



NFHS/CIF Fundamentals of Coaching Certification Course School Year 2009-2010

Required by Salinas Union High School District for all coaches, walk-on coaches and volunteers

**Must
Arrive
On
Time
To Get
Credit
For
Class!**

<u>Session</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
FALL	Thursday	August 13, 2009	4 – 9 p.m.	NSHS Room 18
	Tuesday	August 25, 2009	6 – 9 p.m.	NSHS Room 18
WINTER	Thursday	Oct. 22, 2009	4 -9 p.m.	NSHS Room 18
	Wednesday	Nov. 4, 2009	6 – 9 p.m.	NSHS Room 18
SPRING	Wednesday	Feb 3, 2010	4 -9 p.m.	NSHS Room 18
	Wednesday	Feb 10, 2010	6 – 9 p.m.	NSHS Room 18

Must PRE-REGISTER through North Salinas High School at least one week before class.
Out of school district coaches must pay \$100.00. Class covers course and lifetime certification. Salinas Union High School District coaches – fee waived.

Make check payable to: Salinas Union High School District. Mail to: North Salinas High School, 55 Kip Drive, Salinas, CA 93906. Fax: 831-796-7505—ATTENTION: Jean Kinn Ashen!

Must Arrive on Time!

NO REFUNDS UNLESS CLASS IS CANCELLED!

Course Content:

Coaching Principles

Sport Pedagogy

Risk Management

Recognizing & Reporting Child Abuse

Drug and Alcohol Update

National Federation of High Schools/California Interscholastic Federation

Sport Psychology

Sport Physiology

Gender Differences

Stress Management

Self Assessment

Registration Form:

Session: _____

Fundamentals of Coaching Certification Course 2009-2010 School Year

Mail to: Jean Kinn Ashen, CMAA; North Salinas High School 55 Kip Drive., Salinas, CA 93906

EMAIL ADDRESS _____

Please Print:

Name: _____

Address: _____ City: _____ Zip: _____

Phone: _____ SS#: _____ Date of Birth: _____

School: _____ Sport: _____

