches Meeting CIF requirements can coach a high school lacrosse team. (e.g. CIF Bylaws 505, 507, 508, 509)
- D. Students must be enrolled in the school for which they are competing (CIF Bylaw 200).
- E. CIF/CCS member school teams can only compete against other CIF member schools in lacrosse. CIF Articles 5 (502) & Article 6 (600-610)
- F. All competition involving any CIF/CCS member school shall be conducted in accordance with the National Federation of State High School Association Lacrosse Rule Book. **(\*Until the NFHS publishes a separate rules book for girls lacrosse, the U.S. Lacrosse rules book for girls lacrosse shall govern.)**

## **Section 3 Season Starting and Ending Date**

- A. Practices may begin the last Monday in January.
- B. The last contest for members schools playing lacrosse in the CCS will be Saturday, May 16, 2009.
- C. Teams may not participate in a contest with any school after the CCS ending date of May 17, 2009. **(\* PAL bylaws state, in Section 6 "Regular Season Dates" "Only play-off competition will take place after Saturday, May 16<sup>th</sup>. According to CCS Policies no games can be played after May 17<sup>th</sup>)**

## **Section 4 Number of Contests**

Schools will be limited to a maximum of 20 games. Tournaments throughout the season must be approved by and follow CCS guidelines. Tournament participation must be factored into the total number of contests for a season. **(\*PAL Section 7 allows 20 games max. plus two scrimmages. Each regular season contest(game) counts as one contact and each day of a tournament or invitational play counts as one contact regardless of the number of games actually played. Teams are limited to a maximum of three tournaments).**

## **Section 5 League Definition**

- A. Basic League. Schools join or are aligned into basic leagues in the CCS upon approval of the CCS Board of Managers.
- B. Schools are required to compete in their basic league in all sports except for those not sponsored by their leagues.
- C. If a league does not sponsor lacrosse, a school may request supplemental league membership in another league that does sponsor lacrosse after requesting

- permission to do so from their own league and obtaining approval to join as a supplemental league member from the league sponsoring lacrosse. (See CCS Bylaws, Article IV, Realignment)
- D. Schools participating in lacrosse that are not members of a basic or supplemental league are considered to be “independent” teams. These teams must follow all the rules and regulations of CIF and CCS as outlined above, but will not be provided a schedule for their season.
  - E. These independent teams may play against any CIF member school during the lacrosse season.
  - F. These independent teams may NOT call themselves a “club” team, nor are they allowed to participate against any non-CIF member school teams.

### **Section 6 Post Season Play**

No CCS member school may participate in post season contests until leagues are formed and leagues then follow the standards to initiate CCS championships. At the present moment there is not enough participation from leagues to conduct a CCS championship format. When several leagues are sponsoring league play in lacrosse, the CCS Board of Managers will be able to consider a proposal for a CCS Lacrosse championship. At that time, a CCS Lacrosse committee with representatives from each league will be formed to develop, format and propose to the Board of Managers a CCS Lacrosse Championship.