

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Alisal

777 Williams Road, Salinas, 93905

831 796-7600 FAX: 831 796-7605 Athletic FAX: 831 796-7605

Website: www.salinass.k12.ca.us/alisal

League: TCAL 2009-10 Enrollment: 2425 Mascot: Trojans Colors: Forest Green/white/black

Principal: Dan Burns 831 796-7610 dburns@salinass.k12.ca.us

Co-Administrator: Susano Marquez 831 796-7614 smarquez@salinass.k12.ca.us

Athletic Director: Hugo Mariscal 831 796-7669 hmariscal@salinass.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: Jeff Eaton

Basketball, Boys: Jose Gil coachgil23@yahoo.com

Basketball, Girls: Mick Battagliani

X-Country, Boys: Steven Munoz

X-Country, Girls: Jordan Freilich

Field Hockey: no program

Football: Sunil Smil

Golf, Boys: Sunil Patel

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Mark Cisneros mcisneros@salinass.k12.ca.us

Soccer, Girls: Luis Dominguez luis_dominguez@charter.net

Softball: TBA

Swimming, Boys: Rich Monroe

Swimming, Girls: Rich Monroe

Tennis, Boys: no program

Tennis, Girls: Miguel Romo

Track & Field, Boys: Ignacio Mendez

Track & Field, Girls: Ignacio Mendez

Volleyball, Boys: Javier Rico

Volleyball, Girls: Javier Ramirez

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: J.J. Garcia j.garcia.6@hotmail.com

Alma Heights

1030 Linda Mar Blvd., Pacifica, 94044

650 355-1935 FAX: 650 355-1935 Athletic FAX:

Website: www.almaheights.org

League: PSAL 2009-10 Enrollment: 156 Mascot: Eagles Colors: Royal/Silver

Principal: David Gross dgross@almaheights.org

Co-Administrator:

Athletic Director: Natalie Ayres (650) 355-1935 athleticdirector_talbot@hotmail.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: no program

Basketball, Girls: Natalie Ayres nayres@almaheights.org

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: no program

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Alvarez

1900 Independence Blvd., Salinas, 93906

831 796-7800 FAX: 831 796-7805 Athletic FAX:

Website: www.salinask12.ca.us/everettalvarez

League: TCAL 2009-10 Enrollment: 2174 Mascot: Eagles Colors: Navy/Vegas gold

Principal: Darin Hershberger 831 796-7810 jhershberger@salinas.k12.ca.us

Co-Administrator:

Athletic Director: Chuck Noroian 831 796-7829 cnoroian@salinas.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: Bernie Castandeda

Basketball, Boys: Mark Haddan mhaddan@salinas.k12.ca.us

Basketball, Girls: Chris Gaskins

X-Country, Boys: Chip Powers

X-Country, Girls: Patricia Hoyos

Field Hockey: no program

Football: Ralph Ward

Golf, Boys: Dan Stockton

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Richard Gutierrez rgutierrez@salinas.k12.ca.us

Soccer, Girls: Chuck Shearn

Softball: John Piento

Swimming, Boys: Sky Becker

Swimming, Girls: Brandon Burnett

Tennis, Boys: Steven Ngoi

Tennis, Girls: Steven Ngoi

Track & Field, Boys: Chip Powers

Track & Field, Girls: Patricia Hoyos

Volleyball, Boys: no program

Volleyball, Girls: Janna Simons

Water Polo, Boys: Sky Becker

Water Polo, Girls: Brandon Burnett

Wrestling : Jason Marquez coachmarquez73@yahoo.com

Anchorpoint Christian

2220 Pacheco Pass Hwy, Gilroy, 95020

408 846-6642 FAX: 408 848-4426 Athletic FAX:

Website: www.anchorpointgilroy.org

League: MTAL 2009-10 Enrollment: 50 Mascot: Warriors Colors: Blue/White

Principal: Steve White 408 846-6642 ext 117 swhite@anchorpointgilroy.org

Co-Administrator:

Athletic Director: K.C. Adams 408 846-6642 x107 kcadams@anchorpointgilroy.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: Ken Bradley

Basketball, Girls: K.C. Adams kcadams@anchorpointgilroy.org

X-Country, Boys: K.C. Adams

X-Country, Girls: no program

Field Hockey: no program

Football: K.C. Adams (8-man) kcadams@anchorpointgilroy.org

Golf, Boys:

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: Danny Kinashita

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Anzar

2000 San Juan Highway, San Juan Bautista, 95045-2000

831 623-7660 FAX: 831 623-7676 Athletic FAX:

Website: www.anzarhawks.org

League: MTAL 2009-10 Enrollment: 416 Mascot: Hawks Colors: Cardinal/silver/black

Principal: Charlene McKowen cmckowen@sbcoe.k12.ca.us

Co-Administrator:

Athletic Director: Sam Stewart 831 623-7660 x 2713 samuelfstewart@hotmail.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: A. Barone

Basketball, Boys: E. Cecena

Basketball, Girls: A. Netzel

X-Country, Boys: D. McKinnon

X-Country, Girls: D. McKinnon

Field Hockey: no program

Football: no program

Golf, Boys: W. Trefts

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBD

Soccer, Girls: TBD

Softball: M. Sparr

Swimming, Boys: TBD

Swimming, Girls: TBD

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: C. Wardlaw

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Aptos

100 Mariner Way, Aptos, 95003

831 688-6565 FAX: 831 688-6430 Athletic FAX:

Website: www.aptoshs.net

League: SCCAL 2009-10 Enrollment: 1396 Mascot: Mariners Colors: Blue/white

Principal: Casey O'Brien 831 688-6565 x 235 cobrien@aptoshs.net

Co-Administrator:

Athletic Director: Mark Dorfman 831 688-6565 x 483 mdorfman@aptoshs.net

Athletic Director:

Trainer: Elisabeth Cosnowski

Badminton: no program

Baseball: Randy Kramer

Basketball, Boys: Joseph Smith

Basketball, Girls: Anthony Peppersdine apepperd@aptoshs.net

X-Country, Boys: Dan Gruber

X-Country, Girls: Dan Gruber

Field Hockey: no program

Football: Jamie Townsend

Golf, Boys: Jamie Townsend

Golf, Girls: John Fuchs

Gymnastics: no program

Lacrosse, Boys: Paul Murtha murthaelectric@yahoo.com

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: Rebekah Luna bekahsbekah@sbcglobal.net

Softball: Frank DeBernardo

Swimming, Boys: Jim Triplett

Swimming, Girls: Jim Triplett

Tennis, Boys: Rich Taylor

Tennis, Girls: Rick Kepler rick@seascapesportsclub.com

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: Scott Hill

Volleyball, Girls: Jen Bryan

Water Polo, Boys: Doug DeMuth

Water Polo, Girls: Matt Nowark jmnowark@charter.net

Wrestling : Reggie Roberts rroberts@aptos.net

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Aragon

900 Alameda de las Pulgas, San Mateo, 94402

650 558-2900 FAX: 650 558-2952 Athletic FAX:

Website: www.aragon.schoolloop.com

League: PAL 2009-10 Enrollment: 1647 Mascot: Dons Colors:Scarlet/black

Principal: Patricia Kurtz pkurtz@smuhsd.org

Co-Administrator: Joe Mahood 650 558-2902 jmahood@smuhsd.org

Athletic Director: Steve Sell 650 558-2929 ssell@smuhsd.org.

Athletic Director:

Trainer: TBA

Badminton: Linda Brown lbrown7545@hotmail.com

Baseball: Len Souza souza_lenny@yahoo.com

Basketball, Boys: Arjuna Laisne arjunalaisne@hotmail.com

Basketball, Girls: Annette Gennaro sgennaro@smuhsd.org

X-Country, Boys: Bill Daskarolis bdasko@comcast.com

X-Country, Girls: Bill Daskarolis bdasko@comcast.com

Field Hockey: no program

Football: Steve Sell ssell@smuhsd.org

Golf, Boys: Guy Oling guykix@hotmail.com

Golf, Girls: Guy Oling guykix@hotmail.com

Gymnastics: no program

Lacrosse, Boys:

Lacrosse, Girls: no program

Soccer, Boys: Forest Brazil fbrazil@hotmail.com

Soccer, Girls: Will Colglazier will.colglazier@gmail.com

Softball: Bill Laskey celebcon@mindspring.com

Swimming, Boys: Nick Gonzales ntg80@hotmail.com

Swimming, Girls: Nick Gonzales ntg80@hotmail.com

Tennis, Boys: Dave Owdom owdom4@netzero.net

Tennis, Girls: Ed Schuler edschuler@gmail.com

Track & Field, Boys: Bill Daskarolis bdasko@comcast.com

Track & Field, Girls: Bill Daskarolis bdasko@comcast.com

Volleyball: Boys:

Volleyball, Girls: A Gennaro agennaro@smuhsd.org

Water Polo, Boys: Nick Gonzales ntg80@hotmail.com

Water Polo, Girls: Nick Gonzales ntg80@hotmail.com

Wrestling : Steve Ratto sratto@smuhsd.org

Archbishop Mitty

5000 Mitty Way, San Jose, 95129

408 252-6610 FAX: 408 252-0518 Athletic FAX: 408 252-0270

Website: www.mitty.com

League: WCAL 2009-10 Enrollment: 1669 Mascot: Monarchs Colors:Black/gold/white

Principal: Tim Brosnan 408 342-4208 tbrosnan@mitty.com

Co-Administrator:

Athletic Director: Will Scharrenberg 408 342-4213 wscharrenberg@mitty.com

Athletic Director: Sarah Thomas 408 342-4239 sthamas@mitty.com

Trainer: Scott Zimmerman

Badminton: Wilfredo Vargas

Baseball: Bill Hutton bhutton@mitty.com

Basketball, Boys: Tim Kennedy tkennedy@mitty.com

Basketball, Girls: Sue Phillips sphillips@mitty.com

X-Country, Boys: Mark Frise

X-Country, Girls: Mark Frise

Field Hockey: Justina Williams

Football: Matt Haniger

Golf, Boys: John Moslinic

Golf, Girls: Matt Garrison

Gymnastics: no program

Lacrosse, Boys: Carlos Trujillo carlost@brandathletics.net

Lacrosse, Girls: no program

Soccer, Boys: Vinnie Bachanas vbachanas@moreland.org

Soccer, Girls: J.T. Hanley jthanley@mitty.com

Softball: Sarah Thomas sthamas@mitty.com

Swimming, Boys: Mike Hendrickson

Swimming, Girls: Tom Miller

Tennis, Boys: Jason Scalse

Tennis, Girls: Tamra Scalse courtonetennis@yahoo.com

Track & Field, Boys: Kevin Dunn

Track & Field, Girls: Dina Oakland

Volleyball: Boys: Kevin Corral

Volleyball, Girls: Bret Almazan-Cesar

Water Polo, Boys: Mike Hendrickson

Water Polo, Girls: Rachel Rhoades

Wrestling : Chris Curry ccurry@mitty.com

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Archbishop Riordan

175 Phelan Avenue, San Francisco, 94112

415 586-8200 FAX: 415 587-1310 Athletic FAX:

Website: www.riordanhs.org

League: WCAL 2009-10 Enrollment: 1140 Mascot: Crusaders Colors: Purple/gold

Principal: Kevin Ashbra 415 586-8200 kasbra@riordanhs.org

Co-Administrator:

Athletic Director: Ron Isola 415 586-8495 risola@riordanhs.org

Athletic Director:

Trainer: Mike Galvan

Badminton: no program

Baseball: Ron Isola risola@riordanhs.org

Basketball, Boys: Rich Buckner bkcoach32@yahoo.com

Basketball, Girls: no program

X-Country, Boys: Randy McLaughlin ran245@msn.com

X-Country, Girls: no program

Field Hockey: no program

Football: Mike Langridge mlangridge@riordanhs.org

Golf, Boys: Denny McClellan damacl214@mac.com

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Luis Rosales tulio7249@aol.com

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: Ed Stephens edwardstephens@hotmail.com

Tennis, Girls: no program

Track & Field, Boys: Marc Rocillo marcrocillo@gmail.com

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Vic Anastasio vanastasio@riordanhs.org

Bellarmino

960 W. Hedding Street, San Jose, 95126-1215

408 294-9224 FAX: 408 278-1048 Athletic FAX: 408 278-1048

Website: www.bcp.org

League: WCAL 2009-10 Enrollment: 3208 Mascot: Bells Colors: Blue/white

Principal: Chris Meyercord 408 537-9260 cmeyercord@bcp.org

Co-Administrator: Matt Oelkers 408 537-9239 moelkers@bcp.org

Athletic Director: Terry Ward 408 537-9277 tward@bcp.org

Athletic Director: Mike West 408 537-9299 mwest@bcp.org

Trainer: Mark Moreno

Badminton: no program

Baseball: Michael Rodriguez m.rodriguez@majesticsales.net

Basketball, Boys: Patrick Schneider pschneider@bcp.org

Basketball, Girls: no program

X-Country, Boys: Patrick McCrystle pmccrystle@bcp.org

X-Country, Girls: no program

Field Hockey: no program

Football: Mike Janda mjanda@bcp.org

Golf, Boys: Leo Ruth lruth@bcp.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: Brad Lipscomb brad.lipscomb@netapp.com

Lacrosse, Girls: no program

Soccer, Boys: Patrick Lowney plowney@bcp.org

Soccer, Girls: no program

Softball: no program

Swimming, Boys: Larry Rogers lrogers@bcp.org

Swimming, Girls: no program

Tennis, Boys: Reno Davenport reno@tennislife.com

Tennis, Girls: no program

Track & Field, Boys: Patrick McCrystle pmccrystle@bcp.org

Track & Field, Girls: no program

Volleyball, Boys: Scott Petersen spetersen@bcp.org

Volleyball, Girls: no program

Water Polo, Boys: Larry Rogers lrogers@bcp.org

Water Polo, Girls: no program

Wrestling : Tim Kerr tkerr@bcp.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Branham

1570 Branham Lane, San Jose, 951182241

408 626-3407 FAX: 408 267-2676 Athletic FAX:

Website: <http://branham.cuhsd.org>

League: BVAL 2009-10 Enrollment: 1391 Mascot: Bruins Colors: Blue/white

Principal: Tom Utic 408 626-3407 ext. 7101 tutic@cuhsd.org

Co-Administrator: Gary Rose 408 626-3407 ext. 7112 grose@cuhsd.org

Athletic Director: Kirk Selfridge 408 626-3407 x 7180 kselfridge@cuhsd.org

Athletic Director:

Trainer: Javier Margarito

Badminton: Nicole Barkley

Baseball: London Jacobs

Basketball, Boys: John Mackey jmackey@cuhsd.org

Basketball, Girls: Sam Hernandez sh5055@sbcglobal.net

X-Country, Boys: Christie Spurgeon

X-Country, Girls: Christie Spurgeon

Field Hockey: Brittney Eich

Football: Darren Spence

Golf, Boys: Terry Flora

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Danny Kadah dkadah@verizon.net

Soccer, Girls: Ron Smare rsmare@cuhsd.org

Softball: Jennifer McGrath

Swimming, Boys: Brittney Eich

Swimming, Girls: Brittney Eich

Tennis, Boys: Steve Wayrynen

Tennis, Girls: Steve Wayrynen

Track & Field, Boys: Christie Spurgeon

Track & Field, Girls: Christie Spurgeon

Volleyball, Boys: Jess Torres

Volleyball, Girls: Heather Cooper

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Nelson Southward csouthwas@aol.com

Burlingame

One Mangini Way, Burlingame, 94010

650 558-2899 FAX: 650 558-2852 Athletic FAX:

Website: <http://bhs.smuhsd.org>

League: PAL 2009-10 Enrollment: 1351 Mascot: Panthers Colors: Red/white

Principal: Chris Holleran cholleran@smuhsd.org

Co-Administrator: Rob Campana rcampana@smuhsd.org

Athletic Director: John Philpopoulos 650 558-2899 x 5470 jphilpopoulos@smuhsd.org

Athletic Director:

Trainer:

Badminton: Matt Kunst flotg33@yahoo.com

Baseball: Rich Sciutto shoetoe32@astound.net

Basketball, Boys: Jeff Dowd jdowd22@yahoo.com

Basketball, Girls: Marvin Lui mlui@smuhsd.org

X-Country, Boys: Steve O'Brien obbie18@hotmail.com

X-Country, Girls: Steve O'Brien obbie18@hotmail.com

Field Hockey: no program

Football: John Philpopoulos coachjphil12@yahoo.com

Golf, Boys: Steve Mills smills@smuhsd.org

Golf, Girls: Steve Mills smills@smuhsd.org

Gymnastics: Bill Strom bill@gymtowne.com

Lacrosse, Boys: Clark Fisher cfisher@farmersagent.com

Lacrosse, Girls: Tara Pratt tara01@pacbell.net

Soccer, Boys: Fred Cesano fcesano@att.net

Soccer, Girls: Phillip DeRosa pderosa@smuhsd.org

Softball: Frank Firpo ffrippo@sanbrunocable.com

Swimming, Boys: Chris Culp chris@burlingameaquatics.com

Swimming, Girls: Chris Culp chris@burlingameaquatics.com

Tennis, Boys: Bill Smith tennismith@aol.com

Tennis, Girls: Bill Smith tennismith@aol.com

Track & Field, Boys: Megan Fish meganfish@gmail.com

Track & Field, Girls: Megan Fish meganfish@gmail.com

Volleyball, Boys: no program

Volleyball, Girls: Steve Erle serle@smuhsd.org

Water Polo, Boys: Mark Meyers meyers@westerntruckfab.com

Water Polo, Girls: Suze Gardner suze@burlingameaquatics.com

Wrestling: Eric Bothelo ebothelo@sbcglobal.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Capuchino

1501 Magnolia Avenue, San Bruno, 94066

650 558-2799 FAX: 650 558-2752 Athletic FAX:

Website: <http://chs.schoolloop.com>

League: PAL 2009-10 Enrollment: 1158 Mascot: Mustangs Colors: Green/gold

Principal: Shamar Shanks sshanks@smuhsd.org

Co-Administrator:

Athletic Director: Mike Trimble 650 558-2736 mtrimble@smuhsd.k12.ca.us

Athletic Director:

Trainer:

Badminton: Greg Pierce gpierce@sfchronicle.com

Baseball: Matt Wilson [m9090@aol.com](mailto:mw9090@aol.com)

Basketball, Boys: Doug Fountain seahawk4dad@yahoo.com

Basketball, Girls: Mike Trimble mtrimble@smuhsd.org

X-Country, Boys: Mike Trimble mtrimble@smuhsd.org

X-Country, Girls: Mike Trimble mtrimble@smuhsd.org

Field Hockey: no program

Football: Chris Chaika chrischaika@hotmail.com

Golf, Boys: Jeff Rodriguez rodriguez54@yahoo.com

Golf, Girls: Jeff Rodriguez rodriguez54@yahoo.com

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Rod Kavacevic rmdacb@aol.com

Soccer, Girls: TBA

Softball: Todd Grammatico tgrammatico@sanbrunogarbage.com

Swimming, Boys: Antonio Roveca hvbidknight4@yahoo.com

Swimming, Girls: Jackie Carlisle jackiecarlisle@aol.com

Tennis, Boys: TBA

Tennis, Girls: Hector Johns hmjenter@sanbrunocable.com

Track & Field, Boys: Mike Trimble mtrimble@smuhsd.org

Track & Field, Girls: Mike Trimble mtrimble@smuhsd.org

Volleyball, Boys: no program

Volleyball, Girls: Nilo Mauricio nofloor@aol.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Ralph Joshua jrjoshua@sbcglobal.net

Carlmont

1400 Alameda de las Pulgas, Belmont, 94002

650 595-0210 FAX: 650 591-6067 Athletic FAX: 650 306-1709

Website: www.carlmont.seq.org

League: PAL 2009-10 Enrollment: 2103 Mascot: Scots Colors: Blue/white

Principal: Raul Zamora 650 595-0210 ext. 3227 rzamora@seq.org

Co-Administrator: Ralph Crame 650 595-0210 ext. 5215 rcrame@seq.org

Athletic Director: Patrick Smith 650 595-0210 x 3380 psmith@seq.org

Athletic Director:

Trainer: Brian Lation

Badminton: Roy Ames royosan@gmail.com

Baseball: Rich Vallero rvallero@seq.org

Basketball, Boys: Dave Low dlow@seq.org

Basketball, Girls: Irene Oliveria iloiveir@seq.org

X-Country, Boys: Jennifer Randazzo j_randazzo1@sbcglobal.net

X-Country, Girls: Jennifer Randazzo j_randazzo1@sbcglobal.net

Field Hockey: no program

Football: Dylan Shelley dsheley@seq.org

Golf, Boys: Patrick Smith psmith@seq.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Alex Cooke akecooke@sbcglobal.net

Soccer, Girls: Jim Kelly jkelly@seq.org

Softball: Jim Liggett jliggett@seq.org

Swimming, Boys: Jim Kelly jkelly@seq.org

Swimming, Girls: Jim Kelly jkelly@seq.org

Tennis, Boys: Rebecca Pearlman rpearlma@seq.org

Tennis, Girls: Art Soriano apsmktg@yahoo.com

Track & Field, Boys: Brent Cottong carmontrackstars@gmail.com

Track & Field, Girls: Brent Cottong carmontrackstars@gmail.com

Volleyball, Boys: no program

Volleyball, Girls: Jennifer Cho jcho@seq.org

Water Polo, Boys: Zach Wolfe swimmingwolfe@yahoo.com

Water Polo, Girls: Lyndsey Krutein lkrutein@gmail.com

Wrestling: Albert Lum whswrestlingcoach@yahoo.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Carmel

3600 Ocean Avenue; P.O. Box 222780, Carmel, 93922-2780

831 624-1821 FAX: 831 626-4313 Athletic FAX:

Website: www.carmelhigh.org

League: MTAL 2009-10 Enrollment: 731 Mascot: Padres Colors: Red/grey

Principal: Rick Lopez 831 624-1821 x2792 rlopez@carmelunified.org

Co-Administrator:

Athletic Director: Golden Anderson 831 624-1821 x 2796 ganderson@carmelunified.org

Athletic Director: Debbie Lemos dlemos@carmelunified.org

Trainer: Matt Borek mborek@carmelunified.org

Badminton: no program

Baseball: Randall Bispo rbispo13@aol.com

Basketball, Boys: Ryan Sanchez ryan@carmelsfinest.com

Basketball, Girls: Jeff Nakamura jeff.r.nakamura@gmail.com

X-Country, Boys: John Ables

X-Country, Girls: John Ables

Field Hockey: Christina Kerner UCB1987@gmail.com

Football: Golden Anderson ganderson@carmelunified.org

Golf, Boys: Robbie Hays rob@tehamagolfclub.com

Golf, Girls: TBA

Gymnastics: no program

Lacrosse, Boys: TBD

Lacrosse, Girls: no program

Soccer, Boys: Nick Lackey nick.lackey@gmail.com

Soccer, Girls: TBA

Softball: Peter Dew peterldew@comcast.net

Swimming, Boys: Conrad Kohrs

Swimming, Girls: Di Whitesides titadidi@comcast.net

Tennis, Boys: Brian Cory corytennis@aol.com

Tennis, Girls: Mike Zury mzury@aol.com

Track & Field, Boys: John Ables

Track & Field, Girls: John Ables

Volleyball, Boys: no program

Volleyball, Girls: Dan Ahiers dan.ahiers@gmail.com

Water Polo, Boys: Aaron Gaily agaily@hotmail.com

Water Polo, Girls: Richard Monroe rcmonroe33@yahoo.com

Wrestling : Pete Devlaminick petedev@aol.com

Castilleja

1310 Bryant Street, Palo Alto, 94301

650 328-3160 FAX: 650 326-8036 Athletic FAX:

Website: www.castilleja.org

League: WBAL 2009-10 Enrollment: 486 Mascot: Gators Colors: Red/white

Principal: Joan Lonergan 650 328-3160 jlonergan@castilleja.org

Co-Administrator: None

Athletic Director: Jez McIntosh 650 470-7830 jmcintosh@castilleja.org

Athletic Director: Bryan Hoard 650 470-7829 bhoard@castilleja.org

Trainer: Heidi Hueber

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Jez McIntosh jmcintosh@castilleja.org

X-Country, Boys: no program

X-Country, Girls: Jonathan Frechette jfrechette@castilleja.org

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: Jim Miller jim.miller@castilleja.org

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: Claire Mancini cmancini@castilleja.org

Soccer, Boys: no program

Soccer, Girls: Patrick Burrows pburrows@castilleja.org

Softball: Robert Burley r_m_burley@yahoo.com

Swimming, Boys: no program

Swimming, Girls: Chris Rubin csrubin280@hotmail.com

Tennis, Boys: no program

Tennis, Girls: Jason Blum jblum@castilleja.org

Track & Field, Boys: no program

Track & Field, Girls: Jonathan Frechette jfrechette@castilleja.org

Volleyball, Boys: no program

Volleyball, Girls: Tracie Meskill tmeskill@castilleja.org

Water Polo, Boys: no program

Water Polo, Girls: Ted Minnis tminnis@castilleja.org

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Christopher

850 Day Road, Gilroy, 95020

408 847-2700 FAX: 408 847-4717 Athletic FAX:

Website: <http://chs.gusd.ca.schoolloop.com>

League: supplemental 2009-10 Enrollment: 667 Mascot: Cougars Colors:TBD

Principal: John Perales 408 848-7171 john.perales@gusd.k12.ca.us

Co-Administrator: Patricia Jolly 408 843-4131

Athletic Director: Darren Yafai 408 843-4132 darren.yafai@gusd.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: Ryan DeQuin

Basketball, Boys: Kaden Bahner

Basketball, Girls: Heather Stewart

X-Country, Boys: Andrea Yafai

X-Country, Girls: Andrea Yafai

Field Hockey: Stacey Myers

Football: Tim Pierleoni

Golf, Boys: Mike Hoshida

Golf, Girls: Dan Rodriguez

Gymnastics: Nicki Anagnoston nicholla.anagnoston@gusd.k12.ca.us

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBD

Soccer, Girls: Janae Pimentel

Softball: Catherine Hallada Nohr

Swimming, Boys: Jeff Ross

Swimming, Girls: Jeff Ross

Tennis, Boys: Elsie Eybrecht

Tennis, Girls: Elsie Eybrecht

Track & Field, Boys: Jeff Myers mustangmyers@comcast.net

Track & Field, Girls: Jeff Myers mustangmyers@comcast.net

Volleyball, Boys: Sam Navarez

Volleyball, Girls: Sam Navarez

Water Polo, Boys: James Howarth

Water Polo, Girls: Paul Wells

Wrestling : Alexeis Lara chato152@yahoo.com

Crystal Springs Uplands

400 Uplands Drive, Hillsborough, 94010

650 342-4175 FAX: 650 342-7623 Athletic FAX: 650 342-6151

Website: www.csus.org

League: WBAL 2009-10 Enrollment: 268 Mascot: Gryphons Colors:

Principal: Amy Richards arichards@csus.org

Co-Administrator:

Athletic Director: Michael Flynn 650 375-5424 mflynn@csus.org

Athletic Director:

Trainer: Patti Syvertson

Badminton: Dave Robertson drobe@csus.org

Baseball: Matt McGrew

Basketball, Boys: Ned Diamond

Basketball, Girls: Mark Divita sinceeighty6@yahoo.com

X-Country, Boys: Albert Carvana

X-Country, Girls: Albert Carvana

Field Hockey: no program

Football: Kevin Thorson (8-man)

Golf, Boys: Phill Ekdahl/Kelly Sortino

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Vandy Shanholt

Soccer, Girls: Luisa Monterossa

Softball: Cindy Shanholt

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: Anthony Jones ajones@csus.org

Tennis, Girls: Anthony Jones ajones@csus.org

Track & Field, Boys: Albert Carvana

Track & Field, Girls: Albert Carvana

Volleyball, Boys: no program

Volleyball, Girls: Steve Cavella

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Cupertino

10100 Finch Avenue, Cupertino, 95014

408 366-7300 FAX: 408 996-3069/408 255-8466 Athletic FAX:

Website: www.chs.fuhsd.org

League: SCVAL 2009-10 Enrollment: 1712 Mascot: Pioneers Colors: Cardinal/gold/grey

Principal: Kami Tomberlain kami_tomberlain@fuhsd.org

Co-Administrator: Andy Walczak 408 366-7374 andy_walczak@fuhsd.org

Athletic Director: Craig Ellegood 408 366-7310 craig_ellegood@fuhsd.org

Athletic Director: Lacey Berry 408 366-7300 ex 4819 Lacey_Berry@fuhsd.org

Trainer: Matt Brockhaus

Badminton: Cody Coppel cody_coppel@fuhsd.org

Baseball: David Kawamoto davidkawamotojr@sbcglobal.net

Basketball, Boys: Craig Ellegood craig_ellegood@fuhsd.org

Basketball, Girls: Lacey Berry Lacey_Berry@fuhsd.org

X-Country, Boys: Paul Armstrong coacha@prodigy.net

X-Country, Girls: Paul Armstrong coacha@prodigy.net

Field Hockey: Jill Borges jill_borges@fuhsd.org

Football: Sydney Bircher sbradafan67@gmail.com

Golf, Boys: Kyle Fitzpatrick kyle_fitzpatrick@fuhsd.org

Golf, Girls: no program

Gymnastics: Judy Namanny judy_namanny@yahoo.com

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Luther White sweetlou2616@prodigy.net

Soccer, Girls: Kent Fogleman kfogleman@att.net

Softball: Steve Vinciale voodoopanther@gmail.com

Swimming, Boys: Ian Oglesby ian_oglesby@hotmail.com

Swimming, Girls: Mike Jarvis jarviskicks@gmail.com

Tennis, Boys: Manuel Zarate manuel_zarate@fuhsd.org

Tennis, Girls: Manuel Zarate manuel_zarate@fuhsd.org

Track & Field, Boys: Paul Armstrong coacha@prodigy.net

Track & Field, Girls: Paul Armstrong coacha@prodigy.net

Volleyball, Boys: Bob Huff rphuff3@sbcglobal.net

Volleyball, Girls: Bob Huff rphuff3@sbcglobal.net

Water Polo, Boys: Sarah Hovland shovland3@gmail.com

Water Polo, Girls: Jennifer Hovland jchovland@gmail.com

Wrestling : Tariq Haniff tariq_haniff@yahoo.com

Del Mar

1224 Del Mar Avenue, San Jose, 95128

408 626-3403 FAX: 408 295-9476/408 995-6184 Athletic FAX:

Website: www.delmar.cuhsd.org

League: BVAL 2009-10 Enrollment: 1301 Mascot: Dons Colors: Black/gold/white

Principal: Jim Russell 408 626-3403 x 3101 jrussell@cuhsd.org

Co-Administrator:

Athletic Director: Eric Ostrowski 408 626-3403 x3381 eostrowski@cuhsd.org

Athletic Director:

Trainer:

Badminton: An Nguyen sukver_dragon460@hotmail.com

Baseball: Frank Deats fdeats@aol.com

Basketball, Boys: Ryan Cooper ryancooper033@hotmail.com

Basketball, Girls: Bill Murray erfmurray@aol.com

X-Country, Boys: Marisol Hood mhood@cuhsd.org

X-Country, Girls: Marisol Hood mhood@cuhsd.org

Field Hockey: Stacy Chase schase@cuhsd.org

Football: Mario Bussalacci sjfdcapt13@yahoo.com

Golf, Boys: Candy Basso cbasso@cuhsd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Greg Vasquez wingraph@earthlink.net

Soccer, Girls: Ken Padia kapsports@comcast.net

Softball: Jim Marquez jmmarquez@sbcglobal.net

Swimming, Boys: Lura Wilhelm lwilhelm@cuhsd.org

Swimming, Girls: Lura Wilhelm lwilhelm@cuhsd.org

Tennis, Boys: Tom Heckley Tom_Heckley@scooe.org

Tennis, Girls: Anne Hefflinger shefflinger@cuhsd.org

Track & Field, Boys: Scott Chisam schisam@pacbell.net

Track & Field, Girls: Scott Chisam schisam@pacbell.net

Volleyball, Boys: no program

Volleyball, Girls: Jennifer Lee jlee@cuhsd.org

Water Polo, Boys:

Water Polo, Girls:

Wrestling : Brad Ramezane bramezane@gmail.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Downtown College Prep

1460 The Alameda, San Jose, 95126

408 271-1730 FAX: 408 271-1734 Athletic FAX:

Website: www.downtowncollegeprep.org

League: PSAL 2009-10 Enrollment: 412 Mascot: Lobos Colors: Purple/orange

Principal: Michael De Sousa mdesousa@dcp.org

Co-Administrator:

Athletic Director: Anthony Macino (408) 271-1730 x242 amacino@dcp.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Dan Pringle

Basketball, Girls: Leonnie Lloyd

X-Country, Boys: Julio Navarrete

X-Country, Girls: Julio Navarrete

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Joe Njoroge

Soccer, Girls: Christine McIntyre

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Chris McIntyre

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

East Palo Alto Academy

475 Pope Street, Menlo Park, 94025

650 329-2811 FAX: 650 321-6628 Athletic FAX:

Website: <http://hs.eastpaloaltoacademy.org>

League: PSAL 2009-10 Enrollment: 282 Mascot: Colors: Black/Silver

Principal: Bonnie Billings bbillings@stanfordschools.org

Co-Administrator: Randy Nakamura 650 321-6628 rnakamura@stanfordschools.org

Athletic Director: John Neuberger (650) 321-6628 jneuberger@stanfordschools.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: TBA

Basketball, Girls: TBA

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Uri Manzo

Soccer, Girls: TBA

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Justin Moodie

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Eastside College Prep

1041 Myrtle Street, East Palo Alto, 94303

650 688-0850 FAX: 650 688-0859 Athletic FAX:

Website: www.eastside.org

League: WBAL 2009-10 Enrollment: 201 Mascot: Panthers Colors: Maroon/Black

Principal: Chris Bischof 650 688-0850 chrisb@eastside.org

Co-Administrator:

Athletic Director: Chris Bischof 650 688-0850 chrisb@eastside.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Olatunde Sobomehin

Basketball, Girls: Donovan Blythe

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Greg Jellin

Soccer, Girls: Simo Taoufik

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: Torie Eichleay

Volleyball, Girls: Brian Belding

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

El Camino

1320 Mission Road, South San Francisco, 94080

650 877-8806 FAX: 650 589-2343 Athletic FAX:

Website: <http://echs.schoolloop.com>

League: PAL 2009-10 Enrollment: 1480 Mascot: Colts Colors: Red/grey

Principal: Adele Berg aberg@ssfusd.k12.ca.us

Co-Administrator: Al Mack amack@ssfusd.org

Athletic Director: Anthony Koo 650 887-8806 akhoo@ssfusd.org

Athletic Director: Sonny Lau slau@ssfusd.org

Trainer:

Badminton: Andrea Rosenthal andrealieghmail@hotmail.com

Baseball: Carlos Roman los16roman@aol.com

Basketball, Boys: Anthony Khoo anthony_k_khoo@yahoo.com

Basketball, Girls: Erin Oliveira eoliveira@ssfusd.org

X-Country, Boys: Cliff Lentz cliffrentz@sbcglobal.net

X-Country, Girls: Cliff Lentz cliffrentz@sbcglobal.net

Field Hockey: no program

Football: Eric Jacobson ecjake66@hotmail.com

Golf, Boys: Mike Zozos mzozos@ssfusd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Ken Anderson ken.anderson@ssf.net

Soccer, Girls: Imelda Winkelbauer iwinkelbauer@ssfusd.org

Softball: Christine Forsell cscooter15@att.net

Swimming, Boys: Jeff Vitalie jvitalie@ssfusd.k12.ca.us

Swimming, Girls: Jeff Vitalie jvitalie@ssfusd.k12.ca.us

Tennis, Boys: Vince Salumbides vsalumbides@yahoo.com

Tennis, Girls: Vince Salumbides vsalumbides@yahoo.com

Track & Field, Boys: Kevin Truong kevin21@aol.com

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: Christine Serafin ecvballcoach@yahoo.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Cliff Lentz cliffrentz@sbcglobal.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Evergreen Valley

3300 Quimby Road, San Jose, 95148

408 347-7010 FAX: 408 347-7015/408 347-7005 Athletic FAX:

Website: <http://ev.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 2715 Mascot: Cougars Colors:Teal/Black

Principal: Dr. Ana Lomas lomasa@esuhsd.org

Co-Administrator: Bill Tomlinson tomlinsonb@esuhsd.org

Athletic Director: Lisa Baker 408 347-7029 bakerl@esuhsd.org

Athletic Director:

Trainer:

Badminton: TBA

Baseball: TBA

Basketball, Boys: Dennis Fernandez df1523@yahoo.com

Basketball, Girls: Dan Johnson johndan@esuhsd.org

X-Country, Boys: Jim Sena

X-Country, Girls: Jim Sena

Field Hockey: no program

Football: Leo Olmscheid

Golf, Boys: TBA

Golf, Girls: Bradley Hason

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: TBA

Softball: TBA

Swimming, Boys: Danica Burge

Swimming, Girls: Deanka Pantoja

Tennis, Boys: Andrew Wolverton wolvertona@esuhsd.org

Tennis, Girls: Andrew Wolverton wolvertona@esuhsd.org

Track & Field, Boys: Leroy Watkins

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: Dio Aguinaldo

Water Polo, Boys: Glen Wetzel

Water Polo, Girls: Glen Wetzel

Wrestling : TBA

Fremont

1279 SunnyvaleSaratoga Road, Sunnyvale, 94087

408 522-2400 FAX: 408 522-2468/408 522-2403 Athletic FAX:

Website: www.fhs.fuhsd.org

League: SCVAL 2009-10 Enrollment: 1879 Mascot: Firebirds Colors:Cardinal/white

Principal: James Maxwell james_maxwell@fuhsd.org

Co-Administrator: Nico Flores 408 522-2416 Nico_Flores@fuhsd.org

Athletic Director: Miguel Castillo 408 522-2431 miguel_castillo@fuhsd.org

Athletic Director: Jason Townsend 408.522-2431 jason_townsend@fuhsd.org

Trainer: Kris Linninger kris_lininger@fuhsd.org

Badminton: TBA

Baseball: TBA

Basketball, Boys: Miguel Castillo miguel_castillo@fuhsd.org

Basketball, Girls: Fred Yepez fy729@yahoo.com

X-Country, Boys: Brian Bicknell brian_bicknell@fuhsd.org

X-Country, Girls: Nancy Bui nancy_bui@fuhsd.org

Field Hockey: no program

Football: Ron Demonner

Golf, Boys: TBA

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: Tracy Davis TracyDcup@aol.com

Softball: TBA

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: TBA

Tennis, Girls: TBA

Track & Field, Boys: Mark Shields sylvamarks@yahoo.com

Track & Field, Girls: Mark Shields sylvamarks@yahoo.com

Volleyball, Boys: TBA

Volleyball, Girls: Whitney Witthun vbnu8@aol.com

Water Polo, Boys: TBA

Water Polo, Girls: TBA

Wrestling : Eric Duus erik_duus@fuhsd.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Gilroy

750 W. 10th Street, Gilroy, 95020

408 847-2424 FAX: 408 847-3505 Athletic FAX: 408 848-5627

Website: www.gilroyhighschool.com

League: TCAL 2009-10 Enrollment: 2059 Mascot: Mustangs Colors: Blue/white/gold

Principal: Dr. Marco Sanchez 408 847-2424 marco.sanchez@gusd.k12.ca.us

Co-Administrator: Stefani Garino 408 847-2424 stefani.garino@gusd.k12.ca.us

Athletic Director: Jack Daley 408 848-7178 jack.daley@gusd.k12.ca.us

Athletic Director:

Trainer: Jennifer Spinetti

Badminton: Steve Jackson

Baseball: Johnny Ramierez

Basketball, Boys: Jeremy Dirks jeremydirks@yahoo.com

Basketball, Girls: Tim Jones tim.jones@gusd.k12.ca.us

X-Country, Boys: Art & Cathy Silva

X-Country, Girls: Art & Cathy Silva

Field Hockey: Adam Gemar

Football: Greg Garcia greg.garcia@gusd.k12.ca.us

Golf, Boys: TBA

Golf, Girls: Tgrudi Souza

Gymnastics: Nicki Anagnoston nicholla.anagnoston@gusd.k12.ca.us

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Armando Padilla mrdido@hotmail.com

Soccer, Girls: Jose Hernandez jose.hernandez@gusd.k12.ca.us

Softball: Julie Bergesen

Swimming, Boys: Tom Clark

Swimming, Girls: Tom Clark

Tennis, Boys: John Laryer

Tennis, Girls: Jami Reynolds

Track & Field, Boys: Jeff Myers mustangmyers@comcast.net

Track & Field, Girls: Jeff Myers mustangmyers@comcast.net

Volleyball, Boys: Scott Martin

Volleyball, Girls: Josh Corioso

Water Polo, Boys: Tom Clark

Water Polo, Girls: Sean LaGuardia

Wrestling: Greg Varela gvworm@netzero.net

Gonzales

P.O. Drawer G, 501 Fifth Street, Gonzales, 93926

831 675-2495 FAX: 831 675-8054 Athletic FAX:

Website: <http://www.gonzales.k12.ca.us>

League: MTAL 2009-10 Enrollment: 681 Mascot: Spartans Colors: Orange/black

Principal: Tom Brownell tbrownel@monterey.k12.ca.us

Co-Administrator:

Athletic Director: Rebecca Vivit 831-675-2495 x 290 rvirtuel@hotmail.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: TBA

Basketball, Girls: TBA

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: TBA

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: Miguel Malagon mmalagon@monterey.k12.ca.us

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: TBA

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Larry Rodriguez nc-enterpriselj@sbcbglobal.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Greenfield

2025 El Camino Real, Greenfield, 93927

831 674-2751 FAX: 831 674-2646 Athletic FAX:

Website: <http://www.kcusd.org/ghsweb>

League: MTAL 2009-10 Enrollment: 960 Mascot: Bruins Colors:Forrest green/black/white

Principal: Rodolfo Garcia rgarcia@kingcity.k12.ca.us

Co-Administrator:

Athletic Director: John Radcliff 831 674-2751 x 1750 jarcoach@yahoo.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: TBA

Basketball, Girls: John Radcliff jarcoach@yahoo.com

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: Bill Riddell

Golf, Boys:

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: TBA

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Steve Hitchcock

Gunderson

622 Gaundabert Lane, San Jose, 95136

408 535-6340 FAX: 408 224-2209 Athletic FAX:

Website: <http://gunderson.sjUSD.org>

League: BVAL 2009-10 Enrollment: 1115 Mascot: Grizzlies Colors:Dark brown/gold/black

Principal: Cary Catching cary_catching@sjUSD.org

Co-Administrator:

Athletic Director: Herbert Espiritu 408 535-6340 Herbert_Espiritu@sjUSD.org

Athletic Director:

Trainer: Suzanne Osborne suzannmeister@gmail.com

Badminton: Truong Pham vnsupra@yahoo.com

Baseball: Phil Lansford yogithedancingbear@yahoo.com

Basketball, Boys: Chuck Ball chuck_ball@sjUSD.org

Basketball, Girls: John Drake jtdrake249@yahoo.com

X-Country, Boys: Martha Guordado chiva_02us@yahoo.com

X-Country, Girls: Martha Guordado chiva_02us@yahoo.com

Field Hockey: no program

Football: Dave Ashkinaz dave_askinaz@sjUSD.org

Golf, Boys: Chuck Vicari chuck_vicari@sjUSD.org

Golf, Girls: Chuck Vicari chuck_vicari@sjUSD.org

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Juan Torress juan_p_torres@yahoo.com

Soccer, Girls: Martha Guordado chiva_02us@yahoo.com

Softball: Suzann Osborne suzannmeister@gmail.com

Swimming, Boys: Chris Corriere

Swimming, Girls: Chris Corriere

Tennis, Boys: TBD

Tennis, Girls: Michelle Croucher michelle_croucher@sjUSD.org

Track & Field, Boys: Joseph Miclette joseph_miclette@sjUSD.org

Track & Field, Girls: Joseph Miclette joseph_miclette@sjUSD.org

Volleyball, Boys: Callie Lopez callie_lopez@sjUSD.org

Volleyball, Girls: Callie Lopez callie_lopez@sjUSD.org

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Brian Ashkinaz bignb408@aol.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Gunn

780 Arastradero Road, Palo Alto, 94306

650 354-8200 FAX: 650 493-7801 Athletic FAX: 650 354-8289

Website: <http://gunn.pausd.org>

League: SCVAL 2009-10 Enrollment: 1898 Mascot: Titans Colors: Red/white/black

Principal: Noreen Likins nlikins@pausd.org

Co-Administrator: Tom Jacoubowsky 650 354-8290 tjacoubowsky@pausd.org

Athletic Director: Chris Horpel 650-354-8259 chorpel@pausd.org

Athletic Director: David Burgee 650 354-8214 dburgesoccer@aol.com

Trainer: Lynn Castro

Badminton: Mark Tsukakoshi

Baseball: Troy Devinentis

Basketball, Boys: Jim Forthoffer forthoffer2002@yahoo.com

Basketball, Girls: Sara Staapp sstapp@pausd.org

X-Country, Boys: Ernie Lee erndog@alumni.princeton.edu

X-Country, Girls: Ernie Lee erndog@alumni.princeton.edu

Field Hockey: no program

Football: Bob Sykes coachrsykes@yahoo.com

Golf, Boys: Chris Redfield

Golf, Girls: no program

Gymnastics: Ericka Fusilero Ericka.twisters@gmail.com

Lacrosse, Boys: Mike O'Donnell modonnell@wsgr.com

Lacrosse, Girls: Jade Chao jadec0606@gmail.com

Soccer, Boys: Freddy Ferragut fredferragut@yahoo.com

Soccer, Girls: Damian Cohen

Softball: Steve Amos

Swimming, Boys: Mark Hernandez

Swimming, Girls: Mark Hernandez

Tennis, Boys: Jim Gorman gunntennis@comcast.net

Tennis, Girls: Jim Gorman gunntennis@comcast.net

Track & Field, Boys: Ernie Lee erndog@alumni.princeton.edu

Track & Field, Girls: Ernie Lee erndog@alumni.princeton.edu

Volleyball, Boys: no program

Volleyball, Girls: Kevin Hwang k.hwang@comcast.net

Water Polo, Boys: Scott Foster

Water Polo, Girls: Mark Hernandez

Wrestling: Chris Horpel chorpel@pausd.org

Half Moon Bay

Lewis Foster Drive, Half Moon Bay, 94019

650 712-7205 FAX: 650 712-7232 Athletic FAX:

Website: <http://www.cabrillo.k12.ca.us/hmbhs>

League: PAL 2009-10 Enrollment: 960 Mascot: Cougars Colors: Orange/white/black

Principal: Ms. Streshly 650 712-7200 x 5050 streshlym@cabrillo.k12.ca.us

Co-Administrator: S. Biezad 650 712-7200 x 5040 biezads@cabrillo.k12.ca.us

Athletic Director: Matt Ballard 650 712-7200 x 4904 ballardm@cabrillo.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: Steve Terraszas hmbcoacht@yahoo.com

Basketball, Boys: John W. Parsons johnw@parsonaccounting.com

Basketball, Girls: John Carey careyj@cabrillo.k12.ca.us

X-Country, Boys: Paul Farnsworth farnsworthp@cabrillo.k12.ca.us

X-Country, Girls: Paul Farnsworth farnsworthp@cabrillo.k12.ca.us

Field Hockey: no program

Football: Matt Ballard ballardm@cabrillo.k12.ca.us

Golf, Boys: Don Prestosz prestoszd@cabrillo.k12.ca.us

Golf, Girls: no program

Gymnastics: Jennifer Cozzolino jjajcozzolino@comcast.net

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Victor Mederos h1vichmb@netscape.com

Soccer, Girls: Maggie Mata maggiematta-7@yahoo.com

Softball: Naomi Patridge naomihmb@sbcglobal.net

Swimming, Boys: Bill Saxsenmeier saxsenmeier@aol.com

Swimming, Girls: Bill Saxsenmeier saxsenmeier@aol.com

Tennis, Boys: Mike Hendricks hendoo1@hotmail.com

Tennis, Girls: Mike Hendricks iw2play@yahoo.com

Track & Field, Boys: Paul Farnsworth farnsworthp@cabrillo.k12.ca.us

Track & Field, Girls: Paul Farnsworth farnsworthp@cabrillo.k12.ca.us

Volleyball, Boys: no program

Volleyball, Girls: Deanna Rocha drocha122@aol.com

Water Polo, Boys: Rich Bassi rbassi6034@sbcglobal.net

Water Polo, Girls: Rich Bassi rbassi6034@sbcglobal.net

Wrestling: Gabe Gammon gammon42@hotmail.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Harbor

300 La Fonda Avenue, Santa Cruz, 95062

831 429-3810 FAX: 831 429-3145 Athletic FAX:

Website: www.harborhigh.org

League: SCCAL 2009-10 Enrollment: 1068 Mascot: Pirates Colors: Green/gold./black

Principal: Richard Davis 831 429-3810, ext. 1050 rdavis@scs.santacruz.k12.ca.us

Co-Administrator: Henry Michel 831 429 3810, ext 1060 hmichel@scs.santacruz.k12.ca.us

Athletic Director: Steve Kopald 831 429-3810 X1850 skopald@scs.santacruz.k12.ca.us

Athletic Director: Nick Adams 831 429-3810 X1850 nadams@scs.santacruz.k12.ca.us

Trainer: Arsenio Torvar

Badminton: no program

Baseball: Joe Allegri

Basketball, Boys: Mike Gruber grubermichael@sbcglobal.net

Basketball, Girls: Mike Stanbra

X-Country, Boys: Matt Ryan

X-Country, Girls: Matt Ryan

Field Hockey: no program

Football: Travis Rebbert

Golf, Boys: Scott Bedell

Golf, Girls: Scott Bedell

Gymnastics: no program

Lacrosse, Boys: Bob Rivers shop@brownranch.com

Lacrosse, Girls: no program

Soccer, Boys: Devon Thomson devontomson@yahoo.com

Soccer, Girls: David Frank dfrank10@gmail.com

Softball: Pele Pini

Swimming, Boys: Takeshi Kaneko

Swimming, Girls: Takeshi Kaneko

Tennis, Boys: Laura Alioto

Tennis, Girls: Laura Alioto

Track & Field, Boys: Matt Ryan

Track & Field, Girls: Matt Ryan

Volleyball, Boys: Matt Schutz

Volleyball, Girls: Matt Schutz

Water Polo, Boys: Matt Shapette

Water Polo, Girls: Takeshi Kaneko

Wrestling: Brendan Guinn brendanguinn@yahoo.com

Harker

500 Saratoga Avenue, San Jose, 95129

408 345-9627 FAX: 408 984-2325 Athletic FAX:

Website: www.harker.org

League: WBAL 2009-10 Enrollment: 682 Mascot: Eagles Colors: Green/white/black

Principal: Chris Nikoloff (Head of School) 408 249-2510 chrisn@harker.org

Co-Administrator: Greg Lawson 408 345-9600 gregl@harker.org

Athletic Director: Dan Molin 408 345-9627 danm@harker.org

Athletic Director:

Trainer: Jaron Olson

Badminton: no program

Baseball: C.J. Cali

Basketball, Boys: Jeremiah Brewer jeremiahb@harker.org

Basketball, Girls: Alfredo Alvea

X-Country, Boys: Paul Nangle

X-Country, Girls: Paul Nangle

Field Hockey: no program

Football: Karriem Stinson

Golf, Boys: John Zetterquist

Golf, Girls: Je Chen Cheng

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: Dawn Clark dawn@techprose.com

Soccer, Boys: Shaun Tsakiris

Soccer, Girls: Troy Thiele

Softball: Raul Rios

Swimming, Boys: Bart Wells

Swimming, Girls: Bart Wells

Tennis, Boys: Craig Pasqua craigp@harker.org

Tennis, Girls: Craig Pasqua craigp@harker.org

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: Dan Molin

Volleyball, Girls: Mike Aitken

Water Polo, Boys: Ted Ujifusa

Water Polo, Girls: Kadace Lopez

Wrestling: Karriem Stinson karriems@harker.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Hill, Andrew

3200 Sentor Road, San Jose, 95111-1399

408 347-4100 FAX: 408 347-4115 Athletic FAX:

Website: <http://ah.ca.campusgrid.net/home>

League: BVAL 2009-10 Enrollment: 2323 Mascot: Falcons Colors: Gold/black/white

Principal: Bettina Lopez 408 347-4110 lopezb@esuhsd.org

Co-Administrator: Hector Flores 408 347 4120 Floresh@esuhsd.org

Athletic Director: Greg Dunlap 408 347-4100 dunlapg@esuhsd.org

Athletic Director: Tessa Cavazos 408 347-4100 cavazost@esuhsd.org

Trainer:

Badminton: Hahn Nguyen Nguyenh@esuhsd.org

Baseball: Ross Eddings eddingsr@esuhsd.org

Basketball, Boys: Tessa Cavazos cavazost@esuhsd.org

Basketball, Girls: Joanne Winterstien wintersteinw@esuhsd.org

X-Country, Boys: Jason Guren gurenj@esuhsd.org

X-Country, Girls: Ben Castonos

Field Hockey: no program

Football: Jeff Borges borgesj@esuhsd.org

Golf, Boys: TBD

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: Yesenia Marquez marquezy@esuhsd.org

Softball: TBA

Swimming, Boys: Jeff Borges borgesj@esuhsd.org

Swimming, Girls: Kathy Farmer farmer@esuhsd.org

Tennis, Boys: Alex Diep diepa@esuhsd.org

Tennis, Girls: Alex Diep diepa@esuhsd.org

Track & Field, Boys: Greg Dunlap dunlap@esuhsd.org

Track & Field, Girls: Adam DelaRosa

Volleyball, Boys: no program

Volleyball, Girls: Matt Sandorn sandoram@esuhsd.org

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Phil Garcia dunlapg@esuhsd.org

Hillsdale

3115 Del Monte, San Mateo, 94403

650 558-2699 FAX: 650 574-4173 Athletic FAX:

Website: <http://www.hillsdalehigh.com>

League: PAL 2009-10 Enrollment: 1279 Mascot: Knights Colors: Scarlet/Columbia Blue

Principal: Jeff Gilbert jgilbert@smuhsd.k12.ca.us

Co-Administrator: Brett Stevenson bstevenson@smuhsd.org

Athletic Director: Brad Zucker 650 558-2642 x 5280 bzucker@smuhsd.org

Athletic Director:

Trainer: TBA

Badminton: Eddie Attaway attawayeddie@yahoo.com

Baseball: Neil Donohoe ndonohoe@smuhsd.org

Basketball, Boys: Brett Stevenson bstevenson@smuhsd.org

Basketball, Girls: Dan Hibson dhibson@cityofsanmateo.org

X-Country, Boys: Susie Schmidt Kelly skelly@smuhsd.org

X-Country, Girls: Susie Schmidt Kelly skelly@smuhsd.org

Field Hockey: no program

Football: Mike Parodi coachmp@gmail.com

Golf, Boys: Jesse Boise jboise@smuhsd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Andy Hodzic hhodzic@aol.com

Soccer, Girls: Samia Shoman sshoman@smuhsd.org

Softball: Randy Metheany metheaney@belmont.k12.ca.us

Swimming, Boys: Kristin Hoska kristinhoska@yahoo.com

Swimming, Girls: Kristin Hoska kristinhoska@yahoo.com

Tennis, Boys: Jackie Nachigall jajatennis@yahoo.com

Tennis, Girls: Jackie Nachigall jajatennis@yahoo.com

Track & Field, Boys: Dave Rathbun wr_coach@msn.com

Track & Field, Girls: Dave Rathbun wr_coach@msn.com

Volleyball, Boys: no program

Volleyball, Girls: Ricky Villareal rickydakine@gmail.com

Water Polo, Boys: Andy Hodzic hhodzic@aol.com

Water Polo, Girls: Andy Hodzic hhodzic@aol.com

Wrestling : Geovanny Aguilar gjaguilar@yahoo.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Homestead

21370 Homestead Road, Cupertino, 95014

408 522-2500 FAX: 408 738-8631 Athletic FAX:

Website: www.hhs.fuhisd.org

League: SCVAL 2009-10 Enrollment: 2204 Mascot: Mustangs Colors: Green/white

Principal: Graham Clark graham_clark@fuhisd.org

Co-Administrator: Don Romero 408 522 2509 don_romero@fuhisd.org

Athletic Director: Paula Weismann 408 522-2567 paula_weismann@fuhisd.org

Athletic Director: Charlie Bostic 408 522-2546 charlie_bostic@fuhisd.org

Trainer: Daniel Usim

Badminton: Gumero Diaz

Baseball: Chuck Camuso

Basketball, Boys: Shawn Hook sh48@hotmail.com

Basketball, Girls: Ruby Ngo (Gulapa) bballruby@sbcglobal.net

X-Country, Boys: Kenrick Sealy kendricksealy80@hotmail.com

X-Country, Girls: Kenrick Sealy kendricksealy80@hotmail.com

Field Hockey: Donna Keith

Football: Charlie Bostic charlie_bostic@fuhisd.org

Golf, Boys: Gary Yoshida

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Luis Comesana lcmoro@yahoo.com

Soccer, Girls: Graeme Logie

Softball: Steve Allemandi

Swimming, Boys: Doug Russum doug.russum@lmco.com

Swimming, Girls: Nan Fuller

Tennis, Boys: Louie Alicia

Tennis, Girls: Bruce Becker beckerfive@comcast.net

Track & Field, Boys: Kenrick Sealy kenricksealy80@hotmail.com

Track & Field, Girls: Kenrick Sealy kenricksealy80@hotmail.com

Volleyball, Boys: Matt Hoffman

Volleyball, Girls: Matt Hoffman

Water Polo, Boys: Doug Russum doug.russum@lmco.com

Water Polo, Girls: Larry Coryell

Wrestling: Rich Popejoy richardpopejoy@atandt.net

Immaculate Conception

3625 24th Street, San Francisco, 94110

415 824-2052 FAX: 415 831-4677 Athletic FAX:

Website: www.icacademy.org

League: WBAL 2009-10 Enrollment: 496 Mascot: Spartans Colors: Royal blue/white

Principal: Mrs. Lisa Graham 415 824-2052 lgraham@icacademy.org

Co-Administrator:

Athletic Director: Carolyn Sideco 415 824-2052 csideco@icacademy.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Nicole Dinas ndinas@icacademy.org

X-Country, Boys: no program

X-Country, Girls: Laura Brasfield

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: TBA

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: John Salvador solid5nakex22@hotmail.com

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Patrick Steacy

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Independence

1776 Educational Park Drive, San Jose, 95133

408 928-9500 FAX: 408 928-9515 Athletic FAX: 408 928-9620

Website: www.ih.esuhdsd.org

League: BVAL 2009-10 Enrollment: 3541 Mascot: 76ers Colors: Red/white/blue

Principal: Grettel CastroStanley 408 928-9510 castroG@esuhdsd.org

Co-Administrator: Kelly Daughterty 408 928-9513 daughtertyk@esuhdsd.org

Athletic Director: Greg Duarte 408-928-2619 duarteg@esuhdsd.org

Athletic Director: Anne Finney 408 928-9621 finneya@esuhdsd.org

Trainer:

Badminton: TBD

Baseball: Bob Leadbetter leadbetterb@esuhdsd.org

Basketball, Boys: Bill Wright wrightw@esuhdsd.org

Basketball, Girls: Steve Dobrenz dobrenzs@esuhdsd.org

X-Country, Boys: Victor Castillo castillov@esuhdsd.org

X-Country, Girls: Bill Wright wrightw@esuhdsd.org

Field Hockey: no program

Football: Norm Brown 46bloodynose@gmail.com

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Tim Barr barrt@esuhdsd.org

Soccer, Girls: Dan Perez dperez0521@sbcglobal.net

Softball: TBD

Swimming, Boys: Ben Vierra benvierra@yahoo.com

Swimming, Girls: Kristin Fific Kristin.fific@gmail.com

Tennis, Boys: John Salvador solid5nakexx22@hotmail.com

Tennis, Girls: John Salvador solid5nakexx22@hotmail.com

Track & Field, Boys: Victor Castillo castillov@esuhdsd.org

Track & Field, Girls: Bill Wright wrightw@esuhdsd.org

Volleyball, Boys: no program

Volleyball, Girls: Anne Finney finneya@esuhdsd.org

Water Polo, Boys: Ben Vierra benvierra@yahoo.com

Water Polo, Girls: Kristin Fific Kristin.fific@gmail.com

Wrestling: Jacob Palomino me010400@aol.com

Jefferson

6996 Mission Street, Daly City, 94014

650 550-7700 FAX: 650 550-7790 Athletic FAX:

Website: <http://jhs.juhdsd.k12.ca.us>

League: PAL 2009-10 Enrollment: 1175 Mascot: Indians Colors: Blue/gold

Principal: Lou Silberman LSilber@juhsd.net

Co-Administrator:

Athletic Director: Greg Alvarado 650 550-7764 galvar@juhsd.net

Athletic Director:

Trainer:

Badminton: Greg Alvarado galvar@juhsd.net

Baseball: TBD

Basketball, Boys: Nick Paras nparas@juhsd.net

Basketball, Girls: John Moore jomoore7@yahoo.com

X-Country, Boys: Steve Cavanaugh smcavanaugh@sbcglobal.net

X-Country, Girls: Steve Cavanaugh smcavanaugh@sbcglobal.net

Field Hockey: no program

Football: Issaro Poti akopoti@yahoo.com

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Julie Leon

Soccer, Girls: Luis Navarro luis318navarr@aol.com

Softball: Deanna Moreno moreno49@yahoo.com

Swimming, Boys: Steve Cavanaugh scavan@juhsd.net

Swimming, Girls: Steve Cavanaugh scavan@juhsd.net

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: Ken Holmes holmes.kenneth@gene.com

Track & Field, Girls: Pat Holmes pat.wp.homes@gmail.com

Volleyball, Boys: no program

Volleyball, Girls: Renalyn Duma reinalynd@gmail.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Jewish Com, Sch of Bay

1835 Ellis Street, San Francisco, 94115

415 345-9777 FAX: 415 345-1888 Athletic FAX:

Website: www.jchsofthebay.org

League: PSAL 2009-10 Enrollment: 173 Mascot: Wolves Colors: Blue/white

Principal: Rabbi Howard Ruben

Co-Administrator: Mallory Rome 415 345-9777 x 202 Mr@jchsofthebay.org

Athletic Director: Tim Kjar (415) 345-9777 x111 tkjar@jchsofthebay.org

Athletic Director:

Trainer: Play Safe UCSF

Badminton: no program

Baseball: Tim Kjar, Gachiel Rachelson

Basketball, Boys: Tim Kjar tkjar@jchsofthebay.org

Basketball, Girls: Leo Stern

X-Country, Boys: TBD

X-Country, Girls: TBD

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Leo Carter, Arron Pollock

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Marie Cabugos

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Kehillah Jewish

3900 Fabian Way, Palo Alto, 94303

650 213-9600 FAX: 650 213-9601 Athletic FAX:

Website: www.kehillah.org

League: PSAL 2009-10 Enrollment: 124 Mascot: Rams Colors:

Principal: Lillian Howard lhoward@kehillahhigh.org

Co-Administrator:

Athletic Director: Marty Ruiz 650 213-9600 ruizm@samtrans.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Marty Ruiz ruizm@samtrans.com

Basketball, Girls: TBA

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

King City

720 Broadway, King City, 93930

831 385-5461 FAX: 831 385-0901 Athletic FAX:

Website: www.kingcityhighschool.com

League: MTAL 2009-10 Enrollment: 997 Mascot: Mustangs Colors: Blue/white

Principal: Dan Lunt dlunt@kingcity.k12.ca.us

Co-Administrator:

Athletic Director: Ken Kline 831 385-5461 x 3254 kenkline11@hotmail.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: Chente Lopez

Basketball, Boys: Jesus Ramirez

Basketball, Girls: Adrian Trujillo coachad@sbcglobal.net

X-Country, Boys: Paul Cavanaugh

X-Country, Girls: Paul Cavanaugh

Field Hockey: no program

Football: Norm Silva

Golf, Boys: Mark Pumphrey

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Hector Mandujano

Soccer, Girls: Etelvina Balcazar

Softball: Cinda Muzylowski

Swimming, Boys: Roger Hill

Swimming, Girls: Roger Hill

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: Mike Ramirez

Track & Field, Girls: Mike Ramirez

Volleyball, Boys: no program

Volleyball, Girls: Wendi Davis

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Mike Ciccarelli xciccarellix@aol.com

The King's Academy

562 Britton Street, Sunnyvale, 94085

408 481-9900 FAX: 408 481-9932 Athletic FAX: 408 481-9080

Website: www.tka.org

League: WBAL 2009-10 Enrollment: 663 Mascot: Knights Colors: Navy/gold

Principal: Robert Kellogg 408 481-9900 bkellogg@tka.org

Co-Administrator:

Athletic Director: Vicki Linn 408 481-0158 vlinn@tka.org

Athletic Director:

Trainer: Carmen Regan

Badminton: no program

Baseball: Matt Berry

Basketball, Boys: Drew Petiti dpetiti@tka.org

Basketball, Girls: Dono Dangerfield coachdanger00@sbcglobal.net

X-Country, Boys: Matt Tomplins

X-Country, Girls: TBA

Field Hockey: no program

Football: Ron Kellner rkellner@tka.org

Golf, Boys:

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Steven Ting sting@tka.org

Soccer, Girls: Stephen Ting stephenting@tka.org

Softball: John Parks

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: TBA

Tennis, Girls: Sharon Haygen

Track & Field, Boys: William Gittens

Track & Field, Girls: William Gittens

Volleyball, Boys: Phillip Wang

Volleyball, Girls: Phillip Wang

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Dave Chae davechae@aol.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

KIPP San Jose Collegiate

1790 Educational Park Drive, San Jose, 95133

408 937-3752 FAX: 408 937-3585 Athletic FAX:

Website: www.kippbayarea.org

League: Associate Member 2009-10 Enrollment: 161 Mascot: TBD Colors: TBD

Principal: Melissa Gonzales 408 728-2688 mgonzales@kippsanjose.org

Co-Administrator:

Athletic Director: Gabrielle Johnson coolkids4@comcast.net

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: TBA

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: no program

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Kirby, Georgiana Bruce

425 Encinal Street, Santa Cruz, 95060

831 423-0658 FAX: 831 423-0679 Athletic FAX:

Website: www.kirby.org

League: MTAL 2009-10 Enrollment: 140 Mascot: Griffins Colors: Blue/silver

Principal: Josh Karter 831 423-0658 x 304 jkarter@kirby.org

Co-Administrator:

Athletic Director: Abigail Christopher 831 426-0658 X 205 achristopher@kirby.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Jerry Reed achristopher@kirby.org

Basketball, Girls: Parker Stokes

X-Country, Boys: Jerry Reed

X-Country, Girls: Jerry Reed

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: TBD

Swimming, Girls: TBD

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: Jerry Reed

Track & Field, Girls: Jerry Reed

Volleyball, Boys: no program

Volleyball, Girls: Tawnya Sargent

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Latino College Prep

14271 Story Road, San Jose, 95127

408 729-2281 FAX: 408 258-5324 Athletic FAX:

Website: <http://www.sjlcpa.org>

League: PSAL 2009-10 Enrollment: 435 Mascot: Golden Eagles Colors: Black/white/gold

Principal: A. Fuentes afuentes@nhu.edu

Co-Administrator:

Athletic Director: Primo Ramos (408) 729-2281 primo@primoroyal.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: TBA

Basketball, Girls: no program

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: Primo Ramos primo@primoroyal.com

Softball: Roberto Cruz II

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Leadership

1881 Cunningham Avenue, San Jose, 95112

408 937-2701 FAX: 408 937-2705 Athletic FAX:

Website: <http://www.lpsanjos.org>

League: Associate Member 2009-10 Enrollment: 329 Mascot: Phoenix Colors:

Principal: Larry Vilaubi lvilaubi@leadps.org

Co-Administrator: T. Rivers trivers@leadps.org

Athletic Director: Daniel Poo 408 937-2701 dpoo@leadps.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: TBA

Basketball, Girls: TBA

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: TBA

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: TBA

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Leigh

5210 Leigh Avenue, San Jose, 95124

408 626-3405 FAX: 408 265-7525 Athletic FAX:

Website: www.leigh.cuhsd.org

League: BVAL 2009-10 Enrollment: 1722 Mascot: Longhorns Colors: Green/gold/white

Principal: Donna Hope 408 626-3405 dhope@cuhsd.org

Co-Administrator:

Athletic Director: Chris Perry 408 626-3405 cperry@cuhsd.org

Athletic Director:

Trainer: Soburo Hagihara

Badminton: Kevin Yamaguichi mtguchi154@yahoo.com

Baseball: Chris Perry cperry@cuhsd.org

Basketball, Boys: Patrick Judge PatrickJ@passportunlimited.com

Basketball, Girls: Pam Zielazowski pzielazowski@cuhsd.org

X-Country, Boys: Mike White mwhite@cuhsd.org

X-Country, Girls: Mike White mwhite@cuhsd.org

Field Hockey: Karin Mirassou kmirasso@cuhsd.org

Football: Shawn Thomas footballthomas@sbcglobal.net

Golf, Boys: Jim Hohenshelt jim_hohenshelt@yahoo.com

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Matt Schembri hattrickeoer04@aol.com

Soccer, Girls: Angie Larsen angielarsen@csufresno.edu

Softball: Clovis Mirassou clovv@aol.com

Swimming, Boys: Ben Bethune bbethune@cuhsd.org

Swimming, Girls: Ben Bethune bbethune@cuhsd.org

Tennis, Boys: Brent Hermsmeier bhermsmeier@yahoo.com

Tennis, Girls: Pam Zielazowski pzielazowski@cuhsd.org

Track & Field, Boys: Scott Evans scott@heritagetrack.com

Track & Field, Girls: Anita Bolton juanice@heritagetrack.com

Volleyball, Boys: Rob Karr robwkarr@earthlink.net

Volleyball, Girls: Matthew Largo mlargo20@gmail.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Mark Barello mlborello@comcast.net

Leland

6677 Camden Avenue, San Jose, 95120

408 535-6290 FAX: 408 927-6448 Athletic FAX:

Website: www.lelandhigh.org

League: BVAL 2009-10 Enrollment: 1851 Mascot: Chargers Colors: Lt Blue/gold/navy

Principal: Liz Chamberlin liz_chamberlin@sjusd.org

Co-Administrator:

Athletic Director: Pam Headley 408 535-6290 pam_headley@sjusd.org

Athletic Director:

Trainer: Taryn Gambelig

Badminton: Tran Nguyen tnguyen31@yahoo.com

Baseball: Mike Sparrer michael_sparrer@sjusd.org

Basketball, Boys: Steve Seandel steveseandel@yahoo.com

Basketball, Girls: Rodney Tabaras coachtabaras@yahoo.com

X-Country, Boys: Jerry Rose jerry_rose@sjusd.org

X-Country, Girls: Jerry Rose jerry_rose@sjusd.org

Field Hockey: Nicole Hurley nhurley4@gmail.com

Football: Mike Carozzo lelandfootball@aol.com

Golf, Boys: Mark Schwab mark_schwab@sjusd.org

Golf, Girls: Michelle Walsh

Gymnastics: no program

Lacrosse, Boys: Jonathan Flowers jef_27@hotmail.com

Lacrosse, Girls: Nicole Marris nlmarris@gmail.com

Soccer, Boys: Dan Minutillo minu@flash.net

Soccer, Girls: Jodi Washington gnugirl05@yahoo.com

Softball: Joe Gron mria4@yahoo.com

Swimming, Boys: Mike Monsees mike_monsees@sjusd.org

Swimming, Girls: Eric Rise eric_rise@sjusd.org

Tennis, Boys: TBA

Tennis, Girls: Pam Headley pam_headley@sjusd.org

Track & Field, Boys: Jerry Rose jerry_rose@sjusd.org

Track & Field, Girls: Jerry Rose jerry_rose@sjusd.org

Volleyball, Boys: Jason Hilbert jason_hilbert@sjusd.org

Volleyball, Girls: Chris Hansen chris_hansen@sjusd.org

Water Polo, Boys: Mike Monsees mike_monsees@sjusd.org

Water Polo, Girls: Eric Rise eric_rise@sjusd.org

Wrestling: Geoff Wellington geoff4083@aol.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Liberty Baptist

2790 South King Road, San Jose, 95122

408 274-5613 FAX: 408 274-1363 Athletic FAX:

Website: www.libertybaptist.org

League: PSAL 2009-10 Enrollment: 65 Mascot: Eagles Colors: Red/black/white

Principal: Russel Barnes rbarnes@libertybaptist.org

Co-Administrator:

Athletic Director: Steve Barnes 408 274-5613 sbarnes@libertybaptist.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Steve Barnes

Basketball, Girls: Cathryn Romo

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: Amy Smith

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: Lloyd Read

Volleyball, Girls: Lloyd Read

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

Lick

57 N. White Road, San Jose, 95127

408 347-4400 FAX: 408 347-4515 Athletic FAX: 408 347-4520

Website: <http://jl.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 1249 Mascot: Comets Colors: Green/white

Principal: Glenn VanderZee 408 347-4400 vanderzeeg@esuhsd.org

Co-Administrator: Richard Esparza 408 347-4400 esparzar@esuhsd.org

Athletic Director: Ray Jimenez 408 347-4400 jimenezr@esuhsd.org

Athletic Director: David Rosas 408 347-4400 rosasd@esuhsd.org

Trainer:

Badminton: Tri Huyhn mrincredibletri@gmail.com

Baseball: Jose Gonzalez gonzaelzj@esuhsd.org

Basketball, Boys: Ron Staden rtokerstaden@sbcglobal.net

Basketball, Girls: David Rosas rosasd@esuhsd.org

X-Country, Boys: David Porter porterd@esuhsd.org

X-Country, Girls: David Porter porterd@esuhsd.org

Field Hockey: no program

Football: Shawn Lewis bobbishawnlewis@sbcglobal.net

Golf, Boys: Ray Jimenez jimenezr@esuhsd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Ray Iniguez iniguezr@esuhsd.org

Soccer, Girls: Al Pacheco

Softball: Frank Pozo fposo2@yahoo.com

Swimming, Boys: Mike Ghali ghalim@esuhsd.org

Swimming, Girls: Stefanie Blanco blancos@esuhsd.org

Tennis, Boys: no program

Tennis, Girls: Jessica Jackson

Track & Field, Boys: Tommy West tommywest5@yahoo.com

Track & Field, Girls: Matt Allen frost-e408@sbcglobal.net

Volleyball, Boys: Kira Allen allenk@esuhsd.org

Volleyball, Girls: Jose Gonzalez gonzaelzj@esuhsd.org

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Ray Jimenez jimenezr@esuhsd.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Lincoln

555 Dana Avenue, San Jose, 95126
408 535-6300 FAX: 408 535-2352 Athletic FAX: 408 292-0875
Website: <http://www.sjUSD.org/school/lincoln>
League: BVAL 2009-10 Enrollment: 1701 Mascot: Lions Colors: Navy blue/gold
Principal: Jackie Zeller 4087 535-6306 jackie_zeller@sjUSD.org
Co-Administrator:
Athletic Director: Kevin Collins 408 535-6300 kevin_collins@sjUSD.org
Athletic Director:
Trainer: MORE Clinic
Badminton: Angela Lyte-Crowther
Baseball: Stuart Piraro
Basketball, Boys: Joe Mentillo j.mentillo@att.net
Basketball, Girls: Keith Crowther crowlyte2@yahoo.com
X-Country, Boys: Carlos Robledo
X-Country, Girls: Carlos Robledo
Field Hockey: no program
Football: Kevin Collins kevin_collins@sjUSD.org
Golf, Boys: Adrian Phillips
Golf, Girls: Angela Lyte-Crowther
Gymnastics: Angela Lyte-Crowther
Lacrosse, Boys: no program
Lacrosse, Girls: no program
Soccer, Boys: Jeff Jenkins saprissafc@gmail.com
Soccer, Girls: Aurelio Amezcua aamezcua4@yahoo.com
Softball: Hank Wallace
Swimming, Boys: Rashada Thomas
Swimming, Girls: Monica Eeg
Tennis, Boys: no program
Tennis, Girls: Liz Westergren
Track & Field, Boys: Kevin Collins
Track & Field, Girls: Carlos Robledo
Volleyball, Boys: Hanah Kim
Volleyball, Girls: Hanah Kim
Water Polo, Boys: Crhis Rayment
Water Polo, Girls: Mitch Mikklesen
Wrestling : Russell Lopez theperz40@yahoo.com

Live Oak

1505 E. Main Street, Morgan Hill, 95037
408 201-6100 FAX: 408 776-9097 Athletic FAX:
Website: <http://liveoakhs.ca.campusgrid.net>
League: BVAL 2009-10 Enrollment: 1279 Mascot: Acorns Colors: Green/gold
Principal: Nick Boden nick.boden@mhu.k12.ca.us
Co-Administrator:
Athletic Director: Mark Cummins 408 201-6140 mcummins17@yahoo.com
Athletic Director:
Trainer:
Badminton: Bharat Poria bharat@yahoo.com
Baseball: Mark Cummins mcummins17@yahoo.com
Basketball, Boys: Brett Paolucci brett.paolucci@mhu.k12.ca.us
Basketball, Girls: Jeff Perkins Jeffrey.perkins@svnb.com
X-Country, Boys: Tom Sumpter tdsump@yahoo.com
X-Country, Girls: Tom Sumpter tdsump@yahoo.com
Field Hockey: Gina Sanders gsander03@gmail.com
Football: Jon Michael Porras jon.porras@yahoo.com
Golf, Boys: Tom Sumpter tdsump@yahoo.com
Golf, Girls: Mike Rubino loband@garlic.com
Gymnastics: no program
Lacrosse, Boys: no program
Lacrosse, Girls: no program
Soccer, Boys: Tony Goble tonyanddanna@verizon.net
Soccer, Girls: Tony Vasquez vasquez20@hotmail.com
Softball: Alex Sutton sutton3gobears@yahoo.com
Swimming, Boys: Mack Haines mthaines@charter.net
Swimming, Girls: Lynn Gautschi lynn68and72@gmail.com
Tennis, Boys: Brad Leach bradleach@earthlink.com
Tennis, Girls: Ken Marques kenmarques@yahoo.com
Track & Field, Boys: Jon Michael Porras jon.porras@aho..com
Track & Field, Girls: Mike Sullivan sully02@yahoo.com
Volleyball, Boys: no program
Volleyball, Girls: Laura Coleman laura@courtneyfinancial.com
Water Polo, Boys: Mack Haines mthaines@charter.net
Water Polo, Girls: Lynn Gautschi lynn68and72@gmail.com
Wrestling : Robert Fernandez robert@stgmachine.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Los Altos

201 Almond Avenue, Los Altos, 94022

650 960-8812 FAX: 650 948-8672 Athletic FAX: 650 947-9675

Website: www.la.mvla.net

League: SCVAL 2009-10 Enrollment: 1663 Mascot: Eagles Colors: Blue/grey/white

Principal: Wynne Satterwhite wynne.satterwhite@mvla.net

Co-Administrator: Ralph Cave ralph.cave@mvla.net

Athletic Director: Kim Cave 650 960-8857 kim.cave@mvla.net

Athletic Director:

Trainer: MG Pogue

Badminton: Stefaan Lodge

Baseball: Sandy Withol

Basketball, Boys: James Reilly coachreilly@gmail.com

Basketball, Girls: Keith Mims keith.mims@mvla.net

X-Country, Boys: Patti Sue Plummer psplummer@aol.com

X-Country, Girls: Patti Sue Plummer psplummer@aol.com

Field Hockey: Mary Donahue mary@i2ii.com

Football: Bill Waggoner

Golf, Boys: David Blasquez

Golf, Girls: no program

Gymnastics: Lina Slack lslack@sbcglobal.net

Lacrosse, Boys: Greg Mengis gmengo@yahoo.com

Lacrosse, Girls: no program

Soccer, Boys: Vava Marquez vavamarques@netscape.net

Soccer, Girls: Erin Montoya erinkm10@hotmail.com

Softball: Mike Patterson

Swimming, Boys: Cindy McColl

Swimming, Girls: Greg Ely

Tennis, Boys: Coung Doung

Tennis, Girls: Hung Nguyen h2nguyen1021@comcast.net

Track & Field, Boys: Gerri Baldwin gerrib@sbcglobal.net

Track & Field, Girls: Patti Sue Plummer psplummer@aol.com

Volleyball, Boys: no program

Volleyball, Girls: Jason Kennedy

Water Polo, Boys: Ed Samuels

Water Polo, Girls: Brian Whitlock

Wrestling: Randy Jimenez hawaiianstyle692001@yahoo.com

Los Gatos

20 High School Court, Los Gatos, 95030

408 354-2730 FAX: 408 354-3742 Athletic FAX:

Website: www.lghs.net

League: SCVAL 2009-10 Enrollment: 1754 Mascot: Wildcats Colors: Orange/black

Principal: Markus Autrey 408 354-2730 ext 272 mautrey@lgsuhsd.org

Co-Administrator: Scott Downs 408 354-2730 ext 213 sdowns@lgsuhsd.org

Athletic Director: Jim Marino 408 354-2730 ex 269 jmarino@lgsuhsd.org

Athletic Director: Ken Perrotti 408.354.2730 ex 370 kperrotti@lgsuhsd.org

Trainer: Greg Payne

Badminton: Nancy Walker

Baseball: Mike Denevi

Basketball, Boys: Sean Cummings coachcummings@lghs.net

Basketball, Girls: Xavier Cook xlc68@yahoo.com

X-Country, Boys: Steve Sherer stevesherer1@gmail.com

X-Country, Girls: Steve Sherer stevesherer1@gmail.com

Field Hockey: Henry Reyes

Football: Butch Cattolico bbcatt@lghs.net

Golf, Boys: Jim Marino

Golf, Girls: Jim Marino

Gymnastics: no program

Lacrosse, Boys: Heath Clark hclark@lgsuhsd.org

Lacrosse, Girls: Megan Steck megan.steck@gmail.com

Soccer, Boys: Rusty Millard rmillard25@yahoo.com

Soccer, Girls: Jan Eric Nordino janeric@offthe_wallsoccer.com

Softball: Al Pezino

Swimming, Boys: Kurt Kroesche

Swimming, Girls: Kurt Kroesche

Tennis, Boys: Todd Dissly Tdizz@lgt.net

Tennis, Girls: Todd Dissly Tdizz@lgt.net

Track & Field, Boys: Kirk Mansfield captaink1@earthlink.net

Track & Field, Girls: Kirk Mansfield captaink1@earthlink.net

Volleyball, Boys: Zeph Zinsman

Volleyball, Girls: Dan Hoefer lgbvball@gmail.com

Water Polo, Boys: Don Appleton

Water Polo, Girls: Don Appleton Appleton_d@yahoo.com

Wrestling: Ken Perrotti kperrotti@lgsuhsd.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Lynbrook

1280 Johnson Avenue, San Jose, 95129

408 366-7700 FAX: 408 257-0551 Athletic FAX:

Website: <http://www.lhs.fuhsd.org>

League: SCVAL 2009-10 Enrollment: 1837 Mascot: Vikings Colors: Red/white/blue

Principal: Gail Davidson 408 366-7701 gail_davidson@fuhsd.org

Co-Administrator:

Athletic Director: Ray Wright 408 366-7728 ray_wright@fuhsd.org

Athletic Director: Linda Nichols 408 366-7735 linda_nichols@fuhsd.org

Trainer: Lauren Dykema

Badminton: Karen Christensen

Baseball: Ken Wallis kenwallis@aol.com

Basketball, Boys: Tim Kenworthy tim_kenworthy@fuhsd.org

Basketball, Girls: Jeremy Kitchen coachkitchen@gmail.com

X-Country, Boys: Hank Lawson hanklaw@ix.netcom.com

X-Country, Girls: Hank Lawson hanklaw@ix.netcom.com

Field Hockey: Kiernan Raffo kiernan_raffo@fuhsd.org

Football: Ray Wright ray_wright@fuhsd.org

Golf, Boys: Art Zimmermann coachzim@sbcglobal.net

Golf, Girls: Art Zimmermann, Linda Nichols coachzim@sbcglobal.net

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Joe Simas jsimas07@hotmail.com

Soccer, Girls: Art Zimmermann coachzim@sbcglobal.net

Softball: Stacy Benzing StangGT68@comcast.net

Swimming, Boys: Jerome Chung jerome_chung@fuhsd.org

Swimming, Girls: Patrick Ellington patrick_ellington@fuhsd.org

Tennis, Boys: Albert Poon apoon2088@hotmail.com

Tennis, Girls: Albert Poon apoon2088@hotmail.com

Track & Field, Boys: Ray Wright ray_wright@fuhsd.org

Track & Field, Girls: Ray Wright ray_wright@fuhsd.org

Volleyball, Boys: Peter Kim revmoon@comcast.net

Volleyball, Girls: Bill Fowler

Water Polo, Boys: Jerome Chung jerome_chung@fuhsd.org

Water Polo, Girls: Scott Blake nordicwaterpolo@yahoo.com

Wrestling: Alan Vinciguerra yovince@hotmail.com

Marina

298 Patton Parkway, Marina, 93933

831 583-2060 FAX: 831 583-3075 Athletic FAX:

Website: <http://www.mpusd.k12.ca.us/marinahighschool>

League: MTAL 2009-10 Enrollment: 489 Mascot: Colors:

Principal: John Schilling jschilling@mpusd.k12.ca.us

Co-Administrator:

Athletic Director: Carson Padon 831 583-2060 cpadon@mpusd.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: Carson Padon cpadon@mpusd.k12.ca.us

Basketball, Girls: TBA

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: TBA (8-man)

Golf, Boys: TBA

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: TBA

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Menlo School

50 Valparaiso Avenue, Atherton, 94027

650 330-2000 FAX: 650 330-2005 Athletic FAX:

Website: www.menloschool.org

League: WBAL 2009-10 Enrollment: 571 Mascot: Knights Colors: Blue/gold

Principal: Tony Lapolla 650 330-2001 x2323 tlapolla@menloschool.org

Co-Administrator:

Athletic Director: Craig Schoof 650 330-2001 x2346 cschoof@menloschool.org

Athletic Director: Buffie Ward 650 330-2001 x2282 buffie.ward@menloschool.org

Trainer: Jon Cohen

Badminton: no program

Baseball: Craig Schoof cschoof@menloschool.org

Basketball, Boys: Kris Weems kris.weems@menloschool.org

Basketball, Girls: John Paye jpaye@payesplace.com

X-Country, Boys: Donoson Fitzgerald

X-Country, Girls: Donoson Fitzgerald

Field Hockey: no program

Football: Mark Newton mnewton@menloschool.org

Golf, Boys: TBA

Golf, Girls: Ron Driscoll

Gymnastics: no program

Lacrosse, Boys: Todd Blumbers hyperside1@yahoo.com

Lacrosse, Girls: Jen Lee jlee@menloschool.org

Soccer, Boys: Mark Arya heyarya@yahoo.com

Soccer, Girls: Donoson Fitzgerald donoson1977@yahoo.com

Softball: Kathy McAdams

Swimming, Boys: Carla Pugliese

Swimming, Girls: Carla Pugliese

Tennis, Boys: Bill Shine billshine@midspring.com

Tennis, Girls: Bill Shine billshine@midspring.com

Track & Field, Boys: Donoson Fitzgerald

Track & Field, Girls: Donoson Fitzgerald

Volleyball, Boys: no program

Volleyball, Girls: Chris Crader crader@stanford.edu

Water Polo, Boys: Jack Bowen jbowen311@yahoo.com

Water Polo, Girls: Sean Nolan granolan@aol.com

Wrestling : Mike McAdams mnkmcadams@yahoo.com

Menlo-Atherton

555 Middlefield Road, Atherton, 94027

650 322-5311 FAX: 650 306-8836/650 306-1724 Athletic FAX: 650 306-1721

Website: www.mabears.org

League: PAL 2009-10 Enrollment: 1978 Mascot: Bears Colors: Maroon/gold

Principal: Matthew Zito 650 322-5311 x5110 mzito@seq.org

Co-Administrator: Judy Duran 650 322-5311 x5130 jduran@seq.org

Athletic Director: Pam Wimberly 650 322-5311 x 5706 pwimberl@seq.org

Athletic Director: Mary Podesta 650 322-5311 x5708 mpodesta@seq.org

Trainer: Breanna Brewton

Badminton: Mary Podesta mpodesta@seq.org

Baseball: Mike Amoroso mamoroso@seq.org

Basketball, Boys: Phil White pwhite3431@yahoo.com

Basketball, Girls: Pam Wimberly pwimberl@seq.org

X-Country, Boys: Eric Wilmurt ewilmurt@seq.org

X-Country, Girls: Eric Wilmurt ewilmurt@seq.org

Field Hockey: no program

Football: Tony Rosso tonyrosso@yahoo.com

Golf, Boys: Buff Giurlani buffg@jps.net

Golf, Girls: Jim Hahenshelt jim_hohenshelt@yahoo.com

Gymnastics: no program

Lacrosse, Boys: John Solano johnsolano@sbcglobal.net

Lacrosse, Girls: Roger Mendez Roger_mendez@yahoo.com

Soccer, Boys: Jacob Pickard jpickardsoccer@yahoo.com

Soccer, Girls: Paul Snow psnow@seq.org

Softball: Rick Vujovich rickvujovich@yahoo.com

Swimming, Boys: Tom McRae solotom@yahoo.com

Swimming, Girls: Tom McRae solotom@yahoo.com

Tennis, Boys: Tom Sorenson rsorenson2@aol.com

Tennis, Girls: Tom Sorenson rsorenson2@aol.com

Track & Field, Boys: Eric Stuart coachericstuart@gmail.com

Track & Field, Girls: Eric Stuart coachericstuart@gmail.com

Volleyball, Boys: no program

Volleyball, Girls: Jennifer Wilson jrwilson9@gmail.com

Water Polo, Boys: Johnny Bega jmbega@gmail.com

Water Polo, Girls: Chris Rubin crubin@seq.org

Wrestling : Peter Wright coach-wright@m-awrestling.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Mercy, Burlingame

2750 Adeline, Burlingame, 94010

650 343-3631 FAX: 650 343-2316 Athletic FAX:

Website: www.mercyhsb.com

League: WBAL 2009-10 Enrollment: 990 Mascot: Crusaders Colors: Blue/white

Principal: Laura Held 650 762-1100 lheld@mercyhsb.com

Co-Administrator: Lisa Tortorich 650 762-1112 ltortorich@mercyhsb.com

Athletic Director: Meave Fallon Ward 650 762-1107 mfallon@mercyhsb.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Gary Plummer

X-Country, Boys: no program

X-Country, Girls: Michael Garcia

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: Caroline Dahlberg

Gymnastics: Bill Strom bill@gymtowne.com

Lacrosse, Boys: no program

Lacrosse, Girls: John Lyons seelyons@sbcglobal.net

Soccer, Boys: no program

Soccer, Girls: Lawrence Rustia

Softball: Jim Henderson

Swimming, Boys: no program

Swimming, Girls: Carolone Dahlberg

Tennis, Boys: no program

Tennis, Girls: Jerry Kuehn

Track & Field, Boys: no program

Track & Field, Girls: Michael Garcia mgarcia@mercyhsb.com

Volleyball, Boys: no program

Volleyball, Girls: Kevin Gilmore

Water Polo, Boys: no program

Water Polo, Girls: Natalie Cingliano miss.cirigliano@gmail.com

Wrestling : no program

Mercy, SF

3250 19th Avenue, San Francisco, 94132

415 334-0525 FAX: 415 334-9726 Athletic FAX:

Website: www.mercyhs.org

League: WBAL 2009-10 Enrollment: 1002 Mascot: Skippers Colors: Red/white

Principal: Dotty McCrea dmccrea@mercyhs.org

Co-Administrator:

Athletic Director: Debbie Mathews 415 334-0525 X 217 dmathews@mercyhs.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Michael Gutierrez stilljazzy@sbcglobal.net

X-Country, Boys: no program

X-Country, Girls: Craig Benson

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: Marcos Estebez

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: Harry Leung

Tennis, Boys: no program

Tennis, Girls: Joel Nicolas

Track & Field, Boys: no program

Track & Field, Girls: Craig Benson

Volleyball, Boys: no program

Volleyball, Girls: Locke Chin Lockechin@sbcglobal.net

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Mid Peninsula

1340 Willow Road, Menlo Park, 94025

650 321-1991 FAX: 650 321-9921 Athletic FAX:

Website: www.midpen.com

League: PSAL 2009-10 Enrollment: 121 Mascot: Dragons Colors: Burgandy/gray

Principal: Doug Thompson doug@midpen.com

Co-Administrator:

Athletic Director: Kurt Lange 650 321-1991 x105 kurt@midpen.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: Frank Gage

Basketball, Boys: Curtis Haggins curis@mid-pen.com

Basketball, Girls: Curtis Haggins curis@mid-pen.com

X-Country, Boys: Kurt Lange kurt@midpen.com

X-Country, Girls: Kurt Lange kurt@midpen.com

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: George Mihalyi/Bryce Lloyed

Soccer, Girls: no program

Softball: Kurt Lange kurt@midpen.com

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: TBA

Volleyball, Girls: Mat Salter/Juliana Hernandez

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Mills

400 Murchinson Drive, Millbrae, 94030

650 558-2501 FAX: 650 558-2552 Athletic FAX:

Website: www.mhsvikings.com

League: PAL 2009-10 Enrollment: 1477 Mascot: Vikings Colors: Scarlet/gold

Principal: Paul Belzer 650 558-2500 pbelzer@smuhsd.org

Co-Administrator: Linda Kitano 650 558-2504 lkitano@smuhsd.org

Athletic Director: Tim Keller 650 558-2535 tkeller@smuhsd.org

Athletic Director:

Trainer: Sheldon Luz

Badminton: Caroline Tiziani ctiziani@smuhsd.org

Baseball: Tony Adornetto nads9qb@aol.com

Basketball, Boys: Rick Hanson 8MJH12@sbcglobal.net

Basketball, Girls: Dave Matsu dave@marshallrealty.com

X-Country, Boys: Mary Tuff mtuff@gmail.com

X-Country, Girls: Mary Tuff mtuff@gmail.com

Field Hockey: no program

Football: Packy Moss packy6@sbcglobal.net

Golf, Boys: Erick Anderson eanderson@smuhsd.org

Golf, Girls: Bob Williams bwilliams@smuhsd.org

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Timothy Keller tkeller@smuhsd.org

Soccer, Girls: Caroline Tiziani ctiziani@smuhsd.org

Softball: Denise Fabris dfabris@bsd.k12.ca.us

Swimming, Boys: Melissa Wagner mwagner@smuhsd.org

Swimming, Girls: Melissa Wagner mwagner@smuhsd.org

Tennis, Boys: Scott Selig scottselig@gmail.com

Tennis, Girls: Scott Selig scottselig@gmail.com

Track & Field, Boys: Packy Moss packy6@sbcglobal.net

Track & Field, Girls: Packy Moss packy6@sbcglobal.net

Volleyball, Boys: no program

Volleyball, Girls: Polly Wiard pwiard@smuhsd.org

Water Polo, Boys: Oliver Abramson biggreenman45@comcast.net

Water Polo, Girls: Erick Anderson eanderson@smuhsd.org

Wrestling : Alex Bunzel big54bunz@netscape.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Milpitas

1285 Escuela Parkway, Milpitas, 95035

408 635-2800 FAX: 408 635-2846 Athletic FAX: 408 635-2846

Website: www.milpitasathletics.com

League: SCVAL 2009-10 Enrollment: 2926 Mascot: Trojans Colors: Navy/gold

Principal: Kenneth Schlaff kschlaff@musd.org

Co-Administrator:

Athletic Director: Jeff Lamb 408 635-2800 ex 4150 jlamb@musd.org

Athletic Director:

Trainer:

Badminton: Jonathan Huynh jonafuxu@yahoo.com

Baseball: Chuy Zamudio jzamudio@musd.org

Basketball, Boys: Champ Wrencher cwrench@musd.org

Basketball, Girls: Tamia Brown tbrown@gmail.com

X-Country, Boys: Bridget Hall bhall@musd.org

X-Country, Girls: Bridget Hall bhall@musd.org

Field Hockey: no program

Football: Kelly King kking@musd.org

Golf, Boys: Nate Dixon ndixon@musd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Bill Leffler lefc01@aol.com

Soccer, Girls: Michael Tomlin mtomlin@musd.org

Softball: Joanna Butcher jbutcher@musd.org

Swimming, Boys: Rocky Pagan rpagan@mail.fremont.k12.ca.us

Swimming, Girls: Rocky Pagan rpagan@mail.fremont.k12.ca.us

Tennis, Boys: Bill Conley wconley@musd.org

Tennis, Girls: Doug Pham donghsv1966@yahoo.com

Track & Field, Boys: Paul Abbott pa2019@aol.com

Track & Field, Girls: Bridget Hall bhall@musd.org

Volleyball, Boys: no program

Volleyball, Girls: Jeff Lamb jlamb@musd.org

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Kent Mitchell kmitchel@musd.org

Monta Vista

21840 McClellan Road, Cupertino, 95014

408 366-7600 FAX: 408 252-1519 Athletic FAX:

Website: www.mvhs.fuhisd.org

League: SCVAL 2009-10 Enrollment: 2450 Mascot: Matadors Colors: Purple/gold/white

Principal: April Scott 408 366-7602 april_scott@fuhisd.org

Co-Administrator: Michael Hicks 408 366-7607 michael_hicks@fuhisd.org

Athletic Director: Ron Freeman 408 366-7629 Ron_freeman@fuhisd.org

Athletic Director: Jeff Mueller 408 366-7600 ext 8883 jeff_mueller@fuhisd.org

Trainer: jessica Little

Badminton: Charley Situ

Baseball: Biran Sullivan

Basketball, Boys: Matt Tait coachtait@gmail.com

Basketball, Girls: Sara Borelli sara_borelli@fuhisd.org

X-Country, Boys: Jeff Payne jeff-payne@fuhisd.org

X-Country, Girls: Julie Sullivan

Field Hockey: Denise Eachus

Football: Jeff Mueller jeff_mueller@fuhisd.org

Golf, Boys: Jeff Thomas

Golf, Girls: no program

Gymnastics: TBA

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Mia Onodera

Soccer, Girls: Alan Kute alan.kute@goaaa.com

Softball: Ray Texiera

Swimming, Boys: Ron Freeman Ron_freeman@fuhisd.org

Swimming, Girls: Don Vierra

Tennis, Boys: Burce Becker

Tennis, Girls: Gene Fortino gfor438949@aol.com

Track & Field, Boys: Jeff Payne Jeff_payne@fuhisd.org

Track & Field, Girls: Jeff Payne Jeff_payne@fuhisd.org

Volleyball, Boys: Jason McDonald

Volleyball, Girls: Colin Anderson colin_anderson@fuhisd.org

Water Polo, Boys: Ron Freeman Ron_freeman@fuhisd.org

Water Polo, Girls: Don Vierra don_vierra@fuhisd.org

Wrestling: Nolan Verga nolverga@gamil.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Monte Vista Christian

2 School Way, Watsonville, 95076

831 722-8178 FAX: 831 722-6003 Athletic FAX:

Website: www.mvcs.org

League: MBL 2009-10 Enrollment: 589 Mascot: Mustangs Colors: Royal blue/white

Principal: Steve Miles stevemiles@mvcs.org

Co-Administrator: Patty Gillig PatriciaGillig@mvcs.org

Athletic Director: David Reese 831 722-8178 x 141 davidreese@mvcs.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: Don Keithley

Basketball, Boys: Dan Mooney danielmooney@mvcs.org

Basketball, Girls: Jennifer Keithley jenniferkeathley@mvcs.org

X-Country, Boys: Linda Mulliner

X-Country, Girls: Linda Mulliner

Field Hockey: no program

Football: David Reese davidreese@mvcs.org

Golf, Boys: Peter Galea

Golf, Girls: Peter Galea

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Mike Rivas

Soccer, Girls: Amy Rivas

Softball: Mark Treanor

Swimming, Boys: Brooke Lynch

Swimming, Girls: Brooke Lynch

Tennis, Boys: Steve Striffler

Tennis, Girls: Steve Striffler

Track & Field, Boys: Lonzo Caves

Track & Field, Girls: Lonzo Caves

Volleyball, Boys: no program

Volleyball, Girls: Veronica Cortese

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Brendan Lathen thekrestrelgroup@gmail.com

Monterey

101 Hermann Drive, Monterey, 93940

831 392-3801 FAX: 831 649-8162 Athletic FAX: 831 649-5149

Website: <http://www.mpusd.k12.ca.us/montereyhighschool>

League: MBL 2009-10 Enrollment: 1307 Mascot: Toreadores Colors: Green/gold

Principal: William Crockett wcrockett@mpusd.k12.ca.us

Co-Administrator: Matthew Arnold marnold@mpusd.k12.ca.us

Athletic Director: Ken Esaki 831 392-3865 kesaki@mpusd.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: Michael Groves

Basketball, Boys: Gregory Daniels gregorydaniels7@yahoo.com

Basketball, Girls: Tom Dooner tdooner@mpusd.k12.ca.us

X-Country, Boys: Steve Gruman

X-Country, Girls: Steve Gruman

Field Hockey: Rosana McCormich

Football: Tom Newton

Golf, Boys: Ron Bettencourt

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Carlos Volpini

Soccer, Girls: Tu'u Seu'a'netasi

Softball: TBA

Swimming, Boys: Rich Deal

Swimming, Girls: Dezi Pettas

Tennis, Boys: Alan Tefler

Tennis, Girls: Alan Tefler

Track & Field, Boys: Steve Gruman

Track & Field, Girls: Steve Gruman

Volleyball, Boys: Israal Ricardez

Volleyball, Girls: Israal Ricardez

Water Polo, Boys: Rich Deal

Water Polo, Girls: Ken Esaki

Wrestling : Roberto Dixon dixwrest@aol.com

Monterey Bay Academy

783 San Andreas Road, LaSelva Beach, 95076

831 728-1481 FAX: 831 728-1485 Athletic FAX:

Website: www.montereybayacademy.org

League: Associate Member 2009-10 Enrollment: 210 Mascot: Cypress Colors: Royal/white

Principal: Tim Kubrock principal@montereybayacademy.org

Co-Administrator:

Athletic Director: Bryant Worth 831 728-1481 x 1371 athletics@montereybayacademy.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: TBA

Basketball, Girls: TBA

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

More, Thomas

1565 S. White Road, San Jose, 95127

408 258-6888 FAX: 408 258-6630 Athletic FAX:

Website: www.thomasmoreschool.org

League: PSAL 2009-10 Enrollment: 56 Mascot: Knights Colors:

Principal: Dell Selway tdselway@thomasmoreschool.org

Co-Administrator:

Athletic Director: John DeTar 408 258-6888 athletics@thomasmoreschool.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: Matt Selway

Basketball, Boys: John Vogel

Basketball, Girls: no program

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: John DeTar johnwdetar@yahoo.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Mountain View

3535 Truman Avenue, Mountain View, 94040

650 940-4600 FAX: 650 691-2490 Athletic FAX:

Website: <http://www.mvla.net/mvhs>

League: SCVAL 2009-10 Enrollment: 1830 Mascot: Spartans Colors: Black/gold

Principal: Keith Moody keith.moody@mvla.net

Co-Administrator:

Athletic Director: Dan Navarro 650 940-4631 Dan.Navarro@mvla.net

Athletic Director:

Trainer: Brien Arakaki brien.arakaki@mvla.net

Badminton: Wai Lam

Baseball: Gabriel Stewart gabriel.stewart@mvla.net

Basketball, Boys: Rob Friedrich robert.friedrich@mvla.net

Basketball, Girls: Judy Auclair jyauclair@aol.com

X-Country, Boys: Evan Smith evansmith2020@yahoo.com

X-Country, Girls: Evan Smith evansmith2020@yahoo.com

Field Hockey: no program

Football: Dan Navarro dan.navarro@mvla.net

Golf, Boys: Steve Miyano steve.miyano@mvla.net

Golf, Girls: no program

Gymnastics: Lina Slack lslack@sbcglobal.net

Lacrosse, Boys: Joseph Juter joejuter@yahoo.com

Lacrosse, Girls: no program

Soccer, Boys: Jim McGuirk Jim.mcguirk@mvla.net

Soccer, Girls: Simon Cook simonwcook@gmail.com

Softball: David Campbell David.campbell@mvla.net

Swimming, Boys: TBA

Swimming, Girls: Don Appleton appleton_d@yahoo.com

Tennis, Boys: Frank Smyth fsmyth@aol.com

Tennis, Girls: Frank Smyth fsmyth@aol.com

Track & Field, Boys: Steve Kemp borntowin500@yahoo.com

Track & Field, Girls: Steve Kemp borntowin500@yahoo.com

Volleyball, Boys: Jason Trip jasont@gmail.com

Volleyball, Girls: Jason Trip jasont@gmail.com

Water Polo, Boys: Rafael Alaponte rlalapont@gmail.com

Water Polo, Girls: Alisa Burmeister alisa.burmeister@mvla.net

Wrestling : no program

Mountain View Academy

360 S. Shoreline Blvd, Mountain View, 94041

650 967-2324 FAX: 650 967-6886 Athletic FAX:

Website: <http://www.mtnviewacademy.org>

League: PSAL 2009-10 Enrollment: 143 Mascot: Mustangs Colors: Royal Blue/white

Principal: Dan Meidinger dmeidinger@mtnviewacademy.org

Co-Administrator: Jim Marxmiller

Athletic Director: Robert Hicks 650 967-2324 x15 rhicks1072@yahoo.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Robert Hicks

Basketball, Girls: Oscar LaHimoa

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: TBA

Water Polo, Boys: Tony Casino

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Mt. Madonna

491 Summit Road, Watsonville, 95076

408 847-2717 FAX: 408 847-5633 Athletic FAX:

Website: <http://www.mountmadonnaschool.org>

League: SCCAL 2009-10 Enrollment: 64 Mascot: Hawks Colors: Blue/white/black

Principal: Jivanti Helene Rutansky jivanti@mountmadonna.org

Co-Administrator:

Athletic Director: Jot McDonald 408 847-2717 X323 jotmcdonald@gmail.com.

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: no program

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: TBA

Volleyball, Girls: Gabrielle Neville

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Mt. Pleasant

1750 S. White Road, San Jose, 95127

408 937-2800 FAX: 408 937-2815 Athletic FAX: 408 937-3045

Website: <http://mp.esuhd.org>

League: BVAL 2009-10 Enrollment: 1798 Mascot: Cardinals Colors: Red/black

Principal: Teresa Marquez marquezt@esuhd.org

Co-Administrator:

Athletic Director: Frank Lopez 408 937-2980 lopezfr@esuhd.org

Athletic Director: Raquel Ornelas 408 937-2800 ornelasr@esuhd.org

Trainer:

Badminton: TBA

Baseball: TBA

Basketball, Boys: Jamon Osby jamonosby@yahoo.com

Basketball, Girls: Paul Schuler pdschuler@yahoo.com

X-Country, Boys: Steve Nelson sn0038@aol.com

X-Country, Girls: Steve Nelson sn0038@aol.com

Field Hockey: no program

Football: Frank Lopez, Jr lopezfr@esuhd.org

Golf, Boys: TBA

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Nick Arellano arellanon@esuhd.org

Soccer, Girls: TBA

Softball: TBA

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: TBA

Tennis, Girls: Lou Padilla padillal@esuhd.org

Track & Field, Boys: Steve Nelson sn0038@aol.com

Track & Field, Girls: Steve Nelson sn0038@aol.com

Volleyball, Boys: no program

Volleyball, Girls: Annie Grace Williams awilliams@eesd.org

Water Polo, Boys: Andy McKay mckaya@esuhd.org

Water Polo, Girls: Isaac Saldivar ibsaldivar@netzero.com

Wrestling : Marcus Mosqueda mosquedam@esuhd.org

New High School Project at Chartwell

2511 Numa Watson Road, Seaside, 93955

831 393-8004 FAX: 831 394-5717 Athletic FAX:

Website: www.newhighschool.org

League: Associate Member 2009-10 Enrollment: 14 Mascot: Colors:

Principal: Steve Henderson mrhenderson@newhighschool.org

Co-Administrator:

Athletic Director: Steve Henderson 831 393-8004 mrhenderson@newhighschool.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: no program

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

North Monterey County

13990 Castroville Blvd., Castroville, 95012

831 633-5221 FAX: 831 633-2520 Athletic FAX:

Website: <http://www.nmchs.com>

League: MBL 2009-10 Enrollment: 1311 Mascot: Condors Colors: Blue/silver/white

Principal: Terri Gill 831 633-5221 x 219 tgill@nmcusd.org

Co-Administrator: John Simpson 831 633-5221 x 204

Athletic Director: Roger O'Sullivan 831 633-5221 x 258 rosulli@comcast.net

Athletic Director:

Trainer:

Badminton: no program

Baseball: Tim Gower

Basketball, Boys: Jesus Galindo galindobb@yahoo.com

Basketball, Girls: Zach Cook coachzjv@yahoo.com

X-Country, Boys: Gustavo Ibarra

X-Country, Girls: Gustavo Ibarra

Field Hockey: no program

Football: Sean Gomes gor24@comcast.net

Golf, Boys: Jon Huckins

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Sergio Marquez ncautoshop@yahoo.com

Soccer, Girls: Kriswti Russum

Softball: Ralph Jimenez

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: Cuahtemoc Trujillo

Track & Field, Girls: Cuahtemoc Trujillo

Volleyball, Boys: no program

Volleyball, Girls: Dena Gonsalvez

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Matt Gallegos azriel223@yahoo.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

North Salinas

55 Kip Drive, Salinas, 93906

831 796-7500 FAX: 831 796-7505 Athletic FAX:

Website: <http://www.salinas.k12.ca.us/sites/NSHS>

League: TCAL 2009-10 Enrollment: 2058 Mascot: Vikings Colors: Red/white/columbia blue

Principal: August Caresani 831 796-7510 acaresani@salinas.k12.ca.us

Co-Administrator:

Athletic Director: Jean Ashen 831 796-7514 jashen@salinas.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: Dan Munoz

Basketball, Boys: Alan Green

Basketball, Girls: Darren Jackson jallstars444@sbcglobal.net

X-Country, Boys: Alan Green

X-Country, Girls: Alan Green

Field Hockey: Stan Marple

Football: Steve Zenk zenk71@hotmail.com

Golf, Boys: Ken Dutton

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Vince Godoy

Soccer, Girls: Luis Torrez

Softball: Greg Sims

Swimming, Boys: Tony Saucedo

Swimming, Girls: Rhonda von Soosten

Tennis, Boys: no program

Tennis, Girls: Dennis Stacy

Track & Field, Boys: Alan Green

Track & Field, Girls: Alan Green

Volleyball, Boys: no program

Volleyball, Girls: Bill Ashen

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Ken Dutton kdutton@salinas.k12.ca.us

North Valley Baptist

941 Clyde Avenue, Santa Clara, 95054

408 988-8883 FAX: 408 980-1239 Athletic FAX:

Website: www.nvbschools.org

League: PSAL 2009-10 Enrollment: 67 Mascot: Bulldogs Colors: Crimson/Black

Principal: Dan Azzarello dazzarello@nvbschools.org

Co-Administrator:

Athletic Director: Dan Azzarello 408 988-8883 dazzarello@nvbschools.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: Jordan Fanara

Basketball, Boys: Ryan Thompson

Basketball, Girls: no program

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: Dan Azzarello

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Chris Fanara

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Notre Dame, Belmont

1540 Ralson Avenue, Belmont, 94002

650 595-1913 FAX: 650 595-1414 Athletic FAX:

Website: www.ndhsb.org

League: WCAL 2009-10 Enrollment: 1092 Mascot: Tigers Colors: Gold/white/navy

Principal: Rita Gleason 650 595-1913 x 210 rgleason@ndhsb.org

Co-Administrator: Carolyn Hutchins 650 595-1913 x 205 chutchins@ndhsb.org

Athletic Director: Lexy Tamony 650 595-1913 X 255 atamony@ndhsb.org

Athletic Director:

Trainer: Laz Cardenas laz_cardenas@yahoo.com

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Josh Davenport jdavenpo215@aol.com

X-Country, Boys: no program

X-Country, Girls: Mike Benedetti mjbndb@yahoo.com

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: George Sigigie gsiggie@tandbsports.com

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: Jason Levine jlevine@ndhsb.org

Softball: George Silvey Gsilvey@comcast.net

Swimming, Boys: no program

Swimming, Girls: Scott Ray swimmr4lfe@gmail.com

Tennis, Boys: no program

Tennis, Girls: Jason Levine jlevine@ndhsb.org

Track & Field, Boys: no program

Track & Field, Girls: Mike Benedetti mjbndb@yahoo.com

Volleyball, Boys: no program

Volleyball, Girls: Monica Marcuson marcuson9@yahoo.com

Water Polo, Boys: no program

Water Polo, Girls: Scott Ray swimmr4lfe@gmail.com

Wrestling : no program

Notre Dame, Salinas

455 Palma Drive, Salinas, 93901

831 751-1850 FAX: 831 757-5749 Athletic FAX:

Website: www.notredamesalinas.org

League: TCAL 2009-10 Enrollment: 540 Mascot: Spirits Colors: Navy blue/white

Principal: Andy Bedell abedell@notredamesalinas.org

Co-Administrator: Dianne Byrd 831 751-1850 dbyrd@notredamesalinas.org

Athletic Director: Terri Sonniksen 831 757-3905 tsonniksen@notredamesalinas.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Mark Clark mclark@notredamesalinas.org

X-Country, Boys: no program

X-Country, Girls: Mandy Lebow

Field Hockey: Brian Campbell

Football: no program

Golf, Boys: no program

Golf, Girls: John Oliverio

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: Kurt Gollnick kurt@golinickfamily.com

Softball: Joe Given

Swimming, Boys: no program

Swimming, Girls: Pari Shaghghi

Tennis, Boys: no program

Tennis, Girls: Alice Cory corytennis@aol.com

Track & Field, Boys: no program

Track & Field, Girls: Jason Smith

Volleyball, Boys: no program

Volleyball, Girls: Katie Harreld

Water Polo, Boys: no program

Water Polo, Girls: Alex Davis

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Notre Dame, San Jose

596 South 2nd Street, San Jose, 95112

408 294-1113 FAX: 408 293-9779 Athletic FAX:

Website: www.ndsj.org

League: WBAL 2009-10 Enrollment: 1264 Mascot: Regents Colors: Blue/white

Principal: Mary Beth Riley 408 294-1113 x 2105 mbriley@ndsj.org

Co-Administrator: John Bracco VP Student Affairs 408 294-1113 x2104 jbracco@ndsj.org

Athletic Director: Devin Engebretsen 408 294-1113 x.2108 dengebretsen@ndsj.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Devin Engebretsen dengebretsen@ndsj.org

X-Country, Boys: no program

X-Country, Girls: Craig Lee

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: Aaron Eeg

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: Denise Krogen denise.krogen@gmail.com

Soccer, Boys: no program

Soccer, Girls: Jenny Guadagnolo

Softball: TBA

Swimming, Boys: no program

Swimming, Girls: Gina Vittori

Tennis, Boys: no program

Tennis, Girls: Prince Daniels princedaniels@aol.com

Track & Field, Boys: no program

Track & Field, Girls: TBD

Volleyball, Boys: no program

Volleyball, Girls: Josh Kramer josh@intenseplayer.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

Oak Grove

285 Blossom Hill Road, San Jose, 95123

408 347-6500 FAX: 408 347-6505/408 347-6515 Athletic FAX: 408 347-6525

Website: <http://og.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 2301 Mascot: Eagles Colors: Blue/gold

Principal: Brazil, Martha 408 347-6510 brazilm@esuhsd.org

Co-Administrator:

Athletic Director: Ed Buller 408 347-6613 bullere@esuhsd.org

Athletic Director: Nikki Randolph 408 347-6615 GarciaN@esuhsd.org

Trainer:

Badminton: Anthony Vo

Baseball: Jeff Gingrich gingrich@esuhsd.org

Basketball, Boys: Rich Young youngr@esuhsd.org

Basketball, Girls: Veneice Lacy lacyv@esuhsd.org

X-Country, Boys: Clint Pappadakis wyzguyzu@aol.com

X-Country, Girls: Clint Pappadakis wyzguyzu@aol.com

Field Hockey: no program

Football: Jay Braun braunj@esuhsd.org

Golf, Boys: Ed Buller bullere@esuhsd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Eric Seward seward@esuhsd.org

Soccer, Girls: Michele Balangitao coachb808@yahoo.com

Softball: Frank King

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: TBA

Tennis, Girls: Long Luu

Track & Field, Boys: Clint Pappadakis wyzguyzu@aol.com

Track & Field, Girls: Allen Wulczynski

Volleyball, Boys: Bill Pignanello pacesettervolleyball@yahoo.com

Volleyball, Girls: Bill Pignanello pacesettervolleyball@yahoo.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Bruce Shelton sheltonb@esuhsd.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Oakwood

105 John Wilson Way, Morgan Hill, 95037

408 782-7177 FAX: 408 782-7138 Athletic FAX:

Website: <http://www.oakwoodweb.org>

League: MTAL 2009-10 Enrollment: 51 Mascot: Hawks Colors:

Principal: Patricia Crone pcrone@oakwoodmail.org

Co-Administrator:

Athletic Director: Jennifer Idleman 408 782-7177 X338 jjidleman@oakwoodmh.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Jennifer Idleman

Basketball, Girls: Russ Hersrud

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: TBA

Tennis, Girls: TBA

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: Jennifer Idleman

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Oceana

401 Paloma Avenue, Pacifica, 94044

650 550-7300 FAX: 650 550-7310 Athletic FAX:

Website: <http://ohs.juhsd.net>

League: PAL 2009-10 Enrollment: 544 Mascot: Sharks Colors: Red/white/blue

Principal: Caro Pemberton cpembe@juhsd.net

Co-Administrator: April Holland aholland@juhsd.net

Athletic Director: Mike Tang 650 550-7365 mtang@juhsd.net

Athletic Director: Lucy Corgas 650 550-7366 lcorga@juhsd.net

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Hamadah Sharif hsharif510@gmail.com

Basketball, Girls: James Endo jhendo59@hotmail.com

X-Country, Boys: Virgel Paule vpauale@juhsd.net

X-Country, Girls: Virgel Paule vpauale@juhsd.net

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: Shannon Randolph needcalgon@gmail.com

Tennis, Girls: Shannon Randolph

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Mike Tang mtang@juhsd.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Overfelt

1835 Cunningham Avenue, San Jose, 95122

408 347-5900 FAX: 408 347-5915 Athletic FAX: 408 347-6162

Website: <http://wo.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 1772 Mascot: Royals Colors: Navy blue/white

Principal: Vito Chiala chialav@esuhsd.org

Co-Administrator:

Athletic Director: Mark Delgado 408 347-6052 delgadam@esuhsd.org

Athletic Director: Joe Te 408 347-6050 tej@esuhsd.org

Trainer:

Badminton: Joe Te tej@esuhsd.org

Baseball: TBA

Basketball, Boys: Joe Te tej@esuhsd.org

Basketball, Girls: Alex Adayan alexadayan@yahoo.com

X-Country, Boys: Floyd Hurndon HurndonF@esuhsd.org

X-Country, Girls: Kerry Terry 1kterry@sbcglobal.net

Field Hockey: no program

Football: Ernie Mendoza mendozac@esuhsd.org

Golf, Boys:

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: TBA

Softball: Kathy Kreidler ckreidler@comcast.net

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: TBA

Tennis, Girls: TBA

Track & Field, Boys: Floyd Humdon HurndonF@esuhsd.org

Track & Field, Girls: Floyd Humdon HurndonF@esuhsd.org

Volleyball, Boys: no program

Volleyball, Girls: Sharon Agduyeng sharoncharlene_agduyeng@yahoo.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Mark Delgado delgadam@esuhsd.org

Pacific Collegiate

255 Swift Street/P.O. Box 1701, Santa Cruz, 95061

831 479-7785 FAX: 831 427-5254 Athletic FAX:

Website: <http://www.pacificcollegiate.com>

League: MTAL 2009-10 Enrollment: 303 Mascot: Pumas Colors: Black/silver

Principal: Archie Douglas 831-479-7785, x3115 archie.douglas@pcsed.org

Co-Administrator:

Athletic Director: Brendan Daly 831 479-7785 X3109 brendan.daly@PCSED.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Bob Rowe bob@rowe-machinery.com

Basketball, Girls: Daniel Kumasaka dkumasaka14@gmail.com

X-Country, Boys: Peter Fish 4fishfolks@sbcglobal.net

X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Bruce Toorani btoorani@sbcglobal.net

Soccer, Girls: Rob Peabody rob.peabody@lmco.com

Softball: no program

Swimming, Boys: Jennifer Suhd-Brondstater jennifer.suhd-brondstatter@pcsed.org

Swimming, Girls: Jennifer Suhd-Brondstater jennifer.suhd-brondstatter@pcsed.org

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: Jeff Arnett jarnett@ucsc.edu

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Harina Manley harlinam@gmail.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Pacific Grove

615 Sunset Drive, Pacific Grove, 93950

831 646-6590 FAX: 831 646-6660 Athletic FAX:

Website: www.pghs.org

League: MTAL 2009-10 Enrollment: 578 Mascot: Breakers Colors: Red/gold

Principal: Matt Bell mbell@pgusd.org

Co-Administrator: Barbara Martinez bmartinez@pgusd.org

Athletic Director: Todd Buller 831 646-6590 tbuller@pgusd.org

Athletic Director:

Trainer: Dr. Tony Pagan

Badminton: no program

Baseball: Gill Ruiz

Basketball, Boys: Dan Powers dpowers@pgusd.org

Basketball, Girls: Marta Salas

X-Country, Boys: Tom Light tlight@pgusd.org

X-Country, Girls: Tom Light tlight@pgusd.org

Field Hockey: no program

Football: Chris Morgan

Golf, Boys: Ken Ottmar

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: TBA

Lacrosse, Girls: no program

Soccer, Boys: Brad Webber pgsoccercoach@gmail.com

Soccer, Girls: Ash Vasanji ashthecoach@yahoo.com

Softball: Ken Shuck

Swimming, Boys: Sharon Osgood

Swimming, Girls: Sharon Osgood

Tennis, Boys: TBA

Tennis, Girls: Sharon Osgood

Track & Field, Boys: Jerry Pieffer

Track & Field, Girls: Jerry Pieffer

Volleyball, Boys: no program

Volleyball, Girls: Dave Crabbe

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Josh Dowling down8341@hotmail.com

Pajaro Valley

500 Harkins Slough Road, Watsonville, 95076

831 728-8102 FAX: 831 728-6944 Athletic FAX:

Website: <http://www.pvhs.pvusd.net>

League: MBL 2009-10 Enrollment: 1479 Mascot: Grizzlies Colors: Green/silver

Principal: Pancho Rodriguez pancho_rodriguez@pvusd.net

Co-Administrator:

Athletic Director: Robert Gomez 831 728-8102 Robert_Jgomez@pvusd.net

Athletic Director:

Trainer:

Badminton: no program

Baseball: Memo Torres

Basketball, Boys: Robert Gomez robert_jGomez@pvusd.net

Basketball, Girls: Jess Pena

X-Country, Boys: Rachel Restani

X-Country, Girls: Rachel Restani

Field Hockey: no program

Football: Mike Palmer

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Ramon Hernandez mondri23@hotmail.com

Soccer, Girls: TBA

Softball: Dee Dee Rivera

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: Jon Tarr

Tennis, Girls: Jon Tarr

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: Rico Dominguez

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Jim Lucas james_lucas@pvusd.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Palma

919 Iverson Street, Salinas, 93901-1898

831 422-6391 FAX: 831 422-5065 Athletic FAX:

Website: www.palmahs.org

League: TCAL 2009-10 Enrollment: 868 Mascot: Chieftains Colors: Red/gold

Principal: David Sullivan 831 422-6391 sullivan@palmahs.org

Co-Administrator: Steve Clayton 831 422-8510 clayton@palmahs.org

Athletic Director: Steve Clayton 831 422-8510 clayton@palmahs.org

Athletic Director:

Trainer: Ruth Ramirez

Badminton: no program

Baseball: Phil Giammanco

Basketball, Boys: Paul Alioto coachalioto@yahoo.com

Basketball, Girls: no program

X-Country, Boys: Scott Brock

X-Country, Girls: no program

Field Hockey: no program

Football: Jeff Carnazzo carnazzo@palmahs.org

Golf, Boys: Clem Richardson

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Scott Corner corner@palmahs.org

Soccer, Girls: no program

Softball: no program

Swimming, Boys: Dia Rianda

Swimming, Girls: no program

Tennis, Boys: TBA

Tennis, Girls: no program

Track & Field, Boys: Jason Smith

Track & Field, Girls: no program

Volleyball, Boys: Stephanie Corda

Volleyball, Girls: no program

Water Polo, Boys: Scott Corner

Water Polo, Girls: no program

Wrestling : Simon Jiminez teamsazi@mac.com

Palo Alto

50 Embarcadero Road, Palo Alto, 94301

650 329-3701 FAX: 650 329-3753 Athletic FAX: 650 566-0612

Website: www.paly.net

League: SCVAL 2009-10 Enrollment: 1853 Mascot: Vikings Colors: Green/white

Principal: Jacqueline McEvoy jmcevoy@pausd.org

Co-Administrator: Jerry Berkson jberkson@pausd.org

Athletic Director: Earl Hansen 650 329-3886 ehansen@pausd.org

Athletic Director:

Trainer:

Badminton: Kara Prentice karungachiquita@gmail.com

Baseball: Erick Raich erickraich@aol.com

Basketball, Boys: Bob Roehl bob@game7.com

Basketball, Girls: Scott Peters isascott@hotmail.com

X-Country, Boys: Paul Jones pauljones854@comcast.net

X-Country, Girls: Paul Jones pauljones854@comcast.net

Field Hockey: no program

Football: Earl Hansen ehansen@pausd.org

Golf, Boys: TBA

Golf, Girls: no program

Gymnastics: TBA

Lacrosse, Boys: Craig Conover cvconover@gmail.com

Lacrosse, Girls: Jen Gray jgray7@hotmail.com

Soccer, Boys: Donald Briggs dbriggs@pausd.org

Soccer, Girls: Ernesto Cruz coachneto06@yahoo.com

Softball: Tim Anderson tanderson@apr.com

Swimming, Boys: Danny Dye dyedanny@hotmail.com

Swimming, Girls: Danny Dye dyedanny@hotmail.com

Tennis, Boys: Andy Harader andre10@mindspring.com

Tennis, Girls: Andy Harader andre10@mindspring.com

Track & Field, Boys: Jason Fung jfung@pausd.org

Track & Field, Girls: Jason Fung jfung@pausd.org

Volleyball, Boys: no program

Volleyball, Girls: David Winn vballdave@comcast.net

Water Polo, Boys: Giovanni Napolitano

Water Polo, Girls: Cory Olcott cory@palywaterpolo.com

Wrestling : David Duran dduran@pausd.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Piedmont Hills

1377 Piedmont Road, San Jose, 95132

408 347-3800 FAX: 408 347-3805/408 535-2357 Athletic FAX:

Website: <http://ph.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 2165 Mascot: Pirates Colors: Maroon/white

Principal: Traci Williams 408-347-3810 WilliamsT@esuhsd.org

Co-Administrator: Frances Palacios 408-347-3830 palaciosf@esuhsd.org

Athletic Director: Matt Kiesle 408 347-3885 kieslem@esuhsd.org

Athletic Director: Pete Simos 408 347-3871 simosp@esuhsd.org

Trainer:

Badminton: Alex Dinh

Baseball: Bill Kennedy

Basketball, Boys: Adam Sax adamsax2@yahoo.com

Basketball, Girls: Ian Tippett

X-Country, Boys: Ian Tippett

X-Country, Girls: Kathy Tippett

Field Hockey: no program

Football: Matt Kiesle kieslem@esuhsd.org

Golf, Boys: TBA

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Erik Gaspar gaspar711@yahoo.com

Soccer, Girls: Fred Espinoza speedyesp@msn.com

Softball: Willie Lopez

Swimming, Boys: John Isberg

Swimming, Girls: TBA

Tennis, Boys: Viet Nguyen phhstennis@gmail.com

Tennis, Girls: Viet Nguyen phhstennis@gmail.com

Track & Field, Boys: Chioke Robinson

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: Joseph Fuston

Water Polo, Boys: Greg McKenna

Water Polo, Girls: Eric Weaver

Wrestling : Jonathan Sanchez jjohn154@aol.com

Pinewood

26800 Fremont Road, Los Altos Hills, 94022

650 941-1532 FAX: 650 941-4727 Athletic FAX:

Website: www.pinewood.edu

League: WBAL 2009-10 Enrollment: 209 Mascot: Panthers Colors: Green/gold/white

Principal: Mark Gardner 650 209-3010 mgardner@pinewood.edu

Co-Administrator: Scott Riches: President 650 209-3010 sriches@pinewood.edu

Athletic Director: Matt Stimson 650 941-6044 mstimson@pinewood.edu

Athletic Director: Jackee Bruno 650 941-6044 jbruno@pinewood.edu

Trainer: Chad Morin

Badminton: no program

Baseball: Chad Morin

Basketball, Boys: Jason Peery jasonpeery@gmail.com

Basketball, Girls: Doc Sheppler dscheppler@pinewood.edu

X-Country, Boys: Matt Stimson

X-Country, Girls: Matt Stimson

Field Hockey: no program

Football: Michael Tirabassi (8-man)

Golf, Boys: Aaron Horowitz

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Daniel Aregai

Soccer, Girls: Michael Tetzlaff mtetzlaff@pinewood.edu

Softball: Matt Stimson

Swimming, Boys: Nichoas Jufiar

Swimming, Girls: Nichoas Jufiar

Tennis, Boys: Craig Corfield

Tennis, Girls: Craig Corfield

Track & Field, Boys: Jackee Bruno

Track & Field, Girls: Jackee Bruno

Volleyball, Boys: no program

Volleyball, Girls: Cayse Kaveny

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Pioneer

1290 Blossom Hill Road, San Jose, 95118

408 535-6310 FAX: 408 535-2357 Athletic FAX:

Website: www.pioneerhigh.org

League: BVAL 2009-10 Enrollment: 1596 Mascot: Mustangs Colors: Royal blue/white

Principal: Sue Walker sue_walker@sjusd.org

Co-Administrator:

Athletic Director: Mark Krail 408 535-6310 mark_krail@sjusd.org

Athletic Director:

Trainer: Aldo Velasquez

Badminton: Blaine Hashimoto blaine_hashimoto@sjusd.org

Baseball: Jake Hernandez jake_hernandez@sjusd.org

Basketball, Boys: Joe Berticevich joe_berticevich@sjusd.org

Basketball, Girls: Bryan Lacaille coachblc@yahoo.com

X-Country, Boys: Blaine Hashimoto blaine_hashimoto@sjusd.org

X-Country, Girls: Blaine Hashimoto blaine_hashimoto@sjusd.org

Field Hockey: no program

Football: Mark Krail mark_krail@sjusd.org

Golf, Boys: Jason Burkhart jason@svarealestate.com

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: Mona Mesbahi dreamingoflax13@yahoo.com

Soccer, Boys: Nick Hoffman nick_hoffman@sjusd.org

Soccer, Girls: Randy Worthington nworthington@shorenstein.com

Softball: Ernie Garcia garciae1@bsci.com

Swimming, Boys: Gordy Smith Gordon_smith@sjusd.org

Swimming, Girls: Gordy Smith Gordon_smith@sjusd.org

Tennis, Boys: Long Phan LongP12@gmail.com

Tennis, Girls: Long Phan LongP12@gmail.com

Track & Field, Boys: Susanna Wise susanna_wise@sjusd.org

Track & Field, Girls: Susanna Wise susanna_wise@sjusd.org

Volleyball, Boys: Tim Koring tim_koring@sjusd.org

Volleyball, Girls: Michelle Ritter michelle_ritter@sjusd.org

Water Polo, Boys: Scott Kaubish scott@scottsprps.com

Water Polo, Girls: Katy Furth Katy_furth@sjusd.org

Wrestling : Mike Medlock gusfroglip@aol.com

Presentation

2281 Plummer Avenue, San Jose, 95125

408 264-1664 FAX: 408 264-5226 Athletic FAX:

Website: www.presnet.com

League: WCAL 2009-10 Enrollment: 1600 Mascot: Panthers Colors: Blue/gold

Principal: Mary Miller 408 264-1664 x 2440 mmiller@pres-net.com

Co-Administrator: Gloria Hernandez 408 264-1664 x 2442 gbernandez@pres-net.com

Athletic Director: Ryan Cooling 408 264-1664 X 2421 rcooling@pres-net.com

Athletic Director: Stacey Mallison 408 264-1664 x 2421 smallison@pres-net.com

Trainer: Julia Ornelas jornelas@pres-net.com

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Wade Nakamura swade11@sbcglobal.net

X-Country, Boys: no program

X-Country, Girls: Chris Cozort ccoort@pres-net.com

Field Hockey: Shiv Jagday coachshiv@aol.com

Football: no program

Golf, Boys: no program

Golf, Girls: Angie Papangellin skatuli@comcast.com

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: John Hutchinson jhutchinson@pres-net.com

Softball: Arnold Tellez

Swimming, Boys: no program

Swimming, Girls: Marisa Cozort aquatics@pres-net.com

Tennis, Boys: no program

Tennis, Girls: Reno Davenport Reno@tennisLife.com

Track & Field, Boys: no program

Track & Field, Girls: Chris Cozort ccoort@pres-net.com

Volleyball, Boys: no program

Volleyball, Girls: Ryan Cooling rcooling@pres-net.com

Water Polo, Boys:

Water Polo, Girls: Travis Wycoff trawyc@msn.com

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Priory

302 Portola Road, Portola Valley, 94028

650 851-2839 FAX: 650 851-8221 Athletic FAX:

Website: www.woodsidepriory.com

League: WBAL 2009-10 Enrollment: 268 Mascot: Panthers Colors: Black/royal

Principal: Tim Molak tmolak@prioryca.org

Co-Administrator:

Athletic Director: Mark Stogner 650 851-6107 mstogner@prioryca.org

Athletic Director:

Trainer: Korinn Myers kmyers@prioryca.org

Badminton: no program

Baseball: Dave Dempsey ddemps22@aol.com

Basketball, Boys: David Moseley dmosley@prioryca.org

Basketball, Girls: no program

X-Country, Boys: Katie Henderson khenderson@prioryca.org

X-Country, Girls: Katie Henderson khenderson@prioryca.org

Field Hockey: no program

Football: Doug Sargent (8-man) dsargent@prioryca.org

Golf, Boys: George Sigigie gsigigie@tandbsports.com

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: Matt McWright mmcwright@prioryca.org

Lacrosse, Girls: no program

Soccer, Boys: Paul Moran paul.moran83@gmail.com

Soccer, Girls: Armando Del Rio delrio.armando@gmail.com

Softball: Mark Stogner mstogner@prioryca.org

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: Celso Onofre

Tennis, Girls: Celso Onofre

Track & Field, Boys: Katie Henderson khenderson@prioryca.org

Track & Field, Girls: Katie Henderson khenderson@prioryca.org

Volleyball, Boys: no program

Volleyball, Girls: Rick Riebhoff rriebhoff@prioryca.org

Water Polo, Boys: Mark Lukach mlukach@priory.org

Water Polo, Girls: no program

Wrestling: no program

Prospect

18900 Prospect Road, Saratoga, 95070

408 626-3408 FAX: 408 973-1759 Athletic FAX:

Website: www.prospect.cuhsd.org

League: BVAL 2009-10 Enrollment: 1410 Mascot: Panthers Colors: Blue/gold

Principal: Diane Burbank dburbank@cuhsd.org

Co-Administrator:

Athletic Director: Jason Potmesil 408 626-3408 jpotmesil@cuhsd.org

Athletic Director: Rod Carlson 408 626-3408 rcarlson@cuhsd.org

Trainer:

Badminton: Ken Nguyen ken.nguyen@aspire-support.net

Baseball: Clay Elliott celliott@fca.org

Basketball, Boys: Mike Furlong mfurlong@cuhsd.org

Basketball, Girls: Carlos Boles bbq25@yahoo.com

X-Country, Boys: Tom Smith tsmith@cuhsd.org

X-Country, Girls: Tom Smith tsmith@cuhsd.org

Field Hockey: Jason Potmesil jpotmesil@cuhsd.org

Football: Al Diaz prospectfootball@yahoo.com

Golf, Boys: Jason Potmesil jpotmesil@cuhsd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Frank Medina fmedina@cuhsd.org

Soccer, Girls: Jason Potmesil jpotmesil@cuhsd.org

Softball: Mike Taylor carney4as@yahoo.com

Swimming, Boys: Rod Carlson rcarlson@cuhsd.org

Swimming, Girls: Rod Carlson rcarlson@cuhsd.org

Tennis, Boys: Dave Chisolm dchisolm@cuhsd.org

Tennis, Girls: Yasuo Fukui yasuofukui@gmail.com

Track & Field, Boys: Robert Salinas rsalinas@cuhsd.org

Track & Field, Girls: Robert Salinas rsalinas@cuhsd.org

Volleyball, Boys: Hieu Nguyen kewlyellow33@hotmail.com

Volleyball, Girls: Rod Carlson rcarlson@cuhsd.org

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Shawn Henebry shenebry@cuhsd.org

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Prunedale Christian

8145 Prunedale N. Road, Salinas, 93907

831 663-2211 FAX: 831 663-1663 Athletic FAX:

Website:

League: Associate Member 2009-10 Enrollment: 16 Mascot: Eagles Colors:

Principal: Douglas Wheeler revwheels@sbcglobal.net

Co-Administrator:

Athletic Director: Doug Wheeler 831 663-2211 revwheels@sbcglobal.net

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: no program

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Sacred Heart Cathedral

1055 Ellis Street, San Francisco, 94109

415 775-6626 FAX: 415 931-6941 Athletic FAX: 415 775-5637

Website: www.shcp.edu

League: WCAL 2009-10 Enrollment: 1270 Mascot: Fightin' Irish Colors: Blue/green/white

Principal: Ken Hogarty 415 775-6626 x726 ken.hogarty@shcp.edu

Co-Administrator: Gary Cannon 415 775-6626 x859 gary.cannon@shcp.edu

Athletic Director: Phil Freed 415 775-6626 X 737 phil.freed@shcp.edu

Athletic Director: JoAnn Momono 415 775-6626 X 738 joann.momono@shcp.edu

Trainer: Oscar Melero

Badminton: no program

Baseball: Brian Morgan

Basketball, Boys: Darrell Barbour dbcourtside@aol.com

Basketball, Girls: Mike Carey coachcareyshe@yahoo.com

X-Country, Boys: Andy Chan

X-Country, Girls: Andy Chan

Field Hockey: no program

Football: John Lee john.lee@shcp.edu

Golf, Boys: Ryan Darmody

Golf, Girls: Keith Lent

Gymnastics: no program

Lacrosse, Boys: David Thaggard trueverseall@gmail.com

Lacrosse, Girls: Courtney Cassinelli courtney.cassinelli@shcp.edu

Soccer, Boys: Jeff Wilson jeff.wilson@shcp.edu

Soccer, Girls: Matt Nuttall

Softball: Karen Murray

Swimming, Boys: Mike Wong

Swimming, Girls: Katie Smith

Tennis, Boys: Ray Wong

Tennis, Girls: Amy Cleckner

Track & Field, Boys: Andy Chan

Track & Field, Girls: Andy Chan

Volleyball, Boys: Nga Tran

Volleyball, Girls: Margi Beima mbeima@shcp.edu

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Tony Tran tony.tran@shcp.edu

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Sacred Heart Prep

150 Valparaiso Avenue, Atherton, 94027

650 322-1866 FAX: 650 322-7151 Athletic FAX: 650 473-6574

Website: www.shschools.org

League: WBAL 2009-10 Enrollment: 574 Mascot: Gators Colors: Cardinal/black/white

Principal: James Everitt 650 473-4016 jeveritt@shschools.org

Co-Administrator:

Athletic Director: Frank Rodriguez 650 473-4031 frodriguez@shschools.org

Athletic Director:

Trainer: Lidia Cartacai lcartacai@shschools.org

Badminton: no program

Baseball: Gregg Franceschi gfranceschi@shschools.org

Basketball, Boys: Tony Martinelli tmartinelli@shschools.org

Basketball, Girls: Lamont Quattlebaum lquattlebaum@shschools.org

X-Country, Boys: Marisa Beck mbeck@shschools.org

X-Country, Girls: Marisa Beck mbeck@shschools.org

Field Hockey: no program

Football: Pete Lavorato plavorato@shschools.org

Golf, Boys: Mark Dowdy madowdy@pacbell.net

Golf, Girls: Mark Dowdy madowdy@pacbell.net

Gymnastics: no program

Lacrosse, Boys: Jon Black jonlax2003@yahoo.com

Lacrosse, Girls: Nina Pantago npantano@gmail.com

Soccer, Boys: Matt Dodge ddodgem94040@yahoo.com

Soccer, Girls: Jake Moffat jmoffat@shschools.org

Softball: no program

Swimming, Boys: Kevin Morris kmorris@shschools.org

Swimming, Girls: Kevin Morris kmorris@shschools.org

Tennis, Boys: Losaline Mafileo lfmafileo@yahoo.com

Tennis, Girls: Losaline Mafileo lfmafileo@yahoo.com

Track & Field, Boys: Marisa Beck mbeck@shschools.org

Track & Field, Girls: Marisa Beck mbeck@shschools.org

Volleyball, Boys: Damien Hardy sugardah14@aol.com

Volleyball, Girls: Damien Hardy sugardah14@aol.com

Water Polo, Boys: Brian Kreutzkamp bkreutzkamp@shschools.org

Water Polo, Girls: Jon Burke jburke@shschools.org

Wrestling : no program

Salinas

726 S. Main Street, Salinas, 93901

831 796-7400 FAX: 831 796-7444 Athletic FAX: 831 796-7405

Website: <http://www.salinas.k12.ca.us/sites/SHS/Index.htm>

League: TCAL 2009-10 Enrollment: 2587 Mascot: Cowboys Colors: Purple/gold

Principal: Sascha Heckmann 831 796-7410 sheckmann@salinas.k12.ca.us

Co-Administrator: John Macias 831 796-7414 jmacias@salinas.k12.ca.us

Athletic Director: Paul Cooper 831 796-7454 pcooper@salinas.k12.ca.us

Athletic Director: Art Hunsdorfer 831 796-7435 ahunsdorfer@salinas.k12.ca.us

Trainer:

Badminton: no program

Baseball: Art Hunsdorfer ahunsdorfer@salinas.k12.ca.us

Basketball, Boys: Joe Chappell jjchappell81@comcast.net

Basketball, Girls: Kirk Kenedy kirk@vectorpoint.ws

X-Country, Boys: Roger Chagnon chagnon@ultimanet.com

X-Country, Girls: Roger Chagnon chagnon@ultimanet.com

Field Hockey: no program

Football: Steve Goodbody sgoodbody@salinas.k12.ca.us

Golf, Boys: Mike Bissell

Golf, Girls: Mike Bissell

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Chuck Carranza montrose1959@earthlink.net

Soccer, Girls: Rick Hinojosa rhinojosa@salinas.k12.ca.us

Softball: Elyssa Sigala

Swimming, Boys: Patty Lamar

Swimming, Girls: Patty Lamar

Tennis, Boys: Gus Andersen

Tennis, Girls: Bill Scott

Track & Field, Boys: Steve Goodbody

Track & Field, Girls: Roger Chagnon chagnon@ultimanet.com

Volleyball, Boys: TBA

Volleyball, Girls: Andy Mandon apeterm@me.com

Water Polo, Boys: Claire Linney

Water Polo, Girls: Andrew Parolini

Wrestling : Bud Harder dragonhog@comcast.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

San Benito

1220 Monterey Street, Hollister, 95023

831 637-5831 FAX: 831 637-6524 Athletic FAX: 831 637-3091

Website: <http://www.sbhsd.k12.ca.us>

League: TCAL 2009-10 Enrollment: 2917 Mascot: Haybalers Colors: Red/white

Principal: Krystal Lomanto klomanto@sbhsd.k12.ca.us

Co-Administrator:

Athletic Director: Tod Thatcher 831 637-5831 x 350 tthatcher@sbhsd.k12.ca.us

Athletic Director:

Trainer: David Tari

Badminton: no program

Baseball: Michael Luna

Basketball, Boys: Tracey Carpenter tcarp99@hotmail.com

Basketball, Girls: David Kuplansky kaplanskydavid@hotmail.com

X-Country, Boys: Jess Morales

X-Country, Girls: Josh Morales

Field Hockey: no program

Football: Chris Cameron

Golf, Boys: Reggie Synegal

Golf, Girls: Chris Branon

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Ramiro Ramos

Soccer, Girls: Ben Alvarez alvarez4_2000@yahoo.com

Softball: Scott Smith

Swimming, Boys: Cathy Larson

Swimming, Girls: Christine Schafer

Tennis, Boys: Chris Yoder

Tennis, Girls: Ed Cecena

Track & Field, Boys: Iran White

Track & Field, Girls: Laurie Cottrell

Volleyball, Boys: TBA

Volleyball, Girls: Dean Askanas askn139@aol.com

Water Polo, Boys: Tom Agan nagaauto@yahoo.com

Water Polo, Girls: Hayley Vadercook

Wrestling: Brian DeCarli bdecarli@sbhsd.k12.ca.us

San Francisco Christian

25 Whittier Street, San Francisco, 94112

415 586-1117 FAX: 415 841-0833 Athletic FAX:

Website: <http://www.sfchristianschool.org>

League: PSAL 2009-10 Enrollment: 71 Mascot: Trojans Colors: Blue/gold

Principal: Mark Asire 415 586-1117

Co-Administrator:

Athletic Director: Nile Valenzuela 415 586-1117 nilesafia@hotmail.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Nile Valenzuela nilesafia@hotmail.com

Basketball, Girls: Nile Valenzuela nilesafia@hotmail.com

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Mike Allen

Soccer, Girls: no program

Softball: Sara Valenzuela

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Sofia Valenzuela

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

San Jose High Academy

275 N. 24th Street, San Jose, 95116

408 535-6320 FAX: 408 535-2355 Athletic FAX:

Website: <http://www.sjUSD.org/sjha>

League: BVAL 2009-10 Enrollment: 1035 Mascot: Bulldogs Colors: Crimson/grey

Principal: Thomas Scheid tom_scheid@sjUSD.org

Co-Administrator:

Athletic Director: Joe Jones 408 535-6320 x262 joe_jones@sjUSD.org

Athletic Director:

Trainer:

Badminton: Ana Tran

Baseball: Matt Ojeda

Basketball, Boys: Richard Amarillas

Basketball, Girls: Marylou Agustin hoops1298@yahoo.com

X-Country, Boys: Palak Patel

X-Country, Girls: Palak Patel

Field Hockey: Stephany Medonca

Football: Jason Pierce

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Frank Quintero

Soccer, Girls: Aldo Quesada

Softball: Larry Salas

Swimming, Boys: Michele Edman

Swimming, Girls: Michele Edman

Tennis, Boys: TBA

Tennis, Girls: Bonnie Ehle

Track & Field, Boys: Innencencia Miramontes

Track & Field, Girls: Frank Lopez

Volleyball, Boys: no program

Volleyball, Girls: Marylou Agustin

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Russ Miyoshi rmiyoshi@yahoo.com

San Lorenzo Valley

7105 Highway 9, Felton, 95018

831 335-4425 FAX: 831 335-1531 Athletic FAX: 831 335-2978

Website: www.slvhs.slv.k12.ca.us

League: SCCAL 2009-10 Enrollment: 867 Mascot: Cougars Colors: Red/black

Principal: Michael Arredondo 831 335-4425 marredondo@slvUSD.org

Co-Administrator: Brian Mercer 831 335-4425 bmercer@slvUSD.org

Athletic Director: Marcus Northcutt 831 335-3600 x 2 mnorthcutt@slvUSD.org

Athletic Director:

Trainer: Nate Hill

Badminton: no program

Baseball: Ross Parmenter

Basketball, Boys: Matt Meisner

Basketball, Girls: Marcus Northcutt mnorthcutt@slvUSD.org

X-Country, Boys: Rob Collins

X-Country, Girls: Thea Jorgensen

Field Hockey: no program

Football: Doug Morris dmorris@slvUSD.org

Golf, Boys: TBA

Golf, Girls: Shane Sutcliffe

Gymnastics: no program

Lacrosse, Boys: J. R. Curtis

Lacrosse, Girls: no program

Soccer, Boys: Nate Hill

Soccer, Girls: Heidi Romswinchel

Softball: Mark Brown

Swimming, Boys: Ned Hearn/Bill Sales

Swimming, Girls: Aron Conger/Bill Sales

Tennis, Boys: Wayne Sandles

Tennis, Girls: Wayne Sandles

Track & Field, Boys: Rob Collins rjcollins123@sbcglobal.net

Track & Field, Girls: Thea Jorgensen

Volleyball, Boys: Curtis Hutslar

Volleyball, Girls: Zoe Beltz

Water Polo, Boys: Matt Troxell

Water Polo, Girls: Wally Brandstandler

Wrestling: Ken Pollastrini kenpollastrini@sbcglobal.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

San Mateo

506 N. Delaware Street, San Mateo, 94401

650 558-2399 FAX: 650 558-2352 Athletic FAX:

Website: <http://www.smuhsd.k12.ca.us/smhs/>

League: PAL 2009-10 Enrollment: 1347 Mascot: Bearcats Colors: Orange/black

Principal: Yvonne Shiu yshiu@smuhsd.org

Co-Administrator: Suzanne Woolfolk swoolfolk@smuhsd.org

Athletic Director: Jeff Scheller 650 558-2338 jscheller@smuhsd.org

Athletic Director: Nancy Dinges 650 558-2338 ndinges@smuhsd.org

Trainer:

Badminton: Ronald Koko ron86koko@yahoo.com

Baseball: Jesse Velez jvelez9@comcast.net

Basketball, Boys: Julian Hudson

Basketball, Girls: Nancy Dinges ndinges@smuhsd.org

X-Country, Boys: Ed Riley tcoach@speakeasy.net

X-Country, Girls: Ed Riley tcoach@speakeasy.net

Field Hockey: no program

Football: Jeff Scheller jscheller13@gmail.com

Golf, Boys: Jimmy Ikeda jikeda@smuhsd.org

Golf, Girls: Jimmy Ikeda jikeda@smuhsd.org

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Michael Keller michaelpkeller@yahoo.com

Soccer, Girls: Orhan Muratoglu orhan.muratoglu@maxim-1c.com

Softball: Randy Boardman randy@bodegravel.com

Swimming, Boys: Rich Farley koa_aquatics@yahoo.com

Swimming, Girls: Kathy Parodi kparodi@gmail.com

Tennis, Boys: John Daquoia jdaquoia@smuhsd.org

Tennis, Girls: Dave George daveattheclub@yahoo.com

Track & Field, Boys: Ed Riley tcoach@speakeasy.net

Track & Field, Girls: Ed Riley tcoach@speakeasy.net

Volleyball, Boys: no program

Volleyball, Girls: Chirs Tigno smhsvolleyball@comcast.net

Water Polo, Boys: Whitney Zobac whitneypzobac@gmail.com

Water Polo, Girls: Kathy Parodi kparodi@gmail.com

Wrestling : no program

Santa Catalina

1500 Mark Thomas Drive, Monterey, 93940

831 655-9315 FAX: 831 649-3056 Athletic FAX:

Website: www.santacatalina.org

League: MTAL 2009-10 Enrollment: 480 Mascot: Cougars Colors: Blue/yellow

Principal: Sister Claire Barone, Head of School 831 655-9338 Sister_Claire@SantaCatalina.org

Co-Administrator: John Aime, Assistant Head of School 831 655-9321 John_Aime@SantaCatalina.org

Athletic Director: Paul Elliott 831 655-9387 Paul_Elliott@SantaCatalina.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Leigh White sportnfit@yahoo.com

X-Country, Boys: no program

X-Country, Girls: Sheri Deeter

Field Hockey: Nicole Money

Football: no program

Golf, Boys: no program

Golf, Girls: Janet Coles

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: Mario Enea Mario@calaxco.com

Soccer, Boys: no program

Soccer, Girls: Rod Gilchrist rodgilchrist@comcast.net

Softball: Jim Pingree

Swimming, Boys: no program

Swimming, Girls: Jim Morton

Tennis, Boys: no program

Tennis, Girls: Julie Forest

Track & Field, Boys: Mike Raggett mmragg@redshift.com

Track & Field, Girls: Christy Parker

Volleyball, Boys: no program

Volleyball, Girls: Paul Elliott

Water Polo, Boys: no program

Water Polo, Girls: Jim Morton

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Santa Clara

3000 Benton Street, Santa Clara, 95051
408 423-2600 FAX: 408 423-2681 Athletic FAX:
Website: <http://santaclara.schoolloop.com>
League: SCVAL 2009-10 Enrollment: 1841 Mascot: Bruins Colors: Royal blue/gold
Principal: Dave Grissom 408 423-2601 dgrissom@scusd.net
Co-Administrator:
Athletic Director: Tony McGilvery 408 423-2613 schs_athletics@mindspring.com
Athletic Director:
Trainer:
Badminton: Frnacine Kong
Baseball: Jason Bumbaca
Basketball, Boys: Tony McGilvery tMCGILVERY@scusd.net
Basketball, Girls: DeeDee Kiyota
X-Country, Boys: Julie L'Heureux jolheureux@aol.com
X-Country, Girls: Julie L'Heureux jolheureux@aol.com
Field Hockey: no program
Football: Shinichi Hirano
Golf, Boys: Les Wong
Golf, Girls: no program
Gymnastics: no program
Lacrosse, Boys: no program
Lacrosse, Girls: no program
Soccer, Boys: John Azevelo sportng5@aol.com
Soccer, Girls: TBA
Softball: John Rahbar
Swimming, Boys: David Leal
Swimming, Girls: David Leal
Tennis, Boys: DeeDee Kiyota
Tennis, Girls: Julie Kawamoto
Track & Field, Boys: Julie L'Heureux jolheureux@aol.com
Track & Field, Girls: Julie L'Heureux jolheureux@aol.com
Volleyball, Boys: April Lujan
Volleyball, Girls: Fred Kieu
Water Polo, Boys: Aja Bumbaca
Water Polo, Girls: Aja Bumbaca
Wrestling: Steve Garcia bayardnm@aol.com

Santa Cruz

415 Walnut Avenue, Santa Cruz, 95060
831 429-3960 FAX: 831 429-3427 Athletic FAX: 831 429-3944
Website: www.santacruzhs.santacruz.k12.ca.us
League: SCCAL 2009-10 Enrollment: 1132 Mascot: Cardinal Colors: Cardinal/white
Principal: Karen Edmonds 831 429-3960 x 201 kedmonds@scs.santacruz.k12.ca.us
Co-Administrator: Rob Bobeola 831 429-3960 x 203 4bobeola@scs.santacruz.k12.ca.us
Athletic Director: Erik Redding 831 429-3960 X308 eredding@scs.santacruz.k12.ca.us
Athletic Director: Kelly Andrews 831 429-3963 kandrews@scs.santacruz.k12.ca.us
Trainer: Aresenio Tovar
Badminton: no program
Baseball: TBA
Basketball, Boys: Bill Domhoff bdomhoof@yahoo.com
Basketball, Girls: Pat Jones patrick@fredjones.com
X-Country, Boys: Greg Brock
X-Country, Girls: Greg Brock
Field Hockey: no program
Football: Jesse Trumbull
Golf, Boys: Pete Pappas
Golf, Girls: Pete Pappas
Gymnastics: no program
Lacrosse, Boys: Ryan Morper
Lacrosse, Girls: no program
Soccer, Boys: Semih Sabankaya jstasaba@sbcglobal.net
Soccer, Girls: Jay Gomez jgomez@colliersparish.com
Softball: Sharon Pena
Swimming, Boys: Kim Gomez
Swimming, Girls: Kim Gomez
Tennis, Boys: Julian Sunn
Tennis, Girls: Jane Prince
Track & Field, Boys: Anthony Brown
Track & Field, Girls: Anthony Brown
Volleyball, Boys: Mark Mattern
Volleyball, Girls: Phoebe Miller phoebe.miller@ymail.com
Water Polo, Boys: Chris Melcer
Water Polo, Girls: Mark Townsend
Wrestling: John Carona santacruzwrestle@aol.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Santa Teresa

6150 Snell Avenue, San Jose, 95123
408 347-6200 FAX: 408 347-6215 Athletic FAX: 408 347-6235
Website: stnet.esuhd.org
League: BVAL 2009-10 Enrollment: 2384 Mascot: Saints Colors: Royal blue/orange/white
Principal: John Duran 408 347-6210 duranj@esuhd.org
Co-Administrator: Greg Louie 408 347-6230 louieg@esuhd.org
Athletic Director: Barbara Uchiyama 408 347-6226 uchiyamab@esuhd.org
Athletic Director:
Trainer:
Badminton: Suneel Kelkar suneelk@ix.netcom.com
Baseball: Steve Beaulieu sd.beaulieu@sbcglobal.net
Basketball, Boys: Mitch Priest mpkpapt@sbcglobal.net
Basketball, Girls: Sean Peterson petersons@esuhd.org
X-Country, Boys: Kenny Cleveland biknmtns@sbcglobal.net
X-Country, Girls: Scott Young youngs@esuhd.org
Field Hockey: no program
Football: Nick Alfano alfanon@esuhd.org
Golf, Boys: Don Yellum dontheteacher@yahoo.com
Golf, Girls: no program
Gymnastics: no program
Lacrosse, Boys: no program
Lacrosse, Girls: no program
Soccer, Boys: Joe Escobedo shard316@yahoo.com
Soccer, Girls: Anna Thomas anna_shortt@hotmail.com
Softball: Bob McIntyre rmssoftball@aol.com
Swimming, Boys: Tom Lebherz lebherzt@esuhd.org
Swimming, Girls: Debbie Fujii fujid@esuhd.org
Tennis, Boys: Greg Robertson gregr7@yahoo.com
Tennis, Girls: Greg Robertson gregr7@yahoo.com
Track & Field, Boys: Ron McKee rondo63@aol.com
Track & Field, Girls: Scott Young youngs@esuhd.org
Volleyball, Boys: no program
Volleyball, Girls: Michelle Bengston sthsvb@gmail.com
Water Polo, Boys: Greg Trapp hmutrapp8600@sbcglobal.net
Water Polo, Girls: Ben Murray buffpolo@aol.com
Wrestling : Jason McHam jchamj@esuhd.org

Saratoga

20300 Herriman Avenue, Saratoga, 95070-4999
408 867-3411 FAX: 408 867-3577 Athletic FAX:
Website: www.saratogahigh.org
League: SCVAL 2009-10 Enrollment: 1346 Mascot: Falcons Colors: Navy blue/scarlet/grey
Principal: Jeff Anderson jeff.anderson@saratogahigh.org
Co-Administrator: Joe Bosco 408 867-3411 x 210 jboscoe@lgsuhd.org
Athletic Director: Peter Jordan 408 867-3411 ex 207 pjordan@lgsuhd.org
Athletic Director:
Trainer: Elizabeth Gilmore
Badminton: TBA
Baseball: Manny Steffan
Basketball, Boys: Trevor Naas
Basketball, Girls: Mike Davey imperialpref@gmail.com
X-Country, Boys: Dan Hodgkin dan@danhodgin.com
X-Country, Girls: Danny Moon rocketman.runner@sbcglobal.net
Field Hockey: Amber Wilson
Football: Tim Lugo tlugo@lgsuhd.org
Golf, Boys: Bill Drennan
Golf, Girls: Casey Hall
Gymnastics: no program
Lacrosse, Boys: Larry Boehm lwboehm@hotmail.com
Lacrosse, Girls: Leni Rodgers girlslaxcoach@yahoo.com
Soccer, Boys: Adam Clarke clarkeadam@aol.com
Soccer, Girls: Kim Anzalone kanzalone@lgsuhd.org
Softball: Ray Sisco
Swimming, Boys: Christian Bonner
Swimming, Girls: Kristin Thompson
Tennis, Boys: Tom Uyehara rtuyehara23@yahoo.com
Tennis, Girls: Tom Uyehara rtuyehara23@yahoo.com
Track & Field, Boys: Danny Moon Rocketman.runner@sbcglobal.net
Track & Field, Girls: Archie Ljepava archie295124@yahoo.com
Volleyball, Boys: Brad Frederickson
Volleyball, Girls: Brad Frederickson
Water Polo, Boys: Christian Bonner
Water Polo, Girls: Courney Crase
Wrestling : Gabriel Tseug tseng.gabriel@gmail.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Scotts Valley

555 Glenwood Drive, Scotts Valley, 95066

831 439-9555 FAX: 831 439-9501 Athletic FAX:

Website: <http://www.svhs.santacruz.k12.ca.us>

League: SCCAL 2009-10 Enrollment: 801 Mascot: Falcons Colors: Maroon/gold

Principal: Greg Gunkel 831 439-9555 ggunkel@santacruz.k12.ca.us

Co-Administrator: Valerie Bariteau 831 439-9555 vbariteau@santacruz.k12.ca.us

Athletic Director: Louie Walters 831 439-9555 walters819@cs.com

Athletic Director:

Trainer: Carolyn Walker

Badminton: no program

Baseball: Buddy Carrington

Basketball, Boys: Randy Johnson

Basketball, Girls: Jim Hart coachjimhart@gmail.com

X-Country, Boys: Doug Chase

X-Country, Girls: Doug Chase

Field Hockey: no program

Football: Louie Walters walters819@cs.com

Golf, Boys: Rich Hager

Golf, Girls: Rich Hager

Gymnastics: no program

Lacrosse, Boys: Wes Koenig weskoenig@mindspring.com

Lacrosse, Girls: no program

Soccer, Boys: Jacob Long jakoblong@gmail.com

Soccer, Girls: Art Munoz mun101@aol.com

Softball: Mike Weaver

Swimming, Boys: Mike Ayers

Swimming, Girls: Mike Ayers

Tennis, Boys: Greg Westen

Tennis, Girls: Amelia Escalante ameliaescalante@comcast.net

Track & Field, Boys: Orion Latin

Track & Field, Girls: Orion Latin

Volleyball, Boys: Marty Leshen

Volleyball, Girls: Marty Leshen

Water Polo, Boys: Mike Ayers

Water Polo, Girls: Mke Ayers

Wrestling : Jared Norman jnorman@santacruz.k12.ca.us

Seaside

2200 Noche Buena, Seaside, 93955

831 899-7028 FAX: 831 899-0212 Athletic FAX: 831 394-6733

Website: <http://www.mpusd.k12.ca.us/seasidehighschool>

League: MBL 2009-10 Enrollment: 1157 Mascot: Spartans Colors: Red/black/white

Principal: Sidney Redwick srenwick@mpusd.k12.ca.us

Co-Administrator: Jeff Uchida juchida@mpusd.k12.ca.us

Athletic Director: Chris Brickley 831 392-3530 x 5260 cbrickley@mpusd.k12.ca.us

Athletic Director:

Trainer:

Badminton: no program

Baseball: Lew Venio

Basketball, Boys: Kelvin Garnett kgarnett@hotmail.com

Basketball, Girls: Jim Rimundo mbay5@aol.com

X-Country, Boys: Dwight Smith

X-Country, Girls: Dwight Smith

Field Hockey: no program

Football: Alfred Avila coach_avila@hotmail.com

Golf, Boys:

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: Steven Russell srussell@mpusd.k12.ca.us

Softball: Roosevelt Newell

Swimming, Boys: Ken Fittro

Swimming, Girls: Ken Fittro

Tennis, Boys: no program

Tennis, Girls: TBA

Track & Field, Boys: Quintin Crosby

Track & Field, Girls: Donna Loenig

Volleyball, Boys: Vince Rosa

Volleyball, Girls: Vince Rosa

Water Polo, Boys: Mike Ayers

Water Polo, Girls: Mke Ayers

Wrestling : Gary James cbrickley@mpusd.k12.ca.us

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Sequoia

120 Brewster Avenue, Redwood City, 940621378

650 367-9780 FAX: 650 368-5180/650 306-1761 Athletic FAX:

Website: <http://www.sequoiahs.org>

League: PAL 2009-10 Enrollment: 1833 Mascot: Cherokees Colors: Purple/white

Principal: Bonnie Hansen 650 369-1411x6274 bhansen@seq.org

Co-Administrator: Rick Cooke (AVPAthletics) 650 369-1411x6286 rcooke@seq.org

Athletic Director: Adrian Dilley 650 367-9780 x 6247 adilley@seq.org

Athletic Director:

Trainer: Gumaro Diaz

Badminton: Steve Wong st Wong@seq.org

Baseball: Cameron Uhalde cuhalde@seq.org

Basketball, Boys: Fine Lauese flauese@seq.org

Basketball, Girls: Steve Picchi spicchi@seq.org

X-Country, Boys: Andrew Hutchinson ahutchinsonshs@gmail.com

X-Country, Girls: Andrew Hutchinson ahutchinsonshs@gmail.com

Field Hockey: no program

Football: Rob Poulos robpoulos@gmail.com

Golf, Boys: Jamie Beacom jbeacom@seq.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Julio Calles jcalles@seq.org

Soccer, Girls: Mellissa Schmidt mschmidt@seq.org

Softball: Scott Reynick sreynick@hotmail.com

Swimming, Boys: Francisco Andaluz francisco@elipsemf.com

Swimming, Girls: Dave Knochenhauer davek@peninsulacovenant.com

Tennis, Boys: Ed Murphy murphyed@mac.com

Tennis, Girls: Ed Murphy murphyed@mac.com

Track & Field, Boys: Adrian Dilley adilley@seq.org

Track & Field, Girls: Adrian Dilley adilley@seq.org

Volleyball, Boys: no program

Volleyball, Girls: Jane Slater jslater@seq.org

Water Polo, Boys: Frank Mecchi fmecchi@att.net

Water Polo, Girls: Francisco Andaluz francisco@elipsemf.com

Wrestling : Ben Parks

Junipero Serra

451 W. 20th Avenue, San Mateo, 94403-1385

650 345-8207 FAX: 650 573-6638/650 345-2407 Athletic FAX:

Website: www.serrahs.com

League: WCAL 2009-10 Enrollment: 1972 Mascot: Padres Colors: Blue/gold

Principal: Barry Thornton bthornton@serrahs.com

Co-Administrator: Marybeth Ortiz mortiz@serrahs.com

Athletic Director: Kevin Donahue 650 345-0991 kdonahue@serrahs.com

Athletic Director: Dean Ayoob 650 345-0991 dayoob@serrahs.com

Trainer: Laoure Rossi lrossi@serrahs.com

Badminton: no program

Baseball: Craig Giannino cgianinno@serrahs.com

Basketball, Boys: Chuck Rapp cjrapp@serrahs.com

Basketball, Girls: no program

X-Country, Boys: Will McCarthy wmmccarthy@serrahs.com

X-Country, Girls: no program

Field Hockey: no program

Football: Patrick Walsh pwalsh@serrahs.com

Golf, Boys: Joe Hession jhession@serrahs.com

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: Paul Crowell pcrowell@serrahs.com

Lacrosse, Girls: no program

Soccer, Boys: Jeff Panos jpanos@serrahs.com

Soccer, Girls: no program

Softball: no program

Swimming, Boys: Bob Greene bgreene@serrahs.com

Swimming, Girls: no program

Tennis, Boys: Mike Esola

Tennis, Girls: no program

Track & Field, Boys: Jim Marheineke jmarheineke@serrahs.com

Track & Field, Girls: no program

Volleyball, Boys: Eric Ballelos efballelos@yahoo.com

Volleyball, Girls: no program

Water Polo, Boys: Bob Greene bgreene@serrahs.com

Water Polo, Girls: no program

Wrestling : Dan Vogl danv@ejweber.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Silver Creek

3434 Silver Creek Road, San Jose, 95121

408 347-5600 FAX: 408 347-5615 Athletic FAX: 408 347-5846

Website: <http://silvercreekhs.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 2498 Mascot: Raiders Colors: Orange/black/silver

Principal: Thelma Boac boact@esuhsd.org

Co-Administrator:

Athletic Director: Trish Sunseri 408 347-5837 sunserit@esuhsd.org.

Athletic Director: Arsalan Niazmand 408 347-5624 niazmanda@esuhsd.org

Trainer:

Badminton: Margaret Nunes

Baseball: Tom Galante

Basketball, Boys: Cliff Warren cwa5797@aol.com

Basketball, Girls: Sonny Flores coach_flores@yahoo.com

X-Country, Boys: TBA

X-Country, Girls: Sooky Yi

Field Hockey: no program

Football: Eric Luescher

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Anthony Barajas

Soccer, Girls: Daniel Santiago donsantiago_00@sbcglobal.net

Softball: Trish Sunseri sunserit@esuhsd.org.

Swimming, Boys: TBA

Swimming, Girls: Mike Abrigo

Tennis, Boys: Roy Seta

Tennis, Girls: Roy Seta

Track & Field, Boys: TBA

Track & Field, Girls: TBA

Volleyball, Boys: no program

Volleyball, Girls: Lee Guerrero

Water Polo, Boys: TBA

Water Polo, Girls: Mike Abrigo

Wrestling : Matt Corona coronam@esuhsd.org

Sobrato

401 Burnett Avenue, Morgan Hill, 95037

408 201-6200 FAX: 408 465-2467 Athletic FAX:

Website: <http://sobratohs.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 1573 Mascot: Bulldogs Colors:

Principal: Deborah Padilla 408 201-6201 debbie.padilla@mhu.k12.ca.us

Co-Administrator:

Athletic Director: Kevin Miller 408 201-6240 kevin.miller@mhu.k12.ca.us

Athletic Director:

Trainer:

Badminton: TBA

Baseball: Ulises (Shorty) Gutierrez Sobratobaseball@mac.com

Basketball, Boys: Lee Washington coach.leewashington@yahoo.com

Basketball, Girls: Natalie Bobuk nbobuk@gmail.com

X-Country, Boys: Dave Woifsmith dezignsalon@earthlink.net

X-Country, Girls: Dave Woifsmith dezignsalon@earthlink.net

Field Hockey: Niki Donaldson niki_donaldson@yahoo.com

Football: Nick Borello nick.borello@mhu.k12.ca.us

Golf, Boys: Jeff Bernstein jeff.bernstein@mhu.k12.ca.us

Golf, Girls: Jeff Bernstein jeff.bernstein@mhu.k12.ca.us

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Ricardo Martinez soccermanrpm@charter.net

Soccer, Girls: Paul Nishimatsu psckln@msn.com

Softball: Gene Cirulo

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: Chas Thomas thomas4mh@msn.com

Tennis, Girls: Randy Barbaglia randybarbaglia@yahoo.com

Track & Field, Boys: Fred Rios fredrios@mindspring.com

Track & Field, Girls: Fred Rios fredrios@mindspring.com

Volleyball, Boys: Todd Anderson twal144@gmail.com

Volleyball, Girls: Diana Melendez coachd@virtualbytes.com

Water Polo, Boys: TBA

Water Polo, Girls: TBA

Wrestling : Moses Guillard mosesguillard@yahoo.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Soledad

425 Gabilan Drive, Soledad, 93960

831 678-6400 FAX: 831 678-0449 Athletic FAX:

Website: <http://soledad.monterey.k12.ca.us/Schools/shs.htm>

League: MTAL 2009-10 Enrollment: 1125 Mascot: Aztecs Colors: Purple/gold/white

Principal: Joe Domingues jodoming@monterey.k12.ca.us

Co-Administrator: Anthony Ventimiglio 831 678-6400 aventimi@monterey.k12.ca.us

Athletic Director: David Hager 831 678-6400 x 806 dhager10@hotmail.com

Athletic Director:

Trainer:

Badminton: no program

Baseball: Damien Ryan

Basketball, Boys: Ron Critchfield

Basketball, Girls: Alex Medina dfyclmedina@sbcglobal.net

X-Country, Boys: TBA

X-Country, Girls: TBA

Field Hockey: no program

Football: Rodney Starr

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Manuel Fausto mfausto@monterey.k12.ca.us

Soccer, Girls: Erick Rodriguez

Softball: Rebecca Kemp

Swimming, Boys: Carrie Sullivan

Swimming, Girls: Carrie Sullivan

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: Kacey Fleming

Track & Field, Girls: Kacey Fleming

Volleyball, Boys: no program

Volleyball, Girls: K. C. Keller

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Andrew Domingues domi0058@umn.edu

Soquel

401 Old San Jose Road, Soquel, 95073

831 429-3909 FAX: 831 429-3311 Athletic FAX:

Website: www.soquelhs.net

League: SCCAL 2009-10 Enrollment: 1077 Mascot: Knights Colors: Blue/gold

Principal: Ken Lawrence Emanuel 831 429-3909 x123 klawrenceemanuel@sccs.santacruz.k12.ca.us

Co-Administrator:

Athletic Director: Stu Walters 831 429-3950 swalters@sccs.santacruz.k12.ca.us

Athletic Director:

Trainer: Scot Hamel

Badminton: no program

Baseball: Mitch Meyer

Basketball, Boys: Stu Walters swalters@sccs.santacruz.k12.ca.us

Basketball, Girls: John Wilson jwilson@sccs.santacruz.k12.ca.us

X-Country, Boys: Javier Naranjo

X-Country, Girls: Javier Naranjo

Field Hockey: no program

Football: Ron Myers

Golf, Boys: Lori Shaw

Golf, Girls: Todd Pinther

Gymnastics: no program

Lacrosse, Boys: Joe Bussing j.bussing@gmail.com

Lacrosse, Girls: no program

Soccer, Boys: German Plaza plazagerman@yahoo.com

Soccer, Girls: Bri Wiles

Softball: Shawn Galardo

Swimming, Boys: Mark Knapp

Swimming, Girls: Mark Knapp

Tennis, Boys: Ned Worthington

Tennis, Girls: Paule Brie

Track & Field, Boys: Ben Samson

Track & Field, Girls: Ben Samson

Volleyball, Boys: Luke Dahlen

Volleyball, Girls: Kamala Sipin

Water Polo, Boys: Marcello Adas

Water Polo, Girls: Ryan Chapatte

Wrestling : Tim McTighe timmctile@pacbell.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

South San Francisco

400 "B" Street, South San Francisco, 94080

650 877-8754 FAX: 650 871-7943 Athletic FAX:

Website: <http://www.ssfs.schoolloop.com>

League: PAL 2009-10 Enrollment: 1519 Mascot: Warriors Colors: Blue/white

Principal: Michael Coyne mcoyne@ssfusd.org

Co-Administrator:

Athletic Director: Matt Schaukowitz 650 877-8759 mschaukowitz@ssfusd.org

Athletic Director: Anthony Dimech 650 877-8759 dimech1@hotmail.com

Trainer:

Badminton: Jonathan Ong motiontelecom@hotmail.com

Baseball: Matt Schaukowitz shaq_94066@yahoo.com

Basketball, Boys: Jorge Chevez scjchevez11@yahoo.com

Basketball, Girls: Shanti Wilson swilson@ssfusd.org

X-Country, Boys: Matt Schaukowitz mschaukowitz@ssfusd.org

X-Country, Girls: Matt Schaukowitz mschaukowitz@ssfusd.org

Field Hockey: no program

Football: Frank Moro fmor99@yahoo.com

Golf, Boys: Jim Orich jorlichssfhs@yahoo.com

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Anthony Dimech dimech1@hotmail.com

Soccer, Girls: Dan Marcucci maruccissf@comcast.net

Softball: Anthony Dimech dimech1@hotmail.com

Swimming, Boys: Amanda Asilicani asilicani@ssfusd.org

Swimming, Girls: Amanda Asilicani asilicani@ssfusd.org

Tennis, Boys: Dan Gandarilla dgandarilla81@yahoo.com

Tennis, Girls: Christine Forsell christineforsell@comcast.net

Track & Field, Boys: Jason Capitan capitan17@yahoo.com

Track & Field, Girls: Jason Capitan capitan17@yahoo.com

Volleyball, Boys: no program

Volleyball, Girls: Janelle Baires nelle0541@yahoo.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Steve Matteucci red94580@yahoo.com

St. Francis

1885 Miramonte Avenue, Mountain View, 94040

650 968-1213 FAX: 650 968-1706 Athletic FAX: 650 968-0856

Website: www.sfhs.com

League: WCAL 2009-10 Enrollment: 1663 Mascot: Lancers Colors: Brown/white/gold

Principal: Patricia Tennant patriciatennant@sfhs.com

Co-Administrator:

Athletic Director: Michael Pilawski 650 968-1213 X 255 michaelpilawski@sfhs.com

Athletic Director: Chris Volta 650 968-1213 x 650 chrivolta@sfhs.com

Trainer: Christine Mueller

Badminton: no program

Baseball: Mike Oakland mikeoakland@sfhs.com

Basketball, Boys: Mike Motil michaelmotil@sfhs.com

Basketball, Girls: Ashley Hill ashleyhill@sfhs.com

X-Country, Boys: Brian Curley briancurley@sfhs.com

X-Country, Girls: Roberta Chisam robertachisam@sfhs.com

Field Hockey: Kathy Lincoln kathylincoln@sfhs.com

Football: Mike Mitchell mikemitchell@sfhs.com

Golf, Boys: Dave Ferriera daveferriera@sfhs.com

Golf, Girls: Phil Marrone

Gymnastics: Lynn Horiye lynnhoriye@sfhs.com

Lacrosse, Boys: Bill Kurz william.j.kurz@lmco.com

Lacrosse, Girls: Jessica Page jessicapage@sfhs.com

Soccer, Boys: Mike Salvemini mike.salvemini@lmco.com

Soccer, Girls: Dawn Hill dawnhill@sfhs.com

Softball: Samatha Hess samanthahess@sfhs.com

Swimming, Boys: David Trollope davidtrollope@sfhs.com

Swimming, Girls: Terence O'Malley

Tennis, Boys: Dick Svedman covfab@aol.com

Tennis, Girls: Lynn Horiye lynnhoriye@sfhs.com

Track & Field, Boys: Mike Saso mikesaso@sfhs.com

Track & Field, Girls: Mandy Benham mandyfrance@yahoo.com

Volleyball, Boys: Mike Rubin mikerubin@sfhs.com

Volleyball, Girls: Leah Hall leahihall@sfhs.com

Water Polo, Boys: Terry O'Donnell terryodonnell@sfhs.com

Water Polo, Girls: Brendon Reutebuch brendonreutebuch@sfhs.com

Wrestling: Matt Danna matthewdanna@sfhs.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

St. Francis CCC

2400 E. Lake Avenue, Watsonville, 95076

831 724-5933 FAX: 831 724-5995 Athletic FAX: 831 724-5995

Website: www.stfrancishigh.net

League: SCCAL 2009-10 Enrollment: 218 Mascot: Sharks Colors: Burgandy/gray

Principal: Keith Mathews 831 724-5933 x 204 mathews@stfrancishigh.net

Co-Administrator:

Athletic Director: Jennifer Watson 831 724-5933 x 207 watson@stfrancishigh.net

Athletic Director:

Trainer: Lindsey Ritter

Badminton: no program

Baseball: Curtis Gomez

Basketball, Boys: Ed Kelly finaliv@yahoo.com

Basketball, Girls: Jen Watson watson@stfrancishigh.net

X-Country, Boys: John Marheineke

X-Country, Girls: John Marheineke

Field Hockey: no program

Football: Joe Gregorio nopike44@yahoo.com

Golf, Boys: Robert Rodriguez

Golf, Girls: Robert Rodriguez

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: TBA

Soccer, Girls: TBA

Softball: Marly Marchese

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: no program

Tennis, Girls: Bill Finch

Track & Field, Boys: Ramona Young

Track & Field, Girls: Ramona Young

Volleyball, Boys: no program

Volleyball, Girls: Sue Grogan

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

St. Ignatius

2001 37th Avenue, San Francisco, 94116

415 731-7500 FAX: 415 661-0150 Athletic FAX: 415 661-0150

Website: www.siprep.org

League: WCAL 2009-10 Enrollment: 1443 Mascot: Wildcats Colors: Red/blue

Principal: Patrick Ruff 415 731-7500 X 222 pruff@siprep.org

Co-Administrator:

Athletic Director: Robert Vegara 415 731-7500 X 276 rvegara@siprep.org

Athletic Director: John Mulkerrins 415 731-7500 X 538 jmulkerrins@siprep.org

Trainer: Marla Bottner mbottner@siprep.org

Badminton: no program

Baseball: Ted Turkington tturkington@siprep.org

Basketball, Boys: John DeBenedetti jdebenedetti@siprep.org

Basketball, Girls: Mike Mulerrins gotmulk11@cs.com

X-Country, Boys: Chad Evans cevans@siprep.org

X-Country, Girls: Jerilynn Caskey jmcaskey@hotmail.com

Field Hockey: Kori Jenkins kjenkins@siprep.org

Football: Steve Bluford sbluford@siprep.org

Golf, Boys: Julius Yap jyap@siprep.org

Golf, Girls: Julius Yap jyap@siprep.org

Gymnastics: no program

Lacrosse, Boys: Chirs Packard chris.packard@barclayscapital.com

Lacrosse, Girls: Amy Harms aharms@siprep.org

Soccer, Boys: Sean-Michael Callahan smcallahan@siprep.org

Soccer, Girls: Carlos Escobar cescobar@siprep.org

Softball: Karen Cota kcota@siprep.org

Swimming, Boys: Matt Roberto mroberto@siprep.org

Swimming, Girls: Matt Roberto mroberto@siprep.org

Tennis, Boys: Craig Law claw@sbcglobal.net

Tennis, Girls: Craig Law claw@sbcglobal.net

Track & Field, Boys: Peter DeMartini demar00@aol.com

Track & Field, Girls: Melissa Hansell melissajhansell@yahoo.com

Volleyball, Boys: TBA

Volleyball, Girls: Lisa Beccerra lisa.d.becerra@gmail.com

Water Polo, Boys: Daniel Figoni daniel.l.figoni@lmco.com

Water Polo, Girls: Paul Felton pfelton@gmail.com

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

St. Lawrence Academy

2000 Lawrence Court, Santa Clara, 95051

408 296-3013 FAX: 408 296-3794 Athletic FAX:

Website: www.saintlawrence.org

League: PSAL 2009-10 Enrollment: 260 Mascot: Celtics Colors: Green/gold

Principal: Christie Filios 408 296-3013 cfilios@saintlawrence.org

Co-Administrator: Anne Eubanks 408 296-3013 aeubanks@saintlawrence.org

Athletic Director: Joe Endaya 408 869-8681 jendaya@saintlawrence.org

Athletic Director:

Trainer: Laurie Bachand

Badminton: no program

Baseball: Duane Bozic dbozic@saintlawrence.org

Basketball, Boys: Jeff Klenow jklenow@sbcglobal.net

Basketball, Girls: Brent Woodcock bwoodcock@saintlawrence.org

X-Country, Boys: Ryan Olein rolein@saintlawrence.org

X-Country, Girls: Ryan Olein rolein@saintlawrence.org

Field Hockey: no program

Football: no program

Golf, Boys: John Bennett jbennett@saintlawrence.org

Golf, Girls: TBA

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Tim Newsome slasoccer@gmail.com

Soccer, Girls: no program

Softball: no program

Swimming, Boys: TBA

Swimming, Girls: TBA

Tennis, Boys: Andy Ward award@saintlawrence.org

Tennis, Girls: Andy Ward award@saintlawrence.org

Track & Field, Boys: Ryan Olein rolein@saintlawrence.org

Track & Field, Girls: Ryan Olein rolein@saintlawrence.org

Volleyball, Boys: TBD

Volleyball, Girls: Jila Malek jmalek@saintlawrence.org

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Stevenson School

3152 Forest Lake Road, Pebble Beach, 93953

831 625-8300 FAX: 831 625-5208 Athletic FAX: 831 625-8391

Website: www.rlstevenson.org

League: MTAL 2009-10 Enrollment: 533 Mascot: Pirates Colors: Green/white

Principal: Michele Grogan 831 625-8316 mgrogan@stevensonschool.org

Co-Administrator:

Athletic Director: Jeff Young 831 625-8355 jyoung@stevensonschool.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: Paul Wilcox

Basketball, Boys: Matt Arruda marruda@stevensonschool.org

Basketball, Girls: Tai Ando

X-Country, Boys: Cleve Thayer cthayer@stevensonschool.org

X-Country, Girls: Cleve Thayer cthayer@stevensonschool.org

Field Hockey: Tai Ando

Football: Germano Dinig

Golf, Boys: Bill Hankison

Golf, Girls: David Vivolo

Gymnastics: no program

Lacrosse, Boys: Jeff Young jyoung@stevensonschool.org

Lacrosse, Girls: Kelly Burnett kburnett@stevensonschool.org

Soccer, Boys: Justin Bates jbates@stevensonschool.org

Soccer, Girls: Hillel Rom

Softball: thomas Main

Swimming, Boys: Jon Kemmerer

Swimming, Girls: Amy Bennett

Tennis, Boys: Sevon Zenopian

Tennis, Girls: Wendy Grover wendygrover@att.net

Track & Field, Boys: Cleve Thayer cthayer@stevensonschool.org

Track & Field, Girls: Cleve Thayer cthayer@stevensonschool.org

Volleyball, Boys: no program

Volleyball, Girls: Erin Duffy/Michelle Taylor

Water Polo, Boys: Jim Fannin

Water Polo, Girls: Kevin Schroeder

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Summit Prep

890 Broadway Street, Redwood City, 94063

650 556-1110 FAX: 650 556-1121 Athletic FAX:

Website: <http://www.summitprep.net>

League: PSAL 2009-10 Enrollment: 411 Mascot: Huskies Colors: Royal/white

Principal: Todd Dickson tdickson@summitprep.net

Co-Administrator:

Athletic Director: Maura Dudley 650 556-1110 x2018 mdudley@summitprep.net

Athletic Director:

Trainer:

Badminton: no program

Baseball: David Burrola

Basketball, Boys: Kieran McMillen

Basketball, Girls: Mike Torrise

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Steve McCreddin

Soccer, Girls: Andy Lichtblam

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Drnest Plat

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Terra Nova

1450 Terra Nova Blvd., Pacifica, 94044

650 550-7600 FAX: 650 550-7690 Athletic FAX:

Website: <http://terranovahighschool.com>

League: PAL 2009-10 Enrollment: 1345 Mascot: Tigers Colors: Black/gold

Principal: Tom Minshew 650 550-7670 tminsh@juhsd.net

Co-Administrator: Dorene Lotti 650 550-7672 dlotti@juhsd.net

Athletic Director: Bill Gray 650 550-7643 wgray@juhsd.net

Athletic Director:

Trainer:

Badminton: Peita Ramos pramos@juhsd.net

Baseball: Joey Gentile renegades2727@yahoo.com

Basketball, Boys: Gabe Rosenthal grosen@juhsd.net

Basketball, Girls: Kareem Sommerville kareemsummerville@yahoo.com

X-Country, Boys: Dave Tigert dltigert@hotmail.com

X-Country, Girls: Dave Tigert dltigert@hotmail.com

Field Hockey: no program

Football: Bill Gray wgray@juhsd.net

Golf, Boys: Tom Petithomme tpetit@juhsd.net

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Ernie Brockmeyer ebrocmeye@aol.com

Soccer, Girls: Jared Green jgreen@juhsd.net

Softball: Donna Tolero terranovasoftball@pacbell.net

Swimming, Boys: Perrin Belway pbelwa@juhsd.net

Swimming, Girls: Perrin Belway pbelwa@juhsd.net

Tennis, Boys: no program

Tennis, Girls: Mark Meadows mpmeadows@sbcglobal.net

Track & Field, Boys: William Maddor 25casper@sbcglobal.net

Track & Field, Girls: William Maddor 25casper@sbcglobal.net

Volleyball, Boys: no program

Volleyball, Girls: Joe Seavey coach.seavey@gmail.com

Water Polo, Boys: Bruce Crossfield ruce2323@yahoo.com

Water Polo, Girls: Dennis Byron dennis.byron@yahoo.com

Wrestling : Ken Richau kricha@juhsd.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Trinity Christian

601 E. Franklin Street, Monterey, 93940

831 656-9434 FAX: 831 656-9670 Athletic FAX:

Website: <http://www.trinityhigh.org>

League: MTAL 2009-10 Enrollment: 58 Mascot: Warriors Colors:

Principal: Tim Wong twong@trinityhigh.org

Co-Administrator:

Athletic Director: Kelly Crees 831 656-9434 X102 kcrees@trinityhigh.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: TBA

Basketball, Boys: Chirs Hill

Basketball, Girls: Kelly Crees kcrees@trinityhigh.org

X-Country, Boys: Dionne Knudsen

X-Country, Girls: TBA

Field Hockey: no program

Football: Kelly Crees (8-man)

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Josh Rees

Soccer, Girls: Kelly Crees

Softball: Kelly Crees

Swimming, Boys: Mr. Cripe

Swimming, Girls: no program

Tennis, Boys: TBA

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: no program

Volleyball, Girls: Todd Bales

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

University Prep Academy

2315 Canoas Garden Avenue, San Jose, 95125

408 723-1839 FAX: 408 723-1839 Athletic FAX:

Website: www.upasv.org

League: Associate Member 2009-10 Enrollment: 162 Mascot: Colors:

Principal: Phil Hophan 408 771-8729 phophan@upasv.org

Co-Administrator:

Athletic Director: Bill Fowler 408 723-1839 bfowler@upasv.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: TBA

Basketball, Girls: TBA

X-Country, Boys: no program

X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: no program

Soccer, Girls: no program

Softball: no program

Swimming, Boys: no program

Swimming, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track & Field, Boys: no program

Track & Field, Girls: no program

Volleyball, Boys: TBA

Volleyball, Girls: no program

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Valley Christian

100 Skyway Dr, San Jose, 95111

408 513-2455 FAX: 408 513-2424 Athletic FAX: 408 513-2457

Website: www.valleychristian.net

League: WCAL 2009-10 Enrollment: 1258 Mascot: Warriors Colors: Navy/white/columbia/silver

Principal: Mark Lodewyk 408 513-2408 mlodewyk@valleychristian.net

Co-Administrator: Eric Scharrenberg 408 513-2456 escharrenberg@valleychristian.net

Athletic Director: Jolene Fugate 408 513-2459 jfugate@valleychristian.net

Athletic Director:

Trainer: Denise Marlesky

Badminton: no program

Baseball: John Diate jdiatte@vcs.net

Basketball, Boys: Eric Scharrenberg eric@vcs.net

Basketball, Girls: Steve Cotton Steve.cotton@comcast.net

X-Country, Boys: Josh Small jsmall@vcs.net

X-Country, Girls: Josh Small vsmall@vcs.net

Field Hockey: no program

Football: Mike Machado mmachado@vcs.net

Golf, Boys: Ken Shamanski kshamanski@vcs.net

Golf, Girls: Ken Shamanski kshamanski@vcs.net

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: John Basanese john.basanese@palm.com

Soccer, Girls: Jolene Fugate jfugate@vcs.net

Softball: Alex Sanguinetti alexsanguinetti@aol.com

Swimming, Boys: Cathy Manthey cmanthey@vcs.net

Swimming, Girls: Cathy Manthey cmanthey@vcs.net

Tennis, Boys: Donny Allen valleychristiantennis@yahoo.com

Tennis, Girls: Cuong Duong cc_duong@yahoo.com

Track & Field, Boys: Tammie Marshall tmarshall@vcs.net

Track & Field, Girls: Tammie Marshall tmarshall@vcs.net

Volleyball, Boys: Rob Georges rob.georges@gmail.com

Volleyball, Girls: Vonda Reid vonda@stingrayvbc.com

Water Polo, Boys: Caleb Carlson caleb.waterpolo@gmail.com

Water Polo, Girls: Jordan Jensen jordan@cbclife.org

Wrestling : Steve Hernandez shernandez@vcs.net

Watsonville

250 E. Beach Street, Watsonville, 95076

831 728-6390 FAX: 831 761-6013 Athletic FAX:

Website: www.watsonvillehs.net

League: MBL 2009-10 Enrollment: 2146 Mascot: Wildcatz Colors: Black/gold

Principal: Murry Schekman 831 728-6390 x 201 Murry_Schekman@pvusd.net

Co-Administrator:

Athletic Director: Brad Hubbard 831 728-6390 x 1801 brad_hubbard@pvusd.net

Athletic Director:

Trainer: Jerry Iannaerti

Badminton: no program

Baseball: James Gomez

Basketball, Boys: Mike Blum

Basketball, Girls: Dennis Ikegami ikegami@ucsc.edu

X-Country, Boys: Alex Siqueiros

X-Country, Girls: Tony Roman

Field Hockey: no program

Football: Tommy Sullivan wildcatzfootball@gmail.com

Golf, Boys: Gerardo Loyola

Golf, Girls: Gerardo Loyola

Gymnastics: no program

Lacrosse, Boys: Mike Blum michael_blum@PVUSD.net

Lacrosse, Girls: Nikki Lewen

Soccer, Boys: Roland Hedgpeth rolandhedgpeth@aol.com

Soccer, Girls: Gladys Mondaragon gmm.16@hotmail.com

Softball: Art Doten

Swimming, Boys: Mark Friedley

Swimming, Girls: Darlene Friedley

Tennis, Boys: Tony Navarro wannabelos@aol.com

Tennis, Girls: Tony Navarro wannabelos@aol.com

Track & Field, Boys: Rob Cornett

Track & Field, Girls: Rob Cornett

Volleyball, Boys: Veronica Cortese

Volleyball, Girls: Ron Benavente

Water Polo, Boys: Mark Friedley mpfriedley@yahoo.com

Water Polo, Girls: Darlene Friedley

Wrestling : Gary Garcia gary-garcia@pvusd.net

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Westmont

4805 Westmont Avenue, Campbell, 95008

408 626-3406 FAX: 408 626-3625 Athletic FAX:

Website: <http://westmont.cuhsd.org>

League: BVAL 2009-10 Enrollment: 1676 Mascot: Warriors Colors: Black/red/white

Principal: Owen Hege ohege@cuhsd.org

Co-Administrator:

Athletic Director: Brett Peterson 408 626-3406 bpetersenad@yahoo.com

Athletic Director:

Trainer: Meghan Powell

Badminton: Taka Sugimoto

Baseball: Tony Pianto apfd555@pacbell.net

Basketball, Boys: Jeff Jones bellinajewel@gmail.com

Basketball, Girls: Dave Chappell dwc14@earthlink.net

X-Country, Boys: Kirk Mansfield captaink1@earthlink.net

X-Country, Girls: Kirk Mansfield captaink1@earthlink.net

Field Hockey: Allison Takart atakaki@cuhsd.org

Football: Jake Redmond jakeredmond@msn.com

Golf, Boys: Kelly Cross kcross@cuhsd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Scott Murch scooterscarpetcleaning@yahoo.com

Soccer, Girls: Heather Murch scooterscarpetcleaning@yahoo.com

Softball: John Hennig Jacquehenning@hotmail.com

Swimming, Boys: Jim Marshall jmarshall@cuhsd.org

Swimming, Girls: Jim Marshall jmarshall@cuhsd.org

Tennis, Boys: Jeff Popping jppopping@cuhsd.org

Tennis, Girls: Cindy Schneider

Track & Field, Boys: Aaron Hanson ahensen@cuhsd.org

Track & Field, Girls: Aaron Hanson ahensen@cuhsd.org

Volleyball, Boys: Mac Chen mchen@cuhsd.org

Volleyball, Girls: Peter Kim revmoon@comcast.net

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : Dean Antolin dantolin@earthlink.net

Westmoor

131 Westmoor Avenue, Daly City, 94015

650 550-7400 FAX: 650 550-7490 Athletic FAX: 650 550-7543

Website: <http://whs.juhsd.k12.ca.us>

League: PAL 2009-10 Enrollment: 1812 Mascot: Rams Colors: Gold/green/white

Principal: Allan Reyes 650 550-7470 areyes@juhsd.net

Co-Administrator:

Athletic Director: Tony Matelli 650 550-7544 AMatel@juhsd.net

Athletic Director: Mary Ann Paul 650 550-7506 mariesarahmatt@yahoo.com

Trainer:

Badminton: Tony Matelli matel809@aol.com

Baseball: Kevin Brady kbrady@juhsd.net

Basketball, Boys: Herb Yaptinchay htyaptinchay@yahoo.com

Basketball, Girls: Jorge Gama hollywoodiota@yahoo.com

X-Country, Boys: Ron Dimaggio chariff@sbcglobal.net

X-Country, Girls: Steve Pofahl spofahl@gmail.com

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Omar Rashid orashi@juhsd.net

Soccer, Girls: Robert Farinas robert-farinas@sbcglobal.net

Softball: no program

Swimming, Boys: Jason Vergara jayverg01@yahoo.com

Swimming, Girls: Jason Vergara jayverg01@yahoo.com

Tennis, Boys: Ryan Vargas rv2000@att.net

Tennis, Girls: Lyman Lee lymanl@sbcglobal.net

Track & Field, Boys: Ron Dimaggio chariff@sbcglobal.net

Track & Field, Girls: Steve Pofahl spofahl@gmail.com

Volleyball, Boys: no program

Volleyball, Girls: Rex Mauga westmoorvolleyball@gmail.com

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Wilcox

3250 Monroe Street, Santa Clara, 95051

408 423-2400 FAX: 408 423-2480 Athletic FAX:

Website: <http://wilcox.schoolloop.com/>

League: SCVAL 2009-10 Enrollment: 1913 Mascot: Chargers Colors: Black/white/gold

Principal: Tab Taber 408 423-2401 ttaber@scusd.net

Co-Administrator: Julie Eastburn 408 423-2426 jeastburn@scusd.net

Athletic Director: Woody Freitas 408 423-2493 wfreitas@wilcoxhs.com

Athletic Director: Dave Currie 408 423-7452 dcurrie@wilcoxhs.com

Trainer:

Badminton: Randy Jo

Baseball: Paul Rosa

Basketball, Boys: Jeff Muralt

Basketball, Girls: Gary Fernandes gfernand655@aol.com

X-Country, Boys: Walt Van Zant waltvz@aol.com

X-Country, Girls: Walt Van Zant waltvz@aol.com

Field Hockey: no program

Football: Woody Freitas wfreitas@wilcoxhs.com

Golf, Boys: Bill Haughney

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Chad Jenkins

Soccer, Girls: Javier Rodriguez

Softball: Laura Stott

Swimming, Boys: Rich Cruzen

Swimming, Girls: Rich Cruzen

Tennis, Boys: Khany Phan

Tennis, Girls: Lisa Johnson LJ2_@hotmail.com

Track & Field, Boys: Mike Buncic mbuncic@scusd.net

Track & Field, Girls: Mike Buncic mbuncic@scusd.net

Volleyball, Boys: Ululani Pomeroy

Volleyball, Girls: Ululani Pomeroy

Water Polo, Boys: Rich Cruzen

Water Polo, Girls: Patricia Antonopoulos patriciaantonopoulos@mac.com

Wrestling: Ted Pettigrew ted.pettigrew@headway.com

Willow Glen

2001 Cottle Avenue, San Jose, 95125

408 535-6330 FAX: 408 535-2353 Athletic FAX:

Website: <http://www.sjsud.org/sites/high/WillowGlenHigh>

League: BVAL 2009-10 Enrollment: 1474 Mascot: Rams Colors: Red/gold

Principal: Shannon McGee Shannon_McGee@sjsud.org

Co-Administrator:

Athletic Director: Peggy Booth 408 535-6330 peggy_booth@sjsud.org

Athletic Director:

Trainer:

Badminton: Nadia Conroy conroynadia@yahoo.com

Baseball: Mike Riley Mike_Riley@sjsud.org

Basketball, Boys: Todd Meeker Todd_Meeker@sjsud.org

Basketball, Girls: Amy Gannon Amy_Gannon@sjsud.org

X-Country, Boys: Victor Santamaria Victor_Santamaria@sjsud.org

X-Country, Girls: Victor Santamaria Victor_Santamaria@sjsud.org

Field Hockey: Lindsey Rovai Lindsey_Rovai@sjsud.org

Football: Oscar Caballero Oscar_Caballero@sjsud.org

Golf, Boys: Bob Parker clparker47@yahoo.com

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: John Llamas john_llamas@comcast.net

Soccer, Girls: Brian Haugen Brian_Haugen@sjsud.org

Softball: Roland Vierra Roland@FlooringForensics.com

Swimming, Boys: Zac Greer csunsprinter@yahoo.com

Swimming, Girls: Eric Greer

Tennis, Boys: Gene Fortino gfor438949@aol.com

Tennis, Girls: Nancy Williams Nancy_Williams@sjsud.org

Track & Field, Boys: Rich Mendez Richard_Mendez@sjsud.org

Track & Field, Girls: Victor Santamaria Victor_Santamaria@sjsud.org

Volleyball, Boys: Jef Wind Jeff_Wind@sjsud.org

Volleyball, Girls: Jason Dupler jasond7@me.com

Water Polo, Boys: Trevor Weins trevwiens@hotmail.com

Water Polo, Girls: Robbie Boronda RobbieBoronda@gmail.com

Wrestling: Chris Lopez layker16@aol.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

Woodside

199 Churchill Avenue, Woodside, 94062

650 367-9750 FAX: 650 306-1745/650 367-7263 Athletic FAX: 650 306-8842

Website: www.woodsidehs.org

League: PAL 2009-10 Enrollment: 1841 Mascot: Wildcats Colors: Orange/white

Principal: Dave Riley 650 367-9750 x 4303 dreilly@seq.org

Co-Administrator: Alvaro Calderon 650 367-9750 x 4308 acalderon@seq.org

Athletic Director: Steve Nicolopolos 650 367-9750 x 4343 snicolop@seq.org

Athletic Director:

Trainer: Martha Moncada

Badminton: Nancy Staves nstaves@seq.org

Baseball: Tim Faulkner tfaulkner@rcsd.k12.ca.us

Basketball, Boys: Mike Reynoso mreynoso2311@yahoo.com

Basketball, Girls: Chris Rasmussen crasmussen@seq.org

X-Country, Boys: Nick Carr carrn@smccd.net

X-Country, Girls: Nick Carr carrn@smccd.net

Field Hockey: no program

Football: Steve Nicolopolos snicolop@seq.org

Golf, Boys: Mike Reynoso mreynoso@seq.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: Chris Roth croth@brfinc.com

Lacrosse, Girls: Heather Losey heatherlosey@gmail.com

Soccer, Boys: Sal Bustos ssbustos@sbcglobal.net

Soccer, Girls: Jose Navarette exilesocp@aol.com

Softball: Mike King kingfun@pacbell.net

Swimming, Boys: Nick Lera nlera@seq.org

Swimming, Girls: Mike Moses mmoses@seq.org

Tennis, Boys: Stan Cartwright tennisstan@netzero.net

Tennis, Girls: Nancy Staves nstaves@seq.org

Track & Field, Boys: Nick Carr carrn@smccd.net

Track & Field, Girls: Nick Carr carrn@smccd.net

Volleyball, Boys: no program

Volleyball, Girls: Brian Thomason brian.thomason@comcast.net

Water Polo, Boys: Nick Lera nicklera@sbcglobal.net

Water Polo, Girls: Laura Reynolds lreynolds@seq.org

Wrestling: Will Anderson will@riskallocationsystems.com

Yerba Buena

1855 Lucretia Avenue, San Jose, 95122

408 347-4700 FAX: 408 347-4715 Athletic FAX:

Website: <http://ybhs.ca.campusgrid.net>

League: BVAL 2009-10 Enrollment: 1654 Mascot: Aztec Warriors Colors: Red/green

Principal: Juan Cruz cruzjuan@esuhsd.org

Co-Administrator:

Athletic Director: Joey Marquez 408 347-4793 marquezj@esuhsd.org

Athletic Director: Beth Kiduff 408 347-4790 kilduffe@esuhsd.org

Trainer:

Badminton: TBA

Baseball: Buss Gosett gasettb@esuhsd.org

Basketball, Boys: Anthony Bendter tonyb5108@yahoo.com

Basketball, Girls: TBA

X-Country, Boys: Adelaido Solis solisa@esuhsd.org

X-Country, Girls: Jesus Pineda ybdistance@aol.com

Field Hockey: no program

Football: Carlos Valenzuela c.los009@yahoo.com

Golf, Boys: Albert Amezcuita amezcuitaa@esuhsd.org

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: no program

Lacrosse, Girls: no program

Soccer, Boys: Adelaido Solis solisa@esuhsd.org

Soccer, Girls: Laura Diaz lcdiaz2006@yahoo.com

Softball: Marco Asuna osunav@esuhsd.org

Swimming, Boys: Jeff Love lovej@esuhsd.org

Swimming, Girls: Jeff Love lovej@esuhsd.org

Tennis, Boys: Jimmy Ma

Tennis, Girls: Daniel Huynh dhuyh8701@gmail.com

Track & Field, Boys: Jesus Pineda ybdistance@aol.com

Track & Field, Girls: Dane Robinson dane64@gmail.com

Volleyball, Boys: no program

Volleyball, Girls: Victor Banda bandav@esuhsd.org

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling: Carlos Valenzuela c.los009@yahoo.com

CENTRAL COAST SECTION – MEMBERSHIP DIRECTORY – UPDATED 3-1-10

The York School

9501 York Road, Monterey, 93940-6599

831 372-7338 FAX: 831 372-8055 Athletic FAX:

Website: www.york.org

League: MTAL 2009-10 Enrollment: 196 Mascot: Falcons Colors: Re/black/gold

Principal: Chuck Harmon chuck@york.org

Co-Administrator:

Athletic Director: Steve Peters 831 372-7338 speters@york.org

Athletic Director:

Trainer:

Badminton: no program

Baseball: no program

Basketball, Boys: Tim Kirkland tkirkland@york.org

Basketball, Girls: Tim Kirkland tkirkland@york.org

X-Country, Boys: Steve Peters

X-Country, Girls: Steve Peters

Field Hockey: Tim Kirkland/Katie Mundle

Football: no program

Golf, Boys: Andrew Dalhamer

Golf, Girls: no program

Gymnastics: no program

Lacrosse, Boys: Gerard Martin gerardmartin@redshift.com

Lacrosse, Girls: no program

Soccer, Boys: Jason Dal Porto

Soccer, Girls: Aaron Besaw

Softball: Tom Murray

Swimming, Boys: Sean Raymond

Swimming, Girls: Sean Raymond

Tennis, Boys: Roy Gessford

Tennis, Girls: Roy Gessford

Track & Field, Boys: Steve Peters

Track & Field, Girls: Steve Peters

Volleyball, Boys: no program

Volleyball, Girls: Amand Mundle

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

FAX: Athletic FAX:

Website:

League: 2009-10 Enrollment: Mascot: Colors:

Principal:

Co-Administrator:

Athletic Director:

Athletic Director:

Trainer:

Badminton:

Baseball:

Basketball, Boys:

Basketball, Girls:

X-Country, Boys:

X-Country, Girls:

Field Hockey:

Football:

Golf, Boys:

Golf, Girls:

Gymnastics:

Lacrosse, Boys:

Lacrosse, Girls:

Soccer, Boys:

Soccer, Girls:

Softball:

Swimming, Boys:

Swimming, Girls:

Tennis, Boys:

Tennis, Girls:

Track & Field, Boys:

Track & Field, Girls:

Volleyball, Boys:

Volleyball, Girls:

Water Polo, Boys:

Water Polo, Girls:

Wrestling :